



SEVENTH-DAY  
ADVENTIST  
CHURCH

*Angela Beras*

Ministerial Spouses Association Director  
Prayer Ministries Coordinator

PO Box 5029  
7 Shelter Rock Road  
Manhasset, NY 11030-9878  
Direct Line: (516) 467-5059  
Telephone: (516) 627-9350, ext. 131  
Fax: (516) 210-0573  
E-mail: aberas@gnyc.org

April 16, 2020

Dear GNYC Pastors, Teachers, Elders and Prayer Coordinators,

Greetings in the name of our Lord Jesus Christ.

We are inviting the entire conference, churches, members, pastors, elders and office staff to dedicate **April 22, 2020, for a "Fasting & Prayer Day."** Our theme is **"Healing and Restoration."** Topics of Prayer: Honoring and Praising God, Forgiving and Forgiveness, Protection for our family, Living in Unity and Cooperation, Health and Restoration, Spiritual Growth.

In the Bible, we see fasting and prayer is mentioned many times. Jesus fasted and prayed for forty days before beginning His ministry. Another outstanding example is in the Book of Esther when God delivered the Jewish people from annihilation because of fasting and prayer for three days. We have learned that there are specific blessings, special anointing for the ministry, victory over temptations, solutions to particular problems, and crises that can only be obtained through fasting and prayer.

Fasting has great physical benefits. It increases health and vitality. Fasting helps us to focus our attention on God. It helps us lay self aside as we intercede for others with humility of heart, and put away earthly distractions, to be more receptive to what God wants to do in our lives and through our prayers. Perhaps you will not choose to fast totally from food. You can fast from desserts or social media, or eat sparingly of plant-based eating for this time. (Attention: Please adjust your fasting according to your time and physical condition)

This fasting and prayer session will be for 12 hours. Just dial the number and the facilitator responsible for that particular time will assist you. Phone Number (605) 313- 4159, and the Access Code is 261044#.

"Now and onward till the close of time the people of God should be more earnest, more wide-awake, not trusting in their own wisdom, but in the wisdom of their Leader. They should set aside days for fasting and prayer" (Ellen G. White, Review and Herald, February 11, 1904).

Thank you for your consideration and support as we assist and encourage the members of the Greater New York Conference.

Your Sister,

**Angela Beras**

Ministerial Spouses Association Director  
Prayer Ministries Coordinator

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*"Making disciples by touching hearts and changing lives with the everlasting gospel."*

Below is the schedule for the 12 hours prayer session:

- 07:00 a.m. - 08:00 a.m. Facilitator: Angela (English/Spanish)
- 08:00 a.m. - 09:00 a.m. Facilitator: Pastor Lara (English/Spanish)
- 09:00 a.m. - 10:00 a.m. Facilitator: Dr. Peguero (English/Spanish)
- 10:00 a.m. - 11:00 a.m. Facilitator: Pastor Lloyd (English/Spanish)
- 11:00 a.m. - 12:00 p.m. Facilitator: Marlene (English/Spanish)
- 12:00 p.m. - 01:00 p.m. Facilitator: Pastor Biazoto (English/Korean)
- 01:00 p.m. - 02:00 p.m. Facilitator: Pastor Yeury (Spanish)
- 02:00 p.m. - 03:00 p.m. Facilitator: Dr. Charles (French)
- 03:00 p.m. - 04:00 p.m. Facilitator: Pastor Leno (English)
- 04:00 p.m. - 05:00 p.m. Facilitator: Mrs. Broomfield (English)
- 05:00 p.m. - 06:00 p.m. Facilitator: Dr. Wellington (English)
- 06:00 p.m. - 07:00 p.m. Facilitator: Pastor Manzueta (English/Spanish)

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