

## SERMON NOTES

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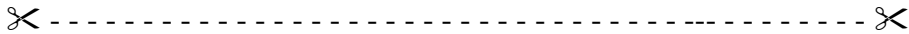
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## PASTORAL CARE & SPIRITUAL NURTURE

For Pastoral Care, Counseling, Spiritual Nurture, or a visit please call Pastor Edwin Emerson at 519-740-2671, ext. 101 or 905-818-5646 or by email [eedemerson@adventistontario.org](mailto:eedemerson@adventistontario.org) or complete the form below and place on the offering plate.

<input type="checkbox"/> Help with a problem / spiritual guidance		
<input type="checkbox"/> Is ill at home	<input type="checkbox"/> Needs a Visit	<input type="checkbox"/> Is hospitalized
<input type="checkbox"/> Pastoral Counselling	<input type="checkbox"/> Be baptized	<input type="checkbox"/> Is bereaved
<input type="checkbox"/> Marital Counselling	<input type="checkbox"/> Membership Transfer	<input type="checkbox"/> Bible study

Name.....Given by.....

Address.....

Phone..... Email.....

**NOTE:** To update and maintain our church directory, please advise the Church Clerk of any changes of address, phone numbers, additions to the family, etc.

## CHURCH IN ACTION

It's a delight to welcome you today to Cambridge Seventh-day Adventist Church. This day has been set aside by God as the **Memorial of Creation**. We sincerely pray that you will experience a fresh sense of the presence of the Lord in our services as we **worship Him together** on this Holy Sabbath morning. Let's draw nearer to Him together.

**When you enter into this Sanctuary, we request you to be reverent, be silent, and be thoughtful because this is the house of God. During the Worship Service, let the Lord speak to you. After the Worship Service, speak to one another in the foyer.**

Our mission is to serve the Lord Jesus Christ by witnessing, praying, loving one another, preaching the Gospel and serving the community around us.



*Happy birthday & God's blessings to . . .*

Jaqueline Bairos-Romagnoli.....June 01  
 Mandy Bairos.....June 02  
 Rebekah Garcia.....June 06  
 Terica Bernard.....June 06  
 Delaine Cayenne.....June 09  
 Jordan Bowes.....June 09  
 June Okafor.....June 09  
 Anthony Okafor.....June 12  
 Ephrem Lewis.....June 17  
 Edgar Maghilom.....June 18  
 Maria Barros.....June 26  
 Bradley Roy.....June 29  
 Veronica Hastings.....June 30  
 Peter Garcia.....June 30

*Happy anniversary & God's blessings to . . .*

Edgar and Marilou Maghilom.....June 08

### CHURCH OFFICE HOURS:

**Sam Kutondo**

\*Mondays: 10:30 am to 6:30 pm (by appointment only)

\*Wednesdays: 10:30 am to 8 pm (by appointment only)

**Pastor Emerson:**

\*Thursdays: 10 am to 6:30 pm (by appointment only)

**PRAYER MEETING:** Mid-week Wednesday – **7:00 pm** at the church. All are welcome.

## ANNOUNCEMENTS and UPCOMING EVENTS

**COMMUNION DATES:** Communion dates for 2019 are: July 6 and October 5 (Agape Feast). **NEXT Communion – July 6.**

**CHURCH BOARD MEETING DATES – Sundays at 10 am:** Board meetings for 2019 are: September 15; October 20; November 17. **NEXT Board Meeting is September 15** – in the church basement. Thank you.

**BRIDGES:** The next scheduled visit to Bridges is, **Sabbath, June 15 from 4 - 8.** Please check the 2019 volunteer schedule on the Information board in the lobby. Thank you to those of you who have pledged to help. Our contact person is Mandy Bairos at 519-654-6611 (text or call).

**CAMP FREندا:** **June 21, 22, 23** - For those who are registered to attend our weekend at Camp Frenda, please remember that you need to bring your own towels, bedding and comforters (Camp Frenda does not provide these items).

