

Experiences

Discovering where you have been

This is an opportunity to look back at experiences from our lives to see how God has used them to shape us. With some of these you may need more space than the box, in which case you might want to use a notepad, a journal or a separate piece of paper. Also, some of these experiences may be difficult for you to think about. If so, think of someone you are close to who you might be able to share with and get support from.

<p style="text-align: center;">Note 3 positive experiences from your past that you feel have had an impact on who you are today.</p>	<div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p style="text-align: center;">Prayerfully consider how God has used these experiences to shape you and note it here.</p>	<div style="border: 1px solid black; height: 100%; width: 100%;"></div>
<p style="text-align: center;">Are there ways that God has used this shaping of you to impact the lives of others? If so, record them here.</p>	<div style="border: 1px solid black; height: 100%; width: 100%;"></div>	<p style="text-align: center;">Ask God to continue to work in you through these experiences. Record here what you think he might be asking of you.</p>	<div style="border: 1px solid black; height: 100%; width: 100%;"></div>
<p style="text-align: center;">Note 3 negative experiences from your past that you feel have had an impact on who you are today</p>	<div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p style="text-align: center;">Prayerfully consider how God has used these experiences to shape you and note it here</p>	<div style="border: 1px solid black; height: 100%; width: 100%;"></div>
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<p style="text-align: center;">Take some time to thank God for his work in your life through your past experiences. Then ask him to reveal to you two practical steps that you can take to help others as a result of his work, and record them here.</p>	<div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>		