

Impact Report 2022



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Connect with us

Website	www.oasisbath.org
Contact email	welcome@oasisbath.org
Facebook	www.facebook.com/oasishubbath
Twitter	www.twitter.com/Oasis_Bath
Instagram	@oasisbath
Issuu.com	https://issuu.com/oasishubbath
Vimeo	https://vimeo.com/oasisbath

A huge thank you to all the staff, partners, volunteers and community members who have helped put this report together – we couldn't have done it without you!

We'd like to give particular thanks to Aileen Lyon for her data analysis skills, everyone who filled in our Impact Survey, the Oasis Hub Bath staff team, and Jo Rich (www.jorich.uk) for designing and producing this report.

Welcome

Welcome to our 2022 Impact Report!

It's a joy to be able to share with you the impact our projects have had in 2022, from those we deliver as Oasis such as our food pantries and new 'Living Room', to those we're privileged to host in our building such as mental health services delivered by Bath Mind and Focus Counselling.

2022 felt like moving from one crisis to the next as we emerged from Covid but very quickly saw the impact of the cost-of-living crisis. We've seen a huge increase in demand for all our projects, and we've worked collaboratively and effectively to upscale our delivery and welcome many more people through our doors – not just meeting need but building community, which is what we're all about. We'll continue to do that in 2023 and beyond!

In addition to this annual impact report, we produce a quarterly digital newsletter called 'Hub News'. That's a great way to keep in touch with everything we're up to. If you'd like to receive a copy of that direct to your inbox, just let us know by emailing **welcome@oasisbath.org**, or go to our Issuu page **<http://issuu.com/oasishubbath>** to view the latest version online.

You can also find us on social media, and there's loads more information about all of our projects at **www.oasisbath.org**.

Thank you for reading this, and for your support of Oasis Hub Bath!

Jo Dolby
Hub Leader



At a glance

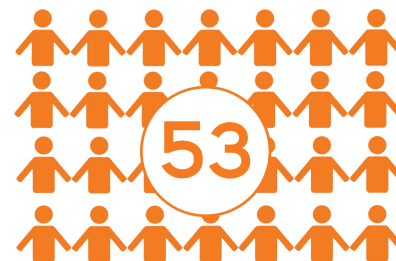
230



Pantry members



of food redistributed
through our Pantries



Volunteers

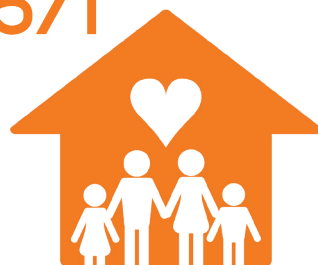


portions of food provided

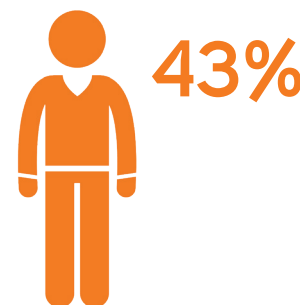


Support Group sessions

571



Pantry beneficiaries



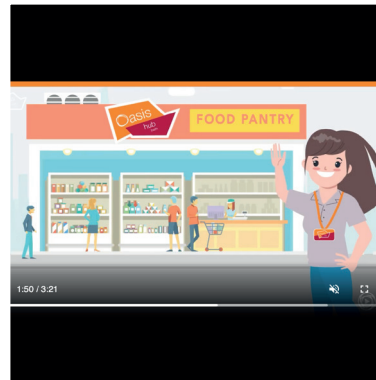
of Roundhill Pantry
members are from adult
only households



of City Centre Pantry
members have children
under 16 years of age

2022

A Year on Instagram



New Website!

www.oasisbath.org



Follow us



@oasisbath



Who we are

Oasis Hub Bath is a partnership between Hay Hill Baptist Church and Oasis Community Partnerships, and exists as an independent charity (no.1138904) and company (no. 7236345). Hay Hill Baptist Church funds and hosts the charity in their building, which has now been renamed as Oasis Church Bath. Oasis Hub Bath was launched in 2018.

Vision

Our vision is for community – a place where everyone is included, makes a contribution and reaches their God-given potential.

