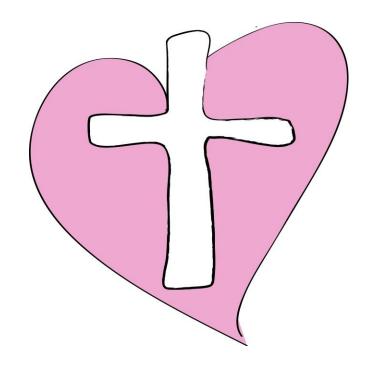
April 4, 2015

Piedmont Park Seventh-day Adventist Church 4801 "A" Street
Lincoln, NE 68510
Office - 402-483-1344 Leave a Message
Renee Schaecher –Administrative Assistant 402-580-1608 (Text)
piedmontparksda@gmail.com
Pastor Michael Halfhill 402-318-1856
Pastor Andy Moseley 402-450-4390



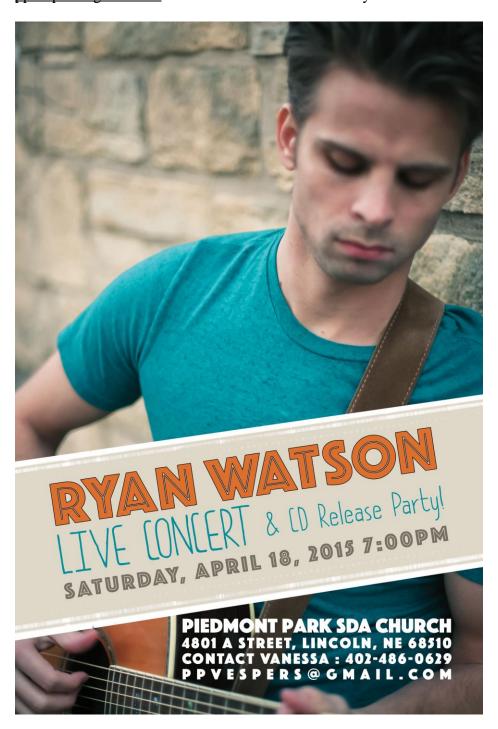
The Family Communiqué

Extended Announcements



Plan now to attend the next Friday Night Vespers on April 10 at 7pm. Virgil Carner and Leon Hill will be sharing about their recent mission trip to Peru. Vanessa Schaecher, ppvespers@gmail.com or 402-486-0629

Join us at Piedmont Park on April 18 at 7pm as local Lincoln singer/songwriter and Piedmont Park member Ryan Watson shares music from his debut album "Prelude" which features covers of many of his favorite songs in addition to three original songs! Ryan's love of music spans his lifetime, and his passion for Jesus shines through as he sings and plays. Bring a friend and worship Jesus as Ryan shares his music at this exciting CD Release Concert! For more information about the concert contact Vanessa at 402-486-0629 or ppvespers@gmail.com For more information about Ryan visit his website at www.ryanwatsonmusic.com



Upcoming Events at Piedmont Park:

May 2 at 5pm - Soup Supper & Guitar Vespers (last one until Fall 2015)

May 2 at 7pm – Daniel Martinez in Concert

May 16 at 7pm – Steven Mosley presents "Chosen Garment – The Whole Bible in One Act" July 19-23 at 6:30-8:30pm – Vacation Bible School

Eric & Maria Johnson will be leaving on May 5-20 for a medical/dental mission trip to serve the southern island of the Philippines with Pastor Taj Pacleb (evangelist). He's doing a revival series on the dates we will be there. We will be serving the Kamantian Jungle people, the poor areas of Brooke's Point, Malatgao farmers and the Narra community. We are in need of many prayers to be able to get medicines and raise funds to help get those medicines we will need. God is leading us to go and help the poor as well as send the last day message to the corners of that world. We will be providing health seminars, eye exams, tooth extractions, dental fillings, immunizations, circumcisions, minor surgeries, VBS, music ministry, etc. We will be joining ventures with AMEN USA, AMEN Phil, PAMAS (Phil Adventist Medical Aviation Services), Hisfootsteps, and other local volunteers nearby. We have established a tax deductible account through Piedmont Park, and if you would like to contribute please make your donation payable to Piedmont Park with a memo of "Eric and Maria Johnson's Palawan Mission Trip." Anyone that is moved to help in any way, please remember that all gifts will be given 100% to the mission field. We are raising funds for the medicines and equipment only at this time. Working for the greater good, Eric and Maria Johnson

Do you want to learn more about College View Academy and see it up-close? Scheduling a personal tour is the best way to experience a typical day at CVA. The ideal thing is to come, parent and student, during school hours so you see our school in action. If you can't come during school hours, we will also be happy to show our school and visit with you after school hours. We are very proud of our school and students, so we love to show them off! Also, if you visit by May 19, you will receive a \$50 Visa Gift Card at the end of the tour (available to new families only K-12). To schedule a visit, call Yolanda at 402-481-1181 x 32 or 46, or email ydoering@cvak12.org. Thank you for considering CVA. We hope to see you soon!

