Client Name: MICHELLE (YOU)

Age: 29 (Human)

Session Data

Happened At: Wed Nov 15, 2023 (in-person)

Issue #0: Negative feelings towards someone (before: 7 | after: 1)

Trapped Emotions Released: - resentment - Vulnerability, age 14 - Overjoy, 18 - External conflict, 12 - Discouragement, 25 - Worry, 14 - Guilt, prenatal, 1st trimester - Defensiveness, inherited, maternal grandfather - Confusion, 14

Session Data

Happened At: Wed Nov 15, 2023 (in-person)

Issue #0: Trust in God about new relationship (before: 4 | after: 0)

Trapped Emotions Released: - Nervousness, 17 - Self emotional abuse, 7 - Longing, prenatal, 2nd trimester - Confusion, 16 - Worry - Overwhelm, 12 - Internal conflict, prenatal, 2nd trimester - Creative insecurity, 17 - Panic, 29 - Sadness - External conflict - Self physical abuse

Session Data

Happened At: Mon Dec 4, 2023 (in-person)

Issue #0: Love blocks (before: 7 | after: 2)

Trapped Emotions Released: - jealousy - Worry - Sadness - Depression - Panic - Lust

Session Data

Happened At: Thu Jan 18, 2024 (in-person)

Issue #0: Heart Wall (before: 7 | after: 4)

Trapped Emotions Released: - sorrow - Self-hatred - Self-physical abuse - Wishy washy - Resentment

Session Data

Happened At: Fri Jan 26, 2024 (in-person)

Issue #0: Happier (before: 8 | after: 3)

Trapped Emotions Released: - helplessness - blaming self - vulnerability - lack of self control - nervousness - lust - blaming another

---

Client Name: Liz E

Age: 31 (Human)

Session Data

Happened At: Thu Nov 23, 2023 (in-person)

Issue #0: Foundation of health (before: 10 | after: 5)

Trapped Emotions Released: - Dread - Nervousness - Longing - Overwhelm - Rejection - Emotionally lost, 26 - Betrayal of self, 13 - Worry - Panic - Low self esteem - Blaming self

---

Session Data

Happened At: Sun Dec 31, 2023 (in-person)

Issue #0: Physically Healthy (before: 6 | after: 3)

Trapped Emotions Released: - nervousness - Discouragement - Emotionally lost, 15 - Worry - Betrayal of self, 15 - Worry - Despair - Sadness - Bitterness

---

Client Name: Erica C

Age: 36 (Human)

Session Data

Happened At: Mon Dec 4, 2023 (proxy)

Issue #0: Highest and Greatest Good (before: 10 | after: 3)

Trapped Emotions Released: - Vulnerability - Overwhelm - Low self esteem, 20 - Unworthiness - Taken for granted

Session Data

Happened At: Tue Nov 28, 2023 (proxy)

Issue #0: More energy during the day (before: 7 | after: 3)

Trapped Emotions Released: ? Love unreceived ? Peeved ? Overjoy, 32, ? Blaming self ? Vulnerability ? Panic ? Self physical abuse

---

Client Name: Roanne E

Age: 29 (Human)

Session Data

Happened At: Wed Nov 29, 2023 (proxy)

Issue #0: Better rest (before: 8 | after: 5)

Trapped Emotions Released: ? hopefulness ? Unsupported ? love unreceived ? Low self esteem ? Unworthiness ? External conflict, at work, past life ? Insecurity ? Pride ? Blaming self ? Overwhelm

---

Session Data

Happened At: Thu Dec 7, 2023 (proxy)

Issue #0: More energy during the day (before: 6 | after: 3)

Trapped Emotions Released: ? peeved ? Emotionally lost ? Wishy washy ? Pride ? Overjoy ? Nervousness

---

Client Name: Donovan S

Age: 32 (Human)

Session Data

Happened At: Wed Nov 29, 2023 (proxy)

Issue #0: Aliveness (before: 8 | after: 4)

Trapped Emotions Released: ? low self esteem ? Emotionally lost ? Shock, inherited, paternal grandfather ? Peeved ? Blaming self ? Panic ? Shame

Session Data

Happened At: Wed Dec 13, 2023 (proxy)

Issue #0: Highest and Greatest Good (before: 8 | after: 3)

Trapped Emotions Released: ? longing ? Overwhelmed ? Resentment, 30 ? Unsupported ? Rejection, 23 ? Panic ? Love unreceived, 21 ? Defensiveness ? Worthless

---

Client Name: Dulce R

Age: 26 (Human)

Session Data

Happened At: Fri Dec 1, 2023 (in-person)

Issue #0: Love blocks (before: 10 | after: 7)