Mission

The Oasis Community Hub model brings together and integrates all our work in a local community to ensure that people's needs are addressed holistically. In a local community we deliver services and partner with others to provide integrated care and support to all, across our core themes of community development, education, housing, advice and support, personal and spiritual development, health and wellbeing and social action & campaigning.

However, we are not primarily a service provider. We seek to be part of the community and to put relationship and connection at the heart of all that we do. We therefore work with and alongside local people to bring about change.

Values

Our five ethos values are:

- A passion to include everyone
- A desire to treat everyone equally, respecting differences
- A commitment to healthy and open relationships
- A deep sense of hope that things can change and be transformed
- A sense of perseverance to keep going for the long haul



What we do

Our Delivery Model

The way the projects and services of Oasis Hub Bath are delivered can be explained by the tiered model here.

Direct Delivery

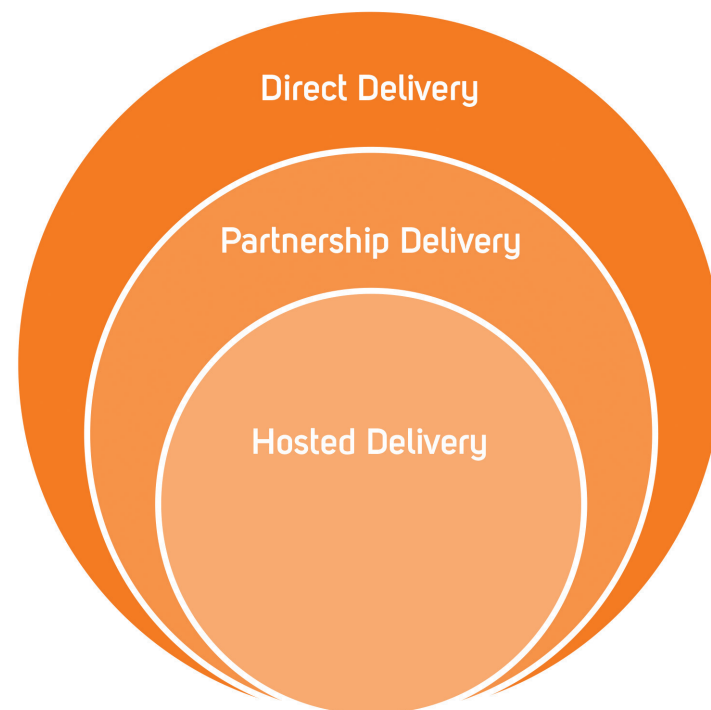
This encompasses anything that Oasis Hub Bath deliver directly and independently, even if other organisations are involved.

Partnership Delivery

This includes projects and services we co-deliver with one or more partner agency or organisation.

Hosted Delivery

These are projects and services that are delivered by other agencies or organisations, but which use our facilities as a base.



Our Staff

Hub Leader

Jo Dolby

Community Worker

Claire Henwood

Assistant Church Leader

Ian Spence

Caretaker

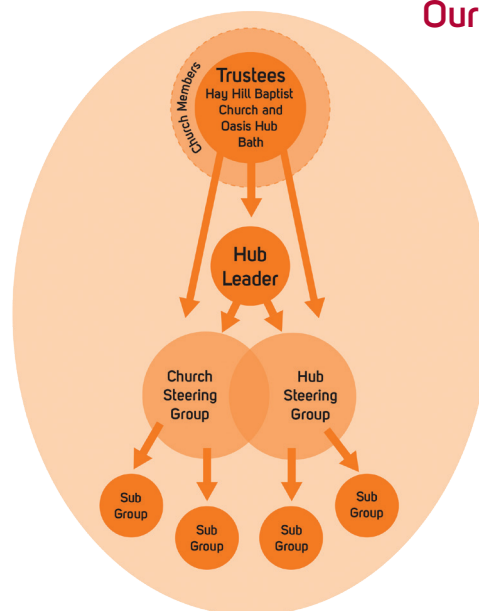
Mark van de Woestyne

Hub Team Administrator

Elayne Morgan

Hub Team Admin Assistant

Claire Shelswell



Our Governance Structure

Trustees

Stephen Natt (chair), Dave Vernalls (treasurer), Rob Trickey (secretary), Ben Senneck, Jo Rich, Lyndon Hughes

