

## Bio-Touch Helps Unwind Chronic Pain



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INSTRUCTOR

BOARD MEMBER  
OF IFBM

### About Me

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### About Me

- I first discovered Bio-Touch Healing in 2018 as a chronic pain patient. fell in love and became a Practitioner. I wanted to share this simple, yet effective technique so 2019 I became a Certified Practitioner and began volunteering at the Tucson center. In 2020, I became a Certified Instructor and joined the IFBM Board of Directors so I could help make an even greater impact on the world.
- After 15 years of suffering from chronic pain caused by Ehlers-Dantlos Syndrome, I discovered the beautiful simplicity of Bio-Touch and how it can help unwind chronic pain syndromes.
- I truly enjoy sharing Bio-Touch by teaching this beautiful loving technique to all my students and patients.

### Bio-Touch Dove Mountain & Medicate-Ed

- As a Certified Clinical Cannabis Pharmacist, I use my extensive knowledge of medications, cannabis and the endocannabinoid system to help guide patients to the proper cannabis products and cannabinoid /terpene profiles to address their specific symptoms. I work closely with my patients and their doctors to find their personal therapeutic window in order to achieve maximum results without unwanted side effects or drug interactions. I provide my patients with education about the nociceptive system, how they developed chronic pain and help them find the tools they need to break the cycle and begin unwinding their chronic pain.
- As a Certified Bio-Touch Practitioner and Instructor, I am dedicated to providing sessions and teaching Bio-Touch as a unique, natural approach to alleviate pain and stress, and support good health through all stages of life.
- Bio-Touch Healing is the most complete, simple to learn and easy to use tool for unwinding chronic pain that I use and share with my patients.

### Contact

Visit me at my facebook site: [Bio-Touch Dove Mountain](#)

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OR Visit me at my Cannabis Website: [Medicate-Ed.com](#)

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