

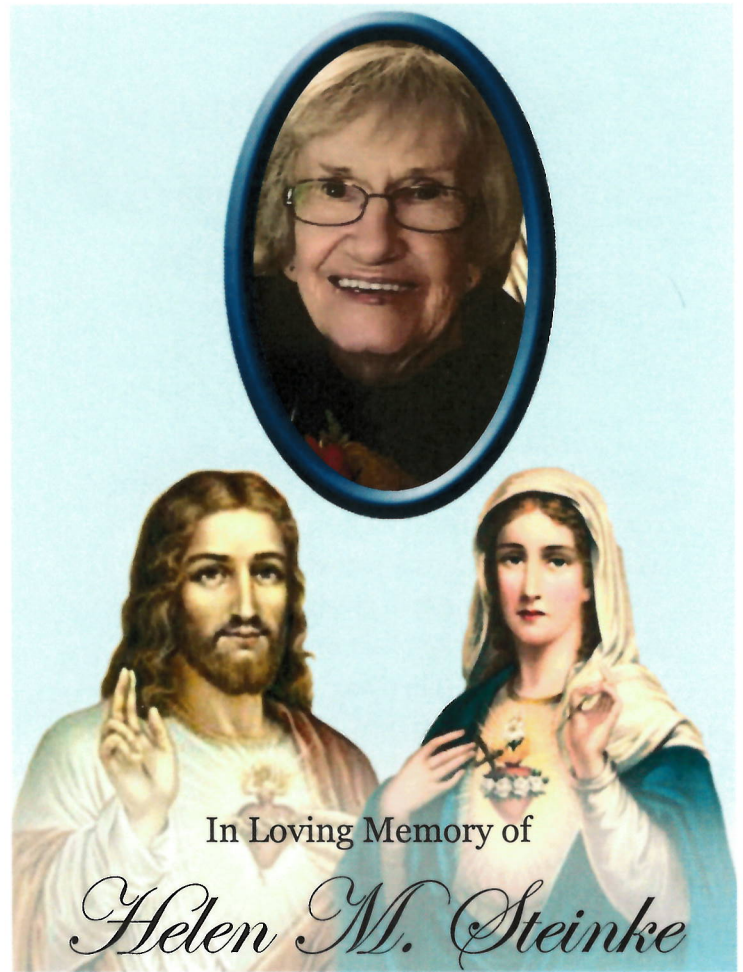
Helen Mary Steinke, of Fridley, passed away on May 12, 2021 at Park River Estates in Coon Rapids. She was 88 years old.

Helen was born November 25, 1932 in Eden Valley, MN to Martin and Helena (Hueser) Arnold. She was the last of 15 children. Helen grew up on a farm and developed a green thumb which she used throughout her life. She kept a vegetable and flower garden at her home in Fridley.

Helen and her husband, David, raised a family of four children. Family was important to Helen and she loved spending time with her family, especially her grandchildren and great-grandchildren in later years. Helen was an avid sports fan and a devout Catholic. Her faith was important to her and she prayed the rosary daily.

Helen was preceded in death by her husband, David; parents; brothers and sisters: Isabelle Johnson, Henry Arnold, Teresa Binsfield, Albert Arnold, Rumboldt Arnold, Marcus Arnold, Laura Loch, Florbert Arnold, Cecelia Colbert, Genevieve Lies, Elmo Arnold, Richard Arnold, Marcella Weber, and Phillip Arnold.

A loving wife, mother, grandmother, and great-grandmother, Helen leaves to mourn her loss her children: Donna (Bob) Buchanan, David (Karen) Steinke, Dan Steinke, and Diane (Rob) Starkey; 7 grandchildren: Leah (Jason) Ryan, David (Roxanne) Steinke, Mariah Steinke, Derek Buchanan, Wyatt Buchanan, John Starkey, and Ryan Starkey; great-grandchildren: Michael Ryan, Joseph Ryan, Autumn Ryan, and Madelyn Steinke; other loving family and friends.



*Lord* make me an INSTRUMENT of  
Thy *peace*;  
where there is hatred,  
let me sow love;  
where there is doubt, FAITH;  
where there is despair, hope;  
where there is darkness, light;  
& where there is sadness, *Joy*.  
O DIVINE MASTER,  
grant that I may not so much seek to be consoled,  
as to console; to be understood,  
as to understand; to be loved,  
as to love; for it is in giving that we receive,  
and it is in pardoning, that we are pardoned  
and it is in dying,  
that we are born to ETERNAL LIFE.

-St. Francis of Assisi

**Forever In Our Hearts**

*Helen Mary Steinke*



**Born**

November 25, 1932

Eden Valley, Minnesota

**Died**

May 12, 2021

Coon Rapids, Minnesota

**Mass of Christian Burial**

Church of Saint William  
6120- 5th Street Northeast  
Fridley, Minnesota  
Tuesday, May 18, 2021  
11:00 a.m.

**Officiating**

Father Dave Ostrowski

**Interment**

Assumption Cemetery  
Eden Valley, Minnesota

Miller Funeral Home ~ Fridley, Minnesota