Church Steering Group

Claire Shelswell, Stephen Henwood, Jo Dolby, Lea Lawton, Rob Trickey, Ian Spence

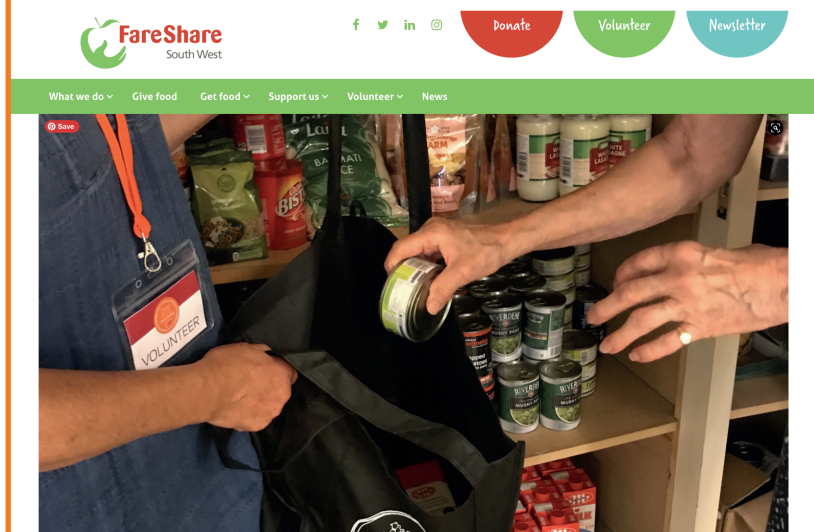
Hub Steering Group

Lea Lawton, Sara Reynolds, Jo Rich, Beth Hamilton, Jo Dolby, Pete Hamilton

Oasis: Pantries

Words by Claire Henwood

Read the full article on the FareShare website
<https://faresharesouthwest.org.uk>



“Beyond just the practical need, food helps us create a community”

NOVEMBER 30, 2022

“Because people come to the pantry every week you can build a relationship with them. Coming to the Pantry is often just the beginning of the support we offer” says Jo Dolby of Oasis Hub Bath.

Comment from an article in The Guardian
about the Cost of Living crisis:



28 Nov 2022 18:21

I feel the need to salute the Oasis Pantry in Bath. Not quite a food bank. It is a very cheap option (£3 for a single person, £5 for a family) that allows you to fill a couple of carrier bags with donated food and tons of veg.

It's become a haven for not just those that struggle, but those that are alone. I've seen more than a few people break down there, the unlimited free tea/coffee and chocolate biscuits often seem to be a trigger. Many now use it as a social club, it's a safe and understanding space. The intentions are good and soon it will also be providing a warm space too.

Both of our Pantries offer low-cost food each week, with additional wrap around support services offered by other local organisations. In the words of one of our volunteers “we’re just a bunch of lovely people providing a service to other lovely people”.

Our **City Centre Pantry** is run solely by Oasis Hub whilst our **Roundhill Pantry** is run in partnership with Bath YFC, Southdown and Whiteway Church and Community Partnership and St Barnabas Church.

This year has seen a change in the approach to Covid management, which has allowed us to change what we can offer. We now have other local organisations in our sessions to offer advice and support directly, covering different areas of specialty, including employment advice, finances, wellbeing and energy efficiency. Some visit each month, while others are one-off visits or are more sporadic.

We’re also able to offer tea, coffee and snacks at our sessions now, which has been extremely popular. It’s been great to both have the opportunity to sit down with people and have more in-depth conversations, and to see members chatting with each other.

We couldn’t exist without our volunteers – the team is wonderful, and such an utter joy to work with. We are so fortunate to have such a committed and, frankly, brilliant team!

2022 has brought a number of challenges. Sourcing food is more complex than in previous years. Combined with an increase in demand due to the current cost of living challenges, that is taking more time and

focus than previously. Demand has rapidly increased and by the end of 2022 we were at capacity for membership. Space has been challenging this year at both of our pantries, and we invested time and money over the summer in making improvements to both storage and shopping spaces. This has allowed for a much-improved shopping experience for members, and a much-improved experience for volunteers.