Last Call for the Believers' Banquet – Believers in Adventist education: If you would like to be a part of this CVA fundraising event, we still have some spaces available. Dr. Vinita Sauder, Union College president, will be the key note speaker. Besides celebrating Adventist education, Mr. Charles Henkelmann will be inducted into the Alumni Hall of Fame, and Mrs. Charlene Binder will be honored for her many years of volunteer service to the school. We will have an auction from 6:00-7:30pm only, so if you want a chance to get works by Mr. James McClelland, Terry Schwartz, and other local artist, a Disney family vacation, and many other items, be there on time. Thursday, April 9, Heartland Hall of College View Church, at 6:00pm. To buy your table or individual space call Yolanda Doering at 402-483-1181 ext. 32.

CVA Collects Labels: College View Academy Elementary collects Box Tops, Our Family, Best Choice, and Labels for Education. At the end of the year the Home and School team redeems these labels for cash and equipment for the school. Snip out those labels and drop them off in the box at the Welcome Desk or at the CVA elementary office. Thanks so much for supporting CVA!

Broken Arrow Ranch presents: *The Case of Sherlock Holmes and the Man on the Cross*. Kids age 7-17 are invited to join us for a week (or two) of summer camp. There will be tubing, jet-skis, horseback riding, zip lines and much more; including Sherlock Holmes and Dr. What's Up who need you to help them solve their biggest case ever! Call 785-478-4726 or email: tsager@ks-ne.org for more details."

The Union College Division of Nursing announces an opening for the full-time office manager position starting immediately. Candidates should send resumes to Nicole Orian at niorian@ucollege.edu. For more information, visit the website at www.ucollege.edu/staff-openings for a detailed job description.

RELIGION ROUNDTABLE: Come hear the last Religion Roundtable discussion of the Union College school year as representatives of Buddhism, Hinduism, Islam and Christianity discuss each world religion's view on caring for the earth. It will be at 7:00pm on Monday, April 6, in the Shawnee-Porter Room in the Ortner Center. Contact: Doug Hardt dohardt@ucollege.edu

ABC SPECIALS

	Retail	Retail	Special	Special
	<u>Case</u>	Single	Case	Single
CANNED:				
Fishless Tuna	\$38.78	\$3.58	\$28.50	\$2.75
Chik'n Patty	38.78	3.58	28.50	2.75
Vege Taco Filling	44.11	4.07	32.70	3.25
Five Bean Chili	44.11	4.07	35.00	3.40
Food Service				
Big Franks	110.12	20.23	91.00	17.50
FROZEN:				
Chicken Roll	95.89	26.54	84.50	24.00
Chik Patties	32.71	4.53	27.30	3.98
Griller's Chik'n	32.71	4.53	27.30	3.98
Leanies	67.48	6.22	58.50	5.50
Smoked Turkey Roll	95.89	26.54	84.50	24.00

quantities may be limited

Sale dates: April 1-April 30, 2015

The Camp Meeting Shopper, with the June Food Specials, should arrive in your home mail box

May 1-5, 2015. Look for all the great deals!

Peggy K Glass, Manager KS-NE Adventist Book Center 4745 Prescott Ave Lincoln, NE 68506 402-488-3395 402-488-3801fax pkglass@ks-ne.org

SPRING CRIME ALERT

We are asking for your help in reducing crime. There are two acts that can help reduce larceny from autos and burglaries by 50%. Those acts are closing and locking your vehicle and home doors. Criminals are looking to make an easy score. Most don't want to give the extra effort to break windows or kick in doors because that can attract attention. Criminals use open garage and vehicle doors to enter your homes and cars and take your belongings. Thieves target your credit cards. They immediately use the card to buy thousands of dollars worth of merchandise and gift cards. The use of the credit cards creates extra headaches for the victims and hours of follow up work for the police officer investigating the crime. These thefts are not limited to night time hours, as increasingly more are committed throughout the day.

Southeast Team Officers will conduct our around the clock annual education campaign to alert residents of the perils of unlocked or open doors. If you accidentally leave your garage door open don't be surprised if you receive a knock at your door from an officer. We want to make sure you and your belongings are safe.

Please forward this email to friends and family. Working together we can help make our neighborhood safer and less attractive to criminals.

Please contact me if you have any questions or information.

