

Current Statistics as of 2020

It Doesn't Get Any Better:

- 9% of men experience depression daily (more than 6 million men)
- More than 3 million struggle with anxiety
- Of the 3.5 million people diagnosed schizophrenic by age 30, 90%+ are men
- 10 million men suffer from eating disorders
- 1 of 5 men develop alcohol dependency
- Suicide is 7th leading cause of death
- And second most common cause of death for males 10-29

Latest references:

- “The Stone Boys” by Michael Gurian (2019)
- “The Boy Crisis” by Warren Farrell and John Gray (2018)
- “TIP 56 A Treatment Improvement Protocol Addressing the Specific Behavioral Health Needs of Men” created by SAMHSA

Recent Articles:

- Breaking with Norms of Masculinity:
Men Making Sense of Their Experience of Sexual Assault (2019)
www.tinyurl.com/yd49rv39
- Male domestic abuse victims 'suffering
in silence' (2019)
www.tinyurl.com/yb4nmnlo

Recent Articles:

- The Miseducation of the American Boy (2019) www.tinyurl.com/tb2b43q
- Men and Women experience happiness differently – here's why (2018) www.tinyurl.com/y77zzwdy
- How men get penalized for straying from masculine norms (2018) www.tinyurl.com/ybul884e