The focus for the coming year is on continuing what we're doing, with incremental improvements rather than any radical change. Growth will come through deepening relationships rather than through numerical growth, and what that specifically looks like will develop depending on opportunities through the year. You can read about one of our new projects - "Oasis Kitchen" - on page 29.

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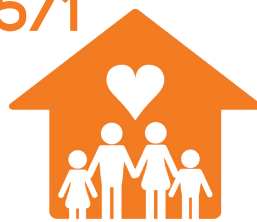
Members attending the
Pantries each week

230



Total number of
members

571



Total number of
beneficiaries



Community Awards are given to recognise people who have made a positive contribution to their communities in Bath and North East Somerset.

This year, David Musgrave, one of our Pantry volunteers, won joint "Volunteer of the Year" and Claire Henwood, our Community Worker, was given Highly Commended in the "Community Leader of the Year" category.



Read more here: <https://www.bathnes.gov.uk/services/neighbourhoods-and-community-safety/awards/community-awards-202223>

Pantry Experiences

“

I came to get help and support – to get cheaper food and have better finances. It's very easy to get to from where I'm living, all the people are kind and helpful, and supportive. It helps me to be around good people, it makes me feel better in myself. I feel more confident about the future – they've pushed me in the right direction to find services who can help me, and that's helped me to try and overcome struggles.

I come because it's extremely good value, it helps me budget for weekly expenses. It's a nice walk for me and the dog, who gets lots of attention outside, and it's very sociable.

Stephen* has been coming to Oasis Pantry since January 22 after a friend dropped a leaflet through his letter box.

My friend advised me to come, she is Ukrainian too, it's important for me to save money because you have to plan your budget. You have very good offers and fine products here. The people are very kind, and that's the biggest benefit, because I can get not only food but I can get a good attitude from people, which makes my day.

I came to Oasis Pantry because my sister was coming and she told me about it. I live locally, and it really helps me - financially. The cost of food is just too high - if I save money on food then I can spend that on other essentials, like heating, which have gone up so much. I couldn't manage without it now.

Lesley* has been coming to Oasis Pantry for 7 months.

*Names have been changed to protect identities.

”

Living Room

Living Room opened in December 2022 as a response to the cost of living crisis, particularly the significant increase in the cost of energy bills. It's designed as a space people can come and relax, choosing how they use the time and space.

This warm space is open each Monday evening. There are friendly volunteers on hand to chat if that is what is wanted. We have Wifi & charging points as well as many games, books and kids activities. There's also a hot meal each week, generously provided by COOK, and plenty of hot drinks.

We're really pleased that people have come along each week, and we're proud of the way we've been able to use their feedback to make changes and improvements to how we run, and how we communicate with people about how to use the space.

Running the Living Room has enabled us to build stronger relationships with some of our pantry members who come, and

it's also provided new volunteering opportunities to those in the local community.

The biggest challenge has been responding to the need for such spaces in a very short timeframe, and, having not delivered a project like this before, we've had to learn and adapt quickly around what does and doesn't work!

This is a time limited project, and we plan to run to the end of March 2023 at the latest. It may be that we open again next winter, depending on whether or not there's a need, and if we can find funding to enable us to run.

We're lucky to have been supported financially by Quartet Community Foundation, who have funded our Living Room through their Surviving Winter fund. COOK, the luxury frozen meal company, are providing 12 weeks' worth of delicious meals, feeding our attendees and volunteers.

A huge thank you to both Quartet and COOK!



“

Thank you, the food was lovely & atmosphere very warm and inviting

Thank you for the warmth, the food and the kindness

Fab food and company. Nicely warm. Relaxing and chilled.”

Ukrainian Welcome Event

In October 2022, we held an event for our Ukrainian pantry members to meet one another, access support from other organisations and receive a selection of Ukrainian and Polish foods (funded by BANES Council's Ukraine Support Fund).

33 people attended, with 5 other local organisations coming along to promote their important services. Those who came were so grateful for the session - some had only been in the country for 2 or 3 weeks, and some came having not been able to work out where to go for help.

A huge thank you to the organisations who supported the event (Bath Welcomes Refugees, The Nest Project, Future Bright, Bath College and 1st Impressions) and our brilliant volunteers, who did an amazing job of managing the volume of people, putting people at ease and ensuring the session ran really smoothly!



