The term food security originated in international development literature in the 1960s and 1970s. At that time, there were about 700 million undernourished people around the world. By 2015, the UN estimated that approximately 795 million people were food insecure. Despite the recent decrease in the number of undernourished people around the world, still, about 795 million people (as shown in figure 1) are food insecure. From these 795 million, 780 million are from developing regions of the world. This study aimed to examine the factors that affect food security over the period 1980–2015, focusing on the food security status of rural communities and its determinants in the context of Punjab, Pakistan. The term food security originated in international development literature in the 1960s and 1970s. At that time, there were about 700 million undernourished people around the world. By 2015, the UN estimated that approximately 795 million people were food insecure. 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