

LifeForce Yoga® Healing Institute

This is to certify that

Linda Crossley, LMFT, RYT-500

has successfully completed the 71-hour LifeForce Yoga Practitioner Training Program
and is hereby designated and authorized to use the title:

**LifeForce Yoga Practitioner
Level One**

In testimony thereof, the Director set her signature
on the 19th day of December 2017.

LifeForce Yoga®
yogafordepression.com

A faint background illustration of a hand in a yoga mudra (prayer position) with fingers spread, set against a circular ripple effect.

Rose Kress

Rose Kress, ERYT-500, C-IAYT, YACEP
Director, LifeForce Yoga Healing Institute