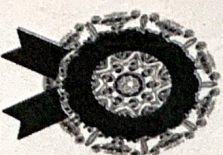


## HeartMath® Certifies that

Tina Kachnowski

has successfully met the standards established in the HeartMath Clinical Certification for Stress, Anxiety and Self-Regulation and in so doing has earned recognition as a

### HeartMath® Certified Practitioner



xdtfY PmlWD

Certificate Number

November 11, 2020

Certification Date

*Deborah Rozman*

Deborah Rozman, PhD, CEO HeartMath LLC

*Rollin McCraty*

Rollin McCraty, PhD, Director of Research, HeartMath Institute

*Tricia A. Hoffman*

Tricia A. Hoffman, Director Training and Licensing, HeartMath LLC