“

Thank you so much for having this, it's so good to meet with other Ukrainians and with people who want to help us.

I've only been in the country for three weeks, it's so nice to be with people talking the same language. I came on my own, and now I've met lots of new people.

It's been most helpful for my son and I. I am looking for work, and my son for courses, and we've both been able to talk to people here about that.

”

Pantry: Landrace

In 2022 we continued our successful partnership with **Landrace Bakery**, who are based on Walcot Street in Bath.

In the first half of the year we continued inviting people to purchase a loaf either in store or through the Landrace website, which was then baked each week by the Landrace team and given to our city centre pantry.

After discussing how to increase the amount of donated bread and be more efficient in our systems, Landrace had the great idea to invite voluntary contributions from customers using their restaurant, Landrace Upstairs.

The bread Landrace bake for us is free from chemicals and preservatives and made with traditionally stoneground and Somerset grown wheat flour, water and salt. They remain hugely popular with our pantry members and we are so grateful to Landrace for baking them for us.

In 2022, 372 loaves were baked and donated to our pantry, with £997 paid forward by Landrace customers. In December two trays of cinnamon buns gave our members an extra Christmas treat!



We've loved baking for you this year, supporting such a good organisation full of super welcoming volunteers and staff.

A real joy when we send bread up on Thursdays.

Dafydd Murdoch-Jones, Shop Manager, Landrace Bakery

Addiction Support Groups



6

Support groups hosted
in our building



People who have
accessed one of our regular
support groups

We are proud to be home to various **12-step fellowship** groups that help hundreds of local alcoholics and addicts stay sober, as well as helping others achieve sobriety.

The groups meet on a variety of days of the week at Oasis, some during the day and most in the evening. All are organised and run by volunteers who are completely independent of Oasis, but we offer an affordable and flexible rental rate which helps the groups to keep going.

Something to celebrate this year is the increased sense of community and collaborative working across our projects. We're glad that many people attending support groups have also found out about our food pantry, or the counselling available from Focus Counselling, all due to being at Oasis and seeing what else is going on.

This year we've been able to improve our community hall by providing extra equipment and a refurbished kitchen. This has had a direct impact on all the support groups, making the space more welcoming and user friendly.

We have further developments and improvements planned in 2023, and we're keen that community-led support groups feature strongly in our community work offer going forwards.



A photograph showing the lower halves of several people sitting on a light-colored wooden floor. They are wearing various casual clothing like jeans, trousers, and sneakers. The background is a plain, light-colored wall.

Kev's Story

I starting drinking around the age of 14, then soon moved on to drugs. While I did ok at school and managed to work, I was in trouble with the police a lot in my late teens and at various other times. At the age of 38 I ended up in a 12-step rehab facility with a long-term heroin addiction. That was the turning point in my life.

The rehab got me off the drugs and helped me change my life. I learned how to talk about things that affect my life and saw it was possible to stay clean.

Through attending Narcotics Anonymous meetings and the 12-step programme, I've been clean for nine and a half years now! I never thought I would ever be clean.

I have a good life now and NA is amazing - addicts helping addicts trying to get clean and stay clean.

Oasis has helped by giving our group a discounted rate for the room which we use. The room is a safe, clean space for us to meet and the meeting has been running for a very long time so it has helped a lot of people.

Breathing Space: Bath Mind

Words by Heleni Covary.

The Breathing Space Service consists of both a face-to-face and telephone service, offering calm, non-clinical support for individuals experiencing or at risk of a mental health crisis.

Breathing Space runs every night of the year at Oasis Church Bath from 6pm to midnight. Breathing Space aims to reduce emotional and psychological distress and offer an alternative to attending Accident & Emergency (A&E) or the Intensive / Crisis Team when people are experiencing or are at risk of escalating to a mental health crisis.

We are staffed by skill-mixed trained mental health professionals who all have the capacity to work with people in emotional / mental health distress. It acts as a safe haven, with social care and peer support available, within a safe, comfortable and sociable environment, which encourages informal buddying and peer support, and with an emphasis on social prescribing or signposting. The aim is that through early intervention in people's pre-crisis conditions and emotional distress, people will be better empowered to regain control and minimise the impact of a crisis on their own functioning, quality of life and impact on their families and friends.

