

Certificate of Successful Completion

Nutrition Essentials for Clinicians: Culinary Medicine to Improve Mood, Sleep, Attention and Focus

Speaker(s): Leslie Korn, PH.D., MPH, LMHC, ACS, RPP, NTP, NCBTMB

Delivery Method: Self-Study Material

Participant Name: Kirsten Cantley

License Number: _____7296_____

Test Completed: Jul 27, 2021 06:58AM CST

Original Program Date: Oct 01, 2018

Participant has completed the above-referenced educational activity in its entirety or as indicated below.

This certificate provides sponsor verification of individual attendance and may be used for your records or for any licensing not listed below. We maintain attendance records for 7 years.

CE Information is based on 100% attendance.

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Addiction Counselors

This self-study course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 1.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

California Alcoholism & Drug Abuse Counselors (CCAPP-EI)

PESI, Inc. is an approved provider by the CCAPP-EI, Provider #: OS-03-036-1021. This activity meets the qualifications for 1.5 CEH's (continuing education hours).

California Alcoholism & Drug Abuse Counselors (CADTP)

PESI, Inc. is an approved provider by the CADTP, Provider #: 201. This Category H activity meets the qualifications for 1.5 CEU's (continuing education hours).

Connecticut Addiction Counselors

This course has been approved as a CCB approved training (Provider #120924) and has been awarded 1.5 hours by the Connecticut Certification Board.

Oklahoma Alcohol & Drug Counselors

PESI, Inc. is an Oklahoma Board of Licensed Alcohol and Drug Counselors approved provider #20220032. This self-study activity consists of 1.5 clock hours of continuing education instruction.

Counselors

This self-study activity consists of 1.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Florida Counselors

PESI, Inc. is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number 50-399. This self-study course qualifies for 1.5 continuing education credits. .

***FLORIDA PARTICIPANTS ONLY:** If you did not answer YES to the question: "Do you need your hours reported to FL CE Broker?" while completing the online post-test/evaluation, please send an email to cepesi@pesi.com with the following information: full title of the webcast, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number. Please allow 3-4 weeks for your hours to be posted. If you did answer yes, you do not need to do anything further.

Kentucky Counselors

CE credit is available. This self-study course consists of 1.75 continuing education credit hours for Kentucky Counselors. The Continuing Education Requirements for the Kentucky Board of Licensed Professional Counselors (201 KAR 36:030 Section 2) state continuing education programs from providers sponsored or approved by a state counseling licensure board shall be approved without further review by the board. PESI, Inc. is approved by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. Provider #4540. PESI maintains responsibility for this

program and its contents.

Montana Counselors

The Montana Board of Behavioral Health no longer pre-approves any courses or sponsors. Each licensee is responsible for taking courses which contribute to their competence and directly relate to their scope of practice as defined in board statute (MAR 24-219-32). Licensees must keep CE documentation for three years in case of an audit. This intermediate level self-study activity consists of 1.5 clock hours of instruction.

Nevada Counselors

PESI, Inc. is an approved CEU provider with the State of Nevada Board of Examiners for Marriage and Family Therapists and Clinical Professional Counselors. This self-study activity qualifies for 1.5 contact hours. Approved Provider # NVCEP2006.

New York Counselors

PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This self-study activity will qualify for 1.75 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Pennsylvania Counselors

The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/BoardsCommissions/>. This intermediate level self-study activity consists of 1.5 clock hours of continuing education instruction.

South Carolina Counselors

This self-study program has been approved for 1.5 continuing education hours by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. Provider #4540.

Texas Counselors

This self-study activity consists of 1.5 clock hours of continuing education instruction. Texas State Board of Examiners of Professional Counselors no longer approves programs or providers. PESI activities meet the continuing education requirements as listed in Title 22 Texas Administrative Code, Chapter 681, Subchapter J, Section 681.142 Acceptable Continuing Education. Please retain the certificate of completion that you receive and use as proof of completion when required.

