

# CERTIFIED



**9 STAR**

## **ADVANCED PROFICIENCY CERTIFICATION**

**IN RECOGNITION OF EARNING A MINIMUM OF THREE  
ESA PROFESSIONAL FITNESS INSTRUCTOR CERTIFICATIONS**

**CRISTEN GRAJEDA**

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**IS A STAR INSTRUCTOR IN THE FOLLOWING**

**SAFE GROUP EXERCISE LEADER - PRIMARY - PERSONAL TRAINER - NUTRITION SPECIALIST  
YOGA FITNESS LEADER - PILATES CORE MAT INSTRUCTOR - AQUATIC FITNESS LEADER  
KICKBOXING FITNESS LEADER - INTEGRATED FITNESS COUNSELLOR - SAFE STEP INSTRUCTOR**

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**CERTIFICATION EXPIRES**

**September 30, 2024**

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*School for Training & Advanced Resources*