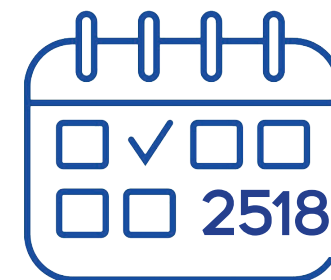
The service has been running for almost 2 years and we are at capacity almost every night.

We are proud to share that over the past year we have supported 473 individuals and of the 2518 visits we have helped to prevent 1451 suicide attempts.

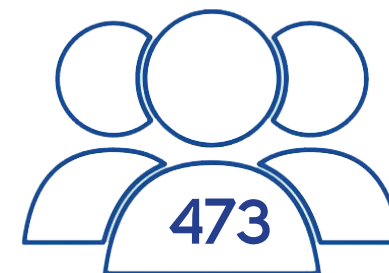
At the start of 2022, we focused on ensuring continued service provision during lockdown restrictions. Our main challenge, however, over the past year has been to ensure that we are able to offer as many people as possible a space. We have divided the evening into timeslots so more people can attend.

We are also very aware of the increased cost of living challenges and are looking at finding ways to support people.

Our experience of using the premises is extremely positive and our hope is to continue building on our relationship with Oasis over the next year.



Number of visits



Number of individuals supported



Number of suicides prevented

We are also hoping to be able to look at finding ways for rural residents in BANES to access the service and to find support for them to travel into Bath centre.

It is also very important to us that we are reaching everyone in the community that could benefit from using Breathing Space and are looking at ways of ensuring this.

Our joint partnership with Oasis promotes an environment of learning from joint working, and we have been able to share best practice and challenges, resources, knowledge and experiences.

The collaboration between Bath Mind and Oasis is a rewarding partnership where we can mutually benefit and explore future joint projects.

I don't think the staff always realise and fully understand how much the service means to me. Each time I attend, the visit prevents me from self-harming, and you have literally saved my life on many occasions.

I feel much better after visiting BS at Oasis this evening, you really helped me, I was worried I was going to be judged but I wasn't, and I really appreciate what you have done for me, I feel grounded now and my head feels clearer with a way to face another day.

Thank you for the really helpful talk this evening. I felt very depressed and suicidal before attending. I now have a safety plan and know how to be safe this evening. I'm also leaving with some useful techniques to manage my panic attacks. I hope you know that it's not only me that benefits from attending. My partner and child are also better off.

I appreciate the support you have given me this evening. I arrived extremely anxious and on the verge of a panic attack and wanting to self-harm, but now feel so much calmer and able to keep safe for the rest of the night.

Focus Counselling

Focus Counselling offers affordable counselling to people in Bath and Frome and the surrounding area.

Over the last year, I would like to celebrate mostly our support groups that have started in response to evidenced-based need in the local community. We have always run an eating disorders support group for adults and this year we have launched two free support groups for adult women who have experienced sexual violence. We offer an evening and daytime group to capture as many participants as possible. We are so thankful to Quartet who have so generously financially supported us with this project and we hope to continue supporting women in the years ahead. We are also most grateful to Oasis for accommodating us here at the Hub, without which these groups would not be possible. This is what I most want to celebrate.

Jane presented with relationship issues and anxiety. Through the course of therapy, it was made clear that Jane had been a victim of trauma and abuse from her childhood. At the beginning of therapy, Jane felt isolated, with low self-worth and confidence. Jane reported it was difficult for her to make new friends and relate to her loved ones due to her past experiences and she wanted to explore what had happened to her.

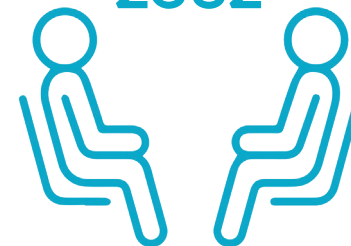
Through therapy, we were able to demonstrate compassion, unconditional positive regard and safety to support Jane through her distress and help her to re-build her life. At the end of therapy, Jane expressed an increased sense of confidence, and trust in others. Jane reported that she felt a huge part of her life had been restored and the "deep wound" had begun to heal. Jane showed a greater level of resilience and ability to cope and an improved relationship with her loved ones. There was also a noticeable reduction in isolation due to the hope, trust and safety demonstrated in therapy.

