

## Mouthful Play Your Food – Project Event

Event Subject	Be Loud. Let's Eat!	
Event Date	14 September 2023	
Event Time	15h00 – 17h00	
Event Venue	Small Hall JD Thomas Hall – R350 hire	
Tables	1 Table 9 – 12 guests	
Hosts	1 Event Host and 1 Food Host	
Host Names	Event Host – Natalie	Food Host – Nicholene / Avril
Food	Build A Burger	
Ingredients	Healthy Roll, beef patty, lettuce, tomato, onion, cucumber, pineapple, burger sauce Estimated cost – R60 per person total cost 14 people R840	
Dessert	Fresh Fruit	

### Event Schedule

#### Arrival and introductions

**Part 1 - Game** - **Get the Ball and Win** - each family receives 10 different color balls. The family is tied together and have to move around the room trying to get 10 of the same color balls. Every minute, we will blow a whistle and blindfold 1 of the family members. Rotating them, so everyone gets a chance to be blindfolded. The first family to own 10 of the same color balls wins the round.

**Outcome of activity** – Physical / social and creative skills– move around and stay together. Communicate and ask for balls and do an exchange. Come up with ideas.

Discuss the game and speak about the emotions that arose. Questions???

**Part 2 - Meal Time:** Divide into 2 groups. Group 1 Cut veggies Group 2. Peel and cut the fruit.

Everyone to participate in braaing the burger patties.

Food must be displayed in a way that expresses how they feel. Create art with your food.

Feedback forms – very important

Consent forms – very important – so we can share the pics

What we need: Meal ingredients, Juice, water, fruit,

Balls, balloons, Shape cutters, Plants and room décor, serving platters, cutlery to eat with, Cups, Plates / trays, braai tong, knives to cut the fruit and veggies, gas for the braai, trays, plates, cups, serviettes.