



Northwest Christian School Menu

Mondays beginning May 6th: Must order on the prior Friday

TBTC Sandwich Board

Choose one of our Signature Sandwiches or Build your own Sub, comes with Whole Fruit, and Tim's Cascade Chips

TBTC Signature Sandwiches –

Choice #1: Eggless Egg salad Sub - Vegan

local organic Island Springs Tofu tossed with vegan mayo and fresh herbs piled high on organic potato baguette topped with sweet pickled onions, baby spinach, sliced cucumbers than drizzled with spicy house made vinaigrette

Choice # 2: Veggie Delight - Vegan

Grilled vegetables, roasted red pepper hummus, cucumbers, dressed seasonal greens, ciabatta

Choice # 3: Build your own Sub - Fresh Essential Bakery Organic Potato Baguette with choice of toppings –

Protein Toppings

Eggless egg salad – Vegan

Worthington chicken deli slices - Vegetarian

Cheddar cheese

Swiss cheese

Havarti cheese

Provolone Cheese

Adams Crunchy Peanut butter

Vegetable Toppings

Lettuce

Tomato

Onion

Cucumber

Sweet Red and Green Peppers

TBTC Signature Bread and Butter Pickles

Seasonal grilled vegetables

Spreads

Local fresh green garbanzo bean hummus

Classic Mayo

Veganansse

Yellow Mustard

Seasonal Preserves

Avoids Gluten Bread Available Upon request

Wednesdays: Must order on Tuesdays

Indian – Available May 8, 22

Served with Steamed Basmati Rice, Naan Bread and Yogurt Rita

Choice #1: Peas and Paneer - Vegetarian
Simmered madras coconut curry sauce

Or

Choice #2: Channa Masala - Vegetarian
simmered local green chickpeas in a rich tomato curry sauce

Asian – Available May 1, 15, 29

Served with steamed jasmine rice, and stir fry vegetables, and vegetable egg roll

Choice #1: Tofu Teriyaki - Vegan
grilled pineapple, green onions, and sesame seeds

Or

Choice #2: Sweet and Sour Gardein Chick'n - Vegan
pineapple, celery, onion, peppers

Two Busy to Cook Catering - uses organic, local, and all natural ingredients whenever possible.

We are not a Gluten Free Kitchen but work hard on providing Avoids Gluten options upon request.

- www.twobusytocook.com -