



National Board for Health & Wellness Coaching

attests that

Thirmanda Lee Zavala

ID A-3198025

has passed the Health and Wellness Coach Certifying Examination and fulfilled all the requirements of the Board, and is hereby granted the title of

**National Board Certified Health & Wellness Coach
(NBC-HWC)**

National Board Certified Since March 1, 2020

March 1, 2020- February 28, 2023

Current Certification Dates

Ruth Q. Wolever, PhD
Certification Commission Chair,
National Board for Health and Wellness Coaching