Challenges this year have been the aftermath of Covid, lockdowns and restrictions and now the rising cost of living which is affecting us all. Depleted funds and stretched pockets have had an impact on our service. Schools have pulled back on funding and our clients are ever more in need of affordable counselling.

We have sought to overcome these challenges by increasing our fundraising using local events to raise money and awareness of who we are and what we do.

Words by Helen Marton.

2902



Total number of individual sessions delivered in Bath



458

Total number of people who have used our service

509



Total number of sessions delivered by trainee counsellors

What this means to our clients is that subsidising counselling sessions can continue, without a pause.

The biggest challenges our beneficiaries have faced this year have been the aftermath of Covid, lockdowns and restrictions, job losses, relationship breakdowns and disconnections with colleagues and the rise in the cost of living; all having an impact on life choices such as whether to access counselling or not. Many of our clients have reported that they are having to make difficult choices between filling up their car, buying food, heating their houses or reaching out for counselling. The cost-of-living crisis will cause more mental health difficulties which pervades all areas of people's lives.

While 2022 is behind us, the impact of Covid and the continued threat of the cost of living is not. National data demonstrates that levels of anxiety and depression are higher than ever in adults and young people. Our mental health has never been more challenged. At the local level, we know that the NHS is stretched and under pressure, particularly children's services and that stress and burnout in the workplace is rising rapidly across all sectors.

Although this may seem bleak, we also know that hardship can also bring out the best in people. Communities are connecting and supporting each other, and Focus has a major role to play in this. We hope to increase our services to children and young people, provide additional free support through groups, work with employers and churches to help them support the resilience and well-being of their staff and congregations, strengthen our partnerships to increase our impact, continue our journey using online services.

Oasis has been invaluable in helping us to deliver our services in the city. The space is diverse and safe and has enabled us to expand our service to incorporate more groups and one-to-one counselling. Without the space we would not be able to serve our clients in the practical and safe way that it does.

**Names have been changed to protect identity of the clients.*



Focus
Bath

I felt empathetically understood and felt I could be open. Counselling helped me get to grips with some of the difficult feelings I have and helped me work out my problems.

My counsellor provided a safe environment where I could totally be myself and be honest. She helped me to understand how my childhood experiences play out in my adult life and empowered me to make changes helping me to develop skills to recognise and deal with unhelpful patterns of behaviour. My counsellor is a very caring person and I always felt she wanted the best for me and provided a supportive environment where change was possible. I am very grateful for the time we shared.

My counsellor has been a phenomenal counsellor and has helped me so much during a tough time. I'm very grateful!

Establish

Words by Kat Lazenby

Establish provides free one to one coaching and mentoring for young people aged 16-25 who are experiencing disadvantage.

Establish is a new charity set up in 2021, our aim this year was to carry out a pilot project with a small number of young people to test the viability of providing one to one coaching and mentoring for young people experiencing homelessness. After a slow start I'm pleased to say that we have completed our pilot project with some really positive results. I would like to celebrate the difference our services have made in the lives of the young people involved:

As a new charity we found it hard to spread the word about what we were doing and receive referrals for our pilot project. Over time though we have slowly built trust and with the help of Oasis Pantry (and other organisations such as the Prince's Trust) we have been able to tell young people directly about what we do and how they can get involved.

A recent report from the Prince's Trust, measuring how happy and confident young people aged 16-25 in our communities feel, found that many young people are struggling to navigate the path into adulthood:

- More than a quarter of young people (28 per cent) feel like they are going to fail in life.
- More young people are feeling down or depressed than at any other time in the history of the Prince's Trust recording.
- Over a third of young people (37 per cent) feel powerless to change their own future.



I feel I've made a huge amount of personal progress since my initial meeting. Whereas before I struggled with self-motivation and setting achievable goals, I'm now able to break down what I'm trying to achieve into smaller goals and identify the best way to work towards them. Since I started working with Establish, I have set myself a routine that I stick to, I've successfully networked and made progress towards my chosen future career, and I feel able to motivate myself to go on and achieve more in the future.

Pilot Project Beneficiary



ESTABLISH

Those experiencing youth homelessness are even less resilient to the economic and social impacts of recent times as many:

- Experience barriers to work due to a lack of qualifications.
- Have poor physical and mental health.
- Experience debt.