Sgt John Walsh #1272 LPD SE Team Detective/ 402-441-8679

Exercising Patience: What Gardening and Parenting Have in Common

March 23, 2015 by Rebecca Wolfenden

http://www.empoweringparents.com/blog/effective-parenting/exercising-patience-what-gardening-andparenting-have-in-

common/?utm_medium=email&utm_source=newsletter03312015CXR&spMailingID=48340347&spUserID=M TAwMTg0NDcwOTc0S0&spJobID=643956992&spReportId=NjQzOTU2OTkyS0



Parental Spring has arrived on the calendar, if not in my backyard in Maine. With the longer days and slowly increasing temperatures, my thoughts often turn to for outdoor projects. I plan out my vegetable garden, uncover my flower beds, and wait for signs of growth.

Sometimes, this seems to be an interminable waiting game, requiring a lot of patience. After the long, cold, snowy winter we endured, I am impatient with the mountainous snowbanks still lingering in my yard. I am constantly looking at the trees, almost willing the first leaf buds to appear on the limbs. When a patch of snow melts away, I find myself slightly disappointed when the grass underneath is still brown and the earth still crunchy with frost heaves.

Then, almost like magic every year, drastic changes begin out of the blue. The snowbanks just disappear one day while I'm not looking. The trees suddenly look like they have a hazy halo of color around them as leaves start to burst through. Crocus and daffodil shoots start to appear from the ground. The grass becomes green, and it's time to drag out the lawnmower once again.

I speak with a lot of parents on Empowering Parents' Parental Support Line who are also impatient, waiting for change to happen with their child. They have been through a long, cold winter with their child (so to speak) and are ready to see the new growth happen. Here are some things to keep in mind if this is where you are as a parent:

Change happens on its own timeline. Just because I want the weather to be warm and my plants to grow doesn't mean it's going to happen right away. In a similar vein, your child isn't going to change simply because you want him to, and his readiness isn't something that you can control. There are things you can do to hasten that process along, though. You might start to develop a <u>culture of accountability</u> in your home and begin implementing effective consequences for your child's choices so he is uncomfortable with his current actions. It's important to remember that just because the change isn't happening in your timeframe, it doesn't mean that nothing is happening.

Look for change with a longer lens. A few years ago, I took a cutting of a weeping willow tree and started the process of rooting it in my backyard. It was my first time rooting a tree from a branch cutting, and I was so excited to see if it was working that I went out to check on it every night after dinner. Every night, it looked the same as it did the night before. I started to become discouraged and filled with doubt. Was I doing this wrong? Had I damaged the branch? Should I have taken a different cutting? Was it getting too much sun? Or not enough? Had I killed it? In the meantime, life happened and I wasn't able to check on its progress for a week. The next time I checked, I was rewarded with the sight of three tiny new leaves appearing on my branch.

The same phenomenon can occur in parenting. When we try something new with our kids, it can be disappointing when they respond in the same way—refusing to do chores or homework, becoming defiant, or giving us the silent treatment. When we look for change in a very small increment, it can be hard to see and we can quickly fall into self-doubt. Sometimes, it can be useful to take a long view so we can truly see progress. Instead of comparing how your child was acting today versus yesterday, think about how she was today compared with last week, last month, or even last year. That is more likely to give you an accurate picture of change.

Have the right tools on hand. In gardening, it's important to have the right tool for the job; otherwise you might be creating a lot of extra work for yourself, if you are even able to get the job done at all. You wouldn't want to dig a hole with a rake, and you shouldn't use a lawnmower to weed your flower garden (although my partner didn't heed that last piece of advice—that's a post for another time!). Likewise, make sure that you have the tools you need to encourage change in your family. The fact that you're here, willing to seek and receive information, is a good sign! Start to build your "parenting toolbox." If you need more support to make the changes you seek, reach out and let others know what you need. It might be finding a friend that you can call during a tough time, getting a self-care plan in place, or locating other structured supports in your community, such as a counselor or support group.

Finally, don't discount the importance of taking that first step. A plant doesn't grow without sowing the seed. In parenting, there is a tremendous amount of power in the ability to recognize that something isn't working and guiding your family toward improvement and change.

What changes are you working toward as a family? Let me know in the comments below!

Rebecca Wolfenden is a loving Momma to her son and a dedicated <u>Parental Support Line Advisor</u>. She earned her degree in Social Work from West Virginia University and has been with Legacy Publishing since 2011. Rebecca has experience working with children and families in home settings and schools, and has extensive practice working with people of all ages who have survived significant emotional and physical trauma.

Read more: http://www.empoweringparents.com/blog/effective-parenting/exercising-patience-what-gardening-and-parenting-have-in-common/#ixzz3Vy9Gwhcf