

# Easy Peasy Pods

## Summer Groups Funding

We are holding five children's groups for families in our city with children under twelve during the school summer holidays.

The venues are already booked and confirmed, however we would like to provide a packed lunch for the families as many of those who will be coming have limited incomes and poor access to healthier foods.

As well as supporting our low income families with a meal once a week during the school holidays, we would love to be able to provide a small outdoor activities pack for them to take away and use outside of the group setting. This would promote healthy eating and physical activity amongst the families and give parents more options for getting outdoors with their children.

### Ideas for Family Activity Packs

Football  
Beach Tennis  
Arm Bands

Cricket Set  
Beach Ball  
Cones

Tennis Racket  
"Scatch" Set  
Bean Bags

The funding through our Easy Peasy Pods group would enhance the groups we have already planned to help parents with limited resources keep their children busy and active during the school holidays.