Without adequate support, these vulnerabilities increase the risk of young people becoming trapped in the cycle of homelessness with a high risk of becoming a homeless adult.

Establish coaching aims to support young people to break this cycle by empowering them to see their future in a positive way, create and work towards goals that are meaningful to them, see improvement in their lives, and therefore develop resource and resilience for their future.

We would really like to publish the results of our pilot project this year and take it forward into a fully fledged service offering free coaching and mentoring for every young person experiencing homelessness in Bath and North East Somerset.

It's been so beneficial partnering with Oasis, having the opportunity to connect with the pantry in particular to let people know about our services has been great.

Oasis has been very supportive of our organisation and that means a lot when you're just starting out, thank you Oasis!



“Before Establish I found it easy to become overwhelmed and feel lost, now I have a support system in place that keeps me focused and helps me manage my time and energy.”

Young Person, aged 25

Our Beneficiaries

Who benefits from our projects and services?

We sent a survey out to all our project beneficiaries, and asked them to tell us a bit about themselves, and their views on the Oasis project(s) they have accessed.

Just over **three quarters of the respondents** were women with **half being between the ages of 51 and 65**. The majority of respondents - **65% - identified themselves as White British with the rest a mix of Asian, Black British, East European and Indian**.

Most respondents are members of the Pantries, with half using the City Centre Pantry last year. Roundhill Pantry alone was used by 22% of respondents. A very small percentage use another project or group provided by Oasis Hub.

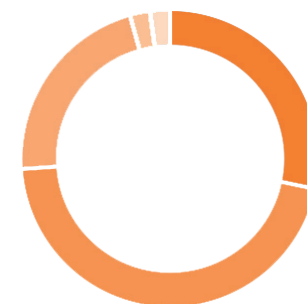
More than half of the respondents live with no other adults, although there is a growing percentage of households of more than 2 adults. About 30% live with a child or young person under 18.



More than 90% feel safe when attending a project.

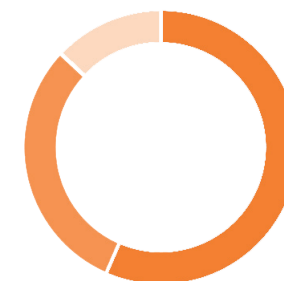
Over **80% of respondents agree or strongly agree that they have been able to access support they couldn't find elsewhere**. Seven people neither agree nor disagree and one person disagrees.

The project / group has improved my mental health



- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

The project / group has helped me meet a practical need



- Strongly agree
- Agree
- Neither agree nor disagree

From our Impact Survey

“

This has helped so much. Before I knew about this project I was going days without eating just so the children could eat. Thanks to Oasis I'm not having to worry so much.

I recently came home from a long stay in hospital with encephalitis. Coming to Oasis helped me feed myself and my family and also has helped me socially as I felt isolated having been at home recovering with little contact with other adults.

It's made a massive difference in feeding us all which reduces stress but it's also very thoughtfully done and feels like it brings us all some joy every week

The staff are all so lovely.. From the beginning I felt welcomed & never embarrassed to get this help. It's meant that for the first time in years I feel less stressed about money. Which is good because I worry about how to cope especially in the winter with the cold weather.

Oasis Pantry has been a life saver food wise with two growing boys and being an unemployed single parent. I look forward to attending to see people and have a chat too. Makes me feel normal.

I'm much less concerned about where the next meal is coming from - which means I can afford to have the heating on more often!

”

Church: LGBT+ Inclusion

One of the things we're most proud of as a church and community hub, is our affirmation and celebration of the LGBT+ community. We know that the church and faith communities in general are often places where LGBT+ feel excluded, and we're determined to change that!

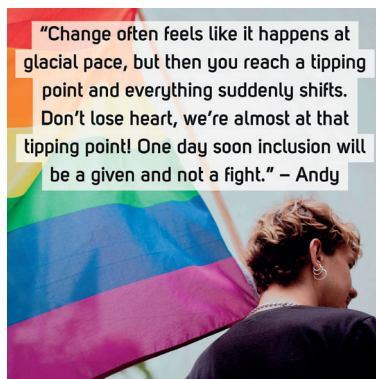