Registered Dietitians & Dietetic Technicians

PESI, Inc., PE001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) (please check our website for current approval period). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.5 continuing professional education units (CPEUs) for completion of this self-study program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. This self-study program/material is designated as LEVEL: 2. Activity #: 1444452.

Marriage & Family Therapists

This self-study activity consists of 1.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save this course outline, the certificate of completion you receive from this self-study activity and contact your state board or organization to determine specific filing requirements.

Florida Marriage & Family Therapists

PESI, Inc. is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number 50-399. This self-study course qualifies for 1.5 continuing education credits. .

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Illinois Marriage & Family Therapists

PESI, Inc. is a Marriage and Family Therapists Continuing Education Sponsor, License No. 168-000156. This self-study package qualifies for 1.5 contact hours.

Montana Marriage & Family Therapists

The Montana Board of Behavioral Health no longer pre-approves any courses or sponsors. Each licensee is responsible for taking courses which contribute to their competence and directly relate to their scope of practice as defined in board statute (MAR 24-219-32). Licensees must keep CE documentation for three years in case of an audit. This intermediate level self-study activity consists of 1.5 clock hours of instruction.

Nevada Marriage & Family Therapists

PESI, Inc. is an approved CEU provider with the State of Nevada Board of Examiners for Marriage and Family Therapists and Clinical Professional Counselors. This self-study activity qualifies for 1.5 contact hours. Approved Provider # NVCEP2006.

New York Marriage & Family Therapists

PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing

education for Licensed Marriage and Family Therapists. #MFT-0024. This self-study activity will qualify for 1.75 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Pennsylvania Marriage & Family Therapists

The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/BoardsCommissions/>. This intermediate level self-study activity consists of 1.5 clock hours of continuing education instruction.

South Carolina Marriage & Family Therapists

This self-study program has been approved for 1.5 continuing education hours by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. Provider #4540.

Texas Marriage & Family Therapists

This self-study activity consists of 1.5 clock hours of continuing education instruction. Texas State Board of Examiners of Marriage and Family Therapists no longer approves programs or providers. PESI activities meet the continuing education requirements as listed in Title 22 of the Texas Administrative Code, Chapter 801, Subchapter K, Section 801.264 Types of Acceptable Continuing Education. Please retain the certificate of completion that you receive and use as proof of completion when required.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists

PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses completing these self-study materials will earn 1.5 contact hours.

California Nurses

PESI, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number 17118 for 1.5 self-study contact hours. This certificate must be retained by the licensee for a period of four years from the course date.

Florida Nurses

PESI, Inc. is an approved provider with the Florida Board of Nursing, Provider # FBN2858. This self-study package qualifies for 1.5 contact hours.

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Iowa Nurses

PESI, Inc. is an approved provider by the Iowa Board of Nursing. Provider #: 346. Successful completion of this self-study package qualifies for 1.5 self-study contact hours. These contact hours are used for your license renewal.

South Carolina Psycho-Educational Specialists

This self-study program has been approved for 1.5 continuing education hours by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. Provider #4540.

Canadian Psychologists

PESI, Inc. is approved by the Canadian Psychological Association to offer continuing education for psychologists. PESI, Inc. maintains responsibility for the program. This program is approved for 1.5 self-study continuing education hours. Full credit statement at: www.pesi.com/cpa-statement

Indiana Psychologists

PESI, Inc. is an approved provider with the Indiana Board of Psychology. Certificate #: 98000998A - Category I. PESI maintains full responsibility for this program and its contents. This self-study activity qualifies for 1.5 contact hours.

Florida Psychologists

PESI, Inc., is an approved provider with the Florida Board of Psychology. Provider Number #50-399. This product qualifies for 1.5 self-study continuing education credits.

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Illinois Psychologists

PESI, Inc. is an approved provider with the State of Illinois, Department of Professional Regulation. License #: 268.000102. Full attendance at this self-study course qualifies for 1.5 contact hours.

