

Dharma Yoga®

NEW YORK CENTER

ESTABLISHED 1975

LIFE OF A YOGI 500 HOUR TEACHER CERTIFICATION

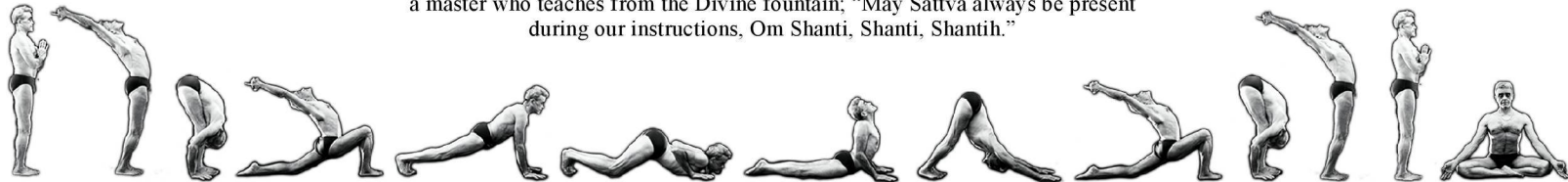
Alexis A. Bethel


is worthy of the title of:

TEACHER OF DHARMA YOGA® DYRT
IN THE LEVEL OF DHARMA II

By the grace of God, the fountain of Divine Bliss, the ocean of Oneness, it is recognized that having completed all requirements of our standardized training, demonstrating the fitness to teach in dedication to the principles and science of Dharma Yoga®, Shiva Namaskara Vinyasa, showing discriminative and pure actions leading to the virtues as prescribed in the scriptures; following Yama and Niyama, clarity of mind, self-restraint, reverence, obedience, gentleness, patience, humility, yogic diet, inner wisdom and compassion for all living beings.

Under the Guidance of Lord Siva, the first and foremost teacher of Yoga, and Sri Dharma Mittra,
a master who teaches from the Divine fountain; "May Sattva always be present
during our instructions, Om Shanti, Shanti, Shantih."




Sri Dharma Mittra, Founder
Best Wishes & Devout Prayers
"Remember, the Goal is Self-Realization"

"I wish to see you in a state of Bliss,
content and free from suffering.
Be receptive to the Supreme Guru within.
Be receptive to the grace of God." -DM


Ismittee Devi Om, Director


Adam Frei, DYLOAY Director of Programming



As witnessed and approved on this auspicious date, March 22, 2018.

Dharma Yoga® New York Center | 61 West 23rd Street, 6th Floor New York, NY 10010 | www.dharmayogacenter.com