**JUNE 22 in CAMBRIDGE:** The Cambridge Church will remain open next Sabbath for those who are not attending Camp Frenda. A late start is planned – Lesson Study and Sermon commencing at 10 am to 12 noon. Peter Garcia will lead the program.

**FELLOWSHIP POTLUCK:** All are welcome to join our fellowship meal today in the church hall immediately following the Divine Service.

**A NOTE FROM OUR TREASURER:** For the New Year, please remember to submit your “Reimbursement Form” on a **MONTHLY basis.** This will help to read the receipts properly, to document dates, tax amounts, items purchased and so on. This is important for a proper expense trail for the various funds. Thank you from the Church Treasurer – Helga Bairos.

*From our treasurer's desk . . .*

### FINANCIAL REPORT FOR MAY 2019

Yearly Budget	\$30,000. <sup>00</sup>
Budget Needed as of May 31, 2019	\$125000.00
Budget Received as of May 31, 2019	\$8,515.90

#### BULLETIN INFORMATION

Please send all bulletin information to [bulletin\\_adventistcambridge@yahoo.ca](mailto:bulletin_adventistcambridge@yahoo.ca) by Tuesday on or before 7:00 p.m. Elaine Habicher is the bulletin secretary.

**SPECIAL PRAYERS:** Pastor Emerson has been admitted into Milton Hospital with a leg infection. Please keep him in your prayers for a quick recovery and that he will be able to attend Camp Frenda.

#### HEALTH FEATURE:

**HEALTHY FOODS:** Leafy greens provide a lower risk to many chronic diseases and may even be beneficial for brain function, reducing the decline for memory and cognitive skills. One study showed that those ate greens regularly enjoyed brain functionality that was as strong as that of persons 11 years younger.

**A NOTE FROM OUR TREASURER REGARDING ONLINE GIVING:** Cambridge SDA Church has been set up for online giving. Directions are: go to our church web site <https://cambridgeon.adventistchurch.org/>. Click on 'online giving' (top right hand corner of web site). Fill out the online envelope and click 'continue'. At this point you have 3 selections: login, register and guest. Click on register and follow the prompting. Be sure to remember your password. Subsequently when using online giving, you follow the above steps but instead of registering, click on login. Enter your email address and password and then fill out the offering and follow the prompts. For those of you who would like to try this method of line giving but would like a second set of eyes, Helga Bairos is available to help you get started.. Just email Helga or call 519-448-3839 to set up an appointment.

**CHURCH PURCHASE:** A request by the church board is being made to all church members. If you see or learn of a property for sale that could possibly serve as a church, please let Ephrem Lewis know. He is the Chair of the Building Committee and is working closely with our real estate agent. Thank you.

**CAMP FREندا and OSHKOSH:** Are you going to Oshkosh this year? Camp Frenda is offering an exciting discount to any camper who is attending the Pathfinder Camporee in August. You can receive \$200 off any single camp session this summer: Junior, Tween or Teen! Register at [www.campfrenda.com](http://www.campfrenda.com), then email us with your Oshkosh plans, and we'll apply the discount to your account immediately.

**CPR and FIRST AID TRAINING:** Sunday, June 30 from 9 am to 4 pm; Adventist Community Services Centre, 150 Bentworth Avenue, Toronto. Cost for just the CPR is \$45. Cost for CPA and First Aid is \$85. Bring your own snacks, lunch and water. Register by June 24 at [ehabaradas@adventistontario.org](mailto:ehabaradas@adventistontario.org).

**NAD WOMEN'S MINISTRY CONVENTION:** September 26 – 29, 2019. Plan for a powerful four days of wholeness at the Rosen Shingle Creek resort in Florida. The convention will be exploring the connection between physical, mental and spiritual health. Register at [www.adventsource.org](http://www.adventsource.org). There will be a \$100 CDN rebate for the first 50 ladies who submit their registration / name tag after the convention. For bus trip information on the convention contact Ruth Weidner at [rweidner@adventistontario.org](mailto:rweidner@adventistontario.org) or call 905-571-1022. More information is available on flier on bulletin board.