

HeartMath® Certifies that

Debra Timmerman

has successfully met the standards established in
The Resilient Heart: Trauma-Sensitive HeartMath Certification
and in so doing has earned recognition as a

Trauma-Sensitive HeartMath® Certified Practitioner

G4FKHfsThW

Certificate Number

February 8, 2021

Certification Date



Handwritten signature of Deborah Rozman in blue ink.

Deborah Rozman, PhD, CEO HeartMath LLC

Handwritten signature of Rollin McCraty in blue ink.

Rollin McCraty, PhD, Director of Research, HeartMath Institute

Handwritten signature of Tricia A. Hoffman in blue ink.

Tricia A. Hoffman, Director Training and Licensing, HeartMath LLC