Trapped Emotions Released: ? panic, 17 ? Self emotional abuse ? resentment ? Overjoy ? Creative insecurity ? Rejection ? Nervousness ? Peeved ? Overwhelm ? Sadness ? Pride

---

Session Data

Happened At: Thu Dec 7, 2023 (proxy)

Issue #0: Creativity Blocks (before: 10 | after: 1)

Trapped Emotions Released: - Nervousness ? Terror ? Self emotional abuse ? Overwhelm ? Emotionally lost ? Overjoy ? Pride

---

Client Name: Kim M

Age: 29 (Human)

Session Data

Happened At: Sun Dec 3, 2023 (in-person)

Issue #0: Happier (before: 8 | after: 4)

Trapped Emotions Released: - Rejection, paternal grandfather - Shame, 7 - Overwhelm - Panic - Nervousness

---

Client Name: Kobe

Age: 3 (Human)

Session Data

Happened At: Fri Dec 15, 2023 (proxy)

Issue #0: Anxiety (before: 9 | after: 0)

Trapped Emotions Released: - overjoy ?Panic ?Worry ?Shock ?Vulnerability ?Love unreceived ?Self emotional abuse ?Overwhelm ?Nervousness

Session Data

Happened At: Fri Jan 5, 2024 (proxy)

Issue #0: Anxiety (before: 5 | after: 0)

Trapped Emotions Released: - Peeved - Longing - Resentment - Worry - Panic

Client Name: Anna T

Age: 35 (Human)

Session Data

Happened At: Fri Jan 5, 2024 (proxy)

Issue #0: Surrender (before: 6 | after: 3)

Trapped Emotions Released: - Washy washy - Rejection - Self physical abuse, 33 - Peeved - Overwhelm - Nervousness

Session Data

Happened At: Fri Dec 15, 2023 (in-person)

Issue #0: Safety (before: 2 | after: 0)

Trapped Emotions Released: ?depression, past life ?Blaming another ?Defensiveness ?Unsupported ?Emotionally lost ?Longing

Client Name: Sabina Y

Age: 28 (Human)

Session Data

Happened At: Thu Dec 14, 2023 (proxy)

Issue #0: Healthy Eating (before: 8 | after: 6)

Trapped Emotions Released: ? Worry ? Taken for granted ? Rejection ? Depression ? Sorrow ? Vulnerability ? Heartache ? Low self esteem ? Lack of self control

---

Session Data

Happened At: Mon Jan 29, 2024 (proxy)

Issue #0: On time (before: 4 | after: 1)

Trapped Emotions Released: - Lack of control over circumstances - External conflict - Peeved - Wishy washy - Stubbornness

---

Client Name: Breanna V

Age: 22 (Human)

Session Data

Happened At: Sun Dec 24, 2023 (in-person)

Issue #0: Happier (before: 3 | after: 3)

Trapped Emotions Released: - Worthless, 15 - Peeved - Emotionally lost, 15 - Physically lost - Betrayal, 13 - Sadness

---

Session Data

Happened At: Wed Jan 10, 2024 (proxy)

Issue #0: Stress (before: 10 | after: 5)

Trapped Emotions Released: - panic - Physically lost - Wishy washy - Jealousy - Peeved - Self physical abuse - Rejection - Low self esteem - Overjoy

---

Client Name: Marilyn V

Age: 51 (Human)

Heart-Wall Client

Session Data

Happened At: Sun Dec 31, 2023 (proxy)

Heart-Wall cleared this session? No

Issue #0: Heart Wall (before: 7 | after: 2)

Trapped Emotions Released: - overwhelm, 30 - Confusion - Longing - Nervousness - Sadness

---

Session Data

Happened At: Mon Jan 1, 2024 (proxy)

Heart-Wall cleared this session? Yes

Issue #0: Heart Wall (before: 2 | after: 1)

Trapped Emotions Released: - Internal conflict, 35 - Panic, preconception - Emotionally lost - Shock, 35 - Worthless, inherited, father

---

Client Name: Jamie M

Age: 28 (Human)

Heart-Wall Client

Session Data

Happened At: Sun Dec 31, 2023 (proxy)

Issue #0: Heart Wall (before: 7 | after: 1)

Trapped Emotions Released: - panic, inherited, mom - Nervousness, 22 - Rejection, 22 - Worry, 22

Session Data

Happened At: Sun Jan 14, 2024 (proxy)

Heart-Wall cleared this session? Yes

Issue #0: Heart Wall (before: 6 | after: 5)

Trapped Emotions Released: - peeved, inherited, maternal grandfather - Unsupported - Overjoyed, 16 - Blaming self - Shame - Despair - Self- physical abuse

