

This certifies that Michelle Venturelli has mastered the necessary core competencies for evidenced-based Cognitive Behavioral Therapy for Insomnia (CBT-I) treatment and has demonstrated a high level of proficiency in the CBT-I program I developed and tested at Harvard Medical School.

DR. GREGG D. JACOBS PROGRAM COORDINATOR CBT-I AND BEHAVIORAL SLEEP MEDICINE SPECIALIST

JULY 12, 2024