Kentucky Psychologists

PESI, Inc. is approved by the Kentucky Psychological Association and/or Kentucky Board of Examiners of Psychology to offer continuing education for psychologists. PESI maintains responsibility for this program and its content. This self-study activity will qualify for 1.5 contact hours.

Minnesota Psychologists

This self-study activity has been approved by the Minnesota Board of Psychology for 1.5 continuing education hours. Approval #202110.100. Approval period: 10/01/2020 - 09/30/2021.

New York Psychologists

PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0014. This self-study activity will qualify for 1.75 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Pennsylvania Psychologists

PESI, Inc. is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. Provider #PSY000211. PESI maintains responsibility for the program(s). This self-study program qualifies for 1.5 continuing education hours.

Psychologists & Physicians

Physicians: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. This activity was originally recorded on 06/30/2018. It was last reviewed on 10/01/2018 and is valid until 10/01/2021. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists: The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 1.0 clock hours of continuing education instruction. Retain this certificate of attendance for your records.

Social Workers

This intermediate self-study activity consists of 1.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Colorado Social Workers

PESI, Inc. is an approved provider with the Colorado Chapter of the National Association of Social Workers. Provider #1413. This self-study course has been approved for 1.5 continuing education hours.

Florida Social Workers

PESI, Inc. is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number 50-399. This self-study course qualifies for 1.5 continuing education credits.

*FLORIDA PARTICIPANTS ONLY: If you did not answer YES to the question: "Do you need your hours reported to FL CE Broker?" while completing the online post-test/evaluation, please send an email to cepesi@pesi.com with the following information: full title of the webcast, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number. Please allow 3-4 weeks for your hours to be posted. If you did answer yes, you do not need to do anything further.

Illinois Social Workers

PESI, Inc. is an approved provider with the State of Illinois, Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 159-000154. Successful completion of this self-study activity qualifies for 1.5 contact hours.

Kansas Social Workers

PESI, Inc. is an approved provider with the Kansas Behavioral Sciences Regulatory Board. Provider #14-006. This self-study course has been approved for 1.5 continuing education hours.

Minnesota Social Workers

PESI, Inc. is an approved provider with the State of Minnesota, Board of Social Work. Provider #: CEP-140. This self-study package has been approved for 1.5 continuing education hours. This certificate has been issued upon successful completion of a post-test.

Montana Social Workers

The Montana Board of Behavioral Health no longer pre-approves any courses or sponsors. Each licensee is responsible for taking courses which contribute to their competence and directly relate to their scope of practice as defined in board statute (MAR 24-219-32). Licensees must keep CE documentation for three years in case of an audit. This intermediate level self-study activity consists of 1.5 clock hours of instruction.

New York Social Workers

PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This self-study activity will qualify for 1.75 contact hours. Full attendance is required; no partial credits will be offered for partial

attendance.

Pennsylvania Social Workers

The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/BoardsCommissions>. This intermediate level self-study activity consists of 1.5 clock hours of continuing education instruction.

Other Professions

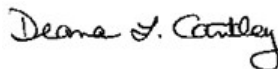
This self-study activity qualifies for 1.5 continuing education clock hours as required by many national, state and local licensing boards and professional organizations. Save your activity advertisement and certificate of completion, and contact your own board or organization for specific requirements.

DISCLAIMERS

**Information obtained in this course should be used within your scope of practice.

**It is your ethical responsibility to report accurate hours to your licensing board.

**All on-line participants must complete and pass (80% or better) a post-test/evaluation prior to receiving a certificate of completion. If you require a copy of the test/evaluation for CE purposes, please print at the time you take the test. Or you may call our customer service department and a copy of your test/evaluation will be emailed to you. Please allow 30-45 days.



Deana L. Cantley, Continuing Education Administrator & Post-Reporting Lead

PESI, Inc., P.O. Box 1000, Eau Claire, WI 54702-1000

CS: 1-800-844-8260 FAX: 1-800-554-9775

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI HealthCare, PESI Rehab, PESI Kids, PESI Publishing and Media (PPM) and Psychotherapy Networker.