---

Client Name: Joy N

Age: 29 (Human)

Heart-Wall Client

Session Data

Happened At: Wed Jan 3, 2024 (proxy)

Issue #0: Heart Wall (before: 6 | after: 2)

Trapped Emotions Released: ? depression, 24 ? Taken for granted ? Pride, 27 ? Self physical abuse ? Unworthyness, 5

Client Name: Tori W

Age: 38 (Human)

Heart-Wall Client

Session Data

Happened At: Mon Jan 8, 2024 (proxy)

Issue #0: Heart Wall (before: 6 | after: 4)

Trapped Emotions Released: - lack of control over circumstances - External conflict - Taken for granted

---

Session Data

Happened At: Mon Feb 5, 2024 (proxy)

Heart-Wall cleared this session? Yes

Issue #0: Heart Wall (before: 2 | after: 2)

Trapped Emotions Released: ? nervousness ? peeved ? Physically lost, child ? Taken for granted ? Blaming self, 20s

---

Client Name: Sienna B

Age: 23 (Human)

Heart-Wall Client

Session Data

Happened At: Wed Jan 10, 2024 (proxy)

Issue #0: Heart Wall (before: 3 | after: 0)

Trapped Emotions Released: - Longing, prenatal - Blaming another, 20 - Resentment, past life - Lack of control over circumstances, 13 - Rejection, prenatal

Session Data

Happened At: Fri Jan 26, 2024 (proxy)

Heart-Wall cleared this session? Yes

Issue #0: Heart Wall (before: 4 | after: 0)

Trapped Emotions Released: -self-hatred, 10, lungs -sadness, preconception, stomach - self-hatred, 19, colon

---

Client Name: Amrit

Age: 28 (Human)

Session Data

Happened At: Fri Feb 2, 2024 (in-person)

Issue #0: Frustration (before: 5 | after: 3)

Trapped Emotions Released: - Internal conflict, past life, recent - Overwhelm, preconception - Low self esteem, prenatal - Overjoy, 23 - Blaming another, 15 - Vulnerability, 16 - Shame, 13 - Unsupported, inherited, maternal grandparent - Unsupported, 21 - Hopelessness, 16

Session Data

Happened At: Thu Jan 11, 2024 (proxy)

Issue #0: Helping (before: 3 | after: 2)

Trapped Emotions Released: ? taken for granted, 27 ? Sorrow, 14 ? Creative insecurity, preconception ? Self-hatred, 9 ? Love unreceived, 6 ? Overjoy, prenatal ? Fear, 20

Client Name: Hunny T

Age: 12 (Animal)

Session Data

Happened At: Fri Feb 2, 2024 (proxy)

Issue #0: Highest and Greatest Good (before: 5 | after: 4)

Trapped Emotions Released: ? external conflict ? Stubbornness ? Overwhelm ? Terror ? Peeved ? Physically lost

---

Client Name: Tiger

Age: 2 (Animal)

Happened At: Sun Feb 4, 2024 (proxy)

Issue #0: Highest and Greatest Good (before: 3 | after: 1)

Trapped Emotions Released: - external conflict - Low self esteem - Taken for granted - Panic - Longing

---

Client Name: Roxy

Age: 10 (Animal)

Session Data

Happened At: Sun Feb 4, 2024 (proxy)

Issue #0: Highest and Greatest Good (before: 4 | after: 2)

Trapped Emotions Released: - Panic - Effort unreceived - Grief - Lack of control - Rejection

---

Client Name: Fluffy

Age: 1 (Animal)

Session Data

Happened At: Sun Feb 4, 2024 (proxy)

Issue #0: Highest and Greatest Good (before: 5 | after: 4)

Trapped Emotions Released: - nervousness - Indecisiveness - Internal conflict

---

Client Name: Black

Age: 1 (Animal)

Session Data

Happened At: Sun Feb 4, 2024 (proxy)

Issue #0: Highest and Greatest Good (before: 4 | after: 2)

Trapped Emotions Released: - Taken for granted - Wishy washy - Self-hatred - Jealousy

---

Client Name: Souk T

Age: 44 (Human)

Heart-Wall Client

Session Data

Happened At: Tue Feb 6, 2024 (proxy)

Heart-Wall cleared this session? Yes

Issue #0: Heart Wall (before: 5 | after: 3)

Trapped Emotions Released: - terror, 10 - terror, 21 - blaming self, 5 - worry, 25 - jealousy, 30 - guilt, 32 - emotionally lost, 22 - nervousness, 5 - terror, 31 - terror, 5 - confusion, 10 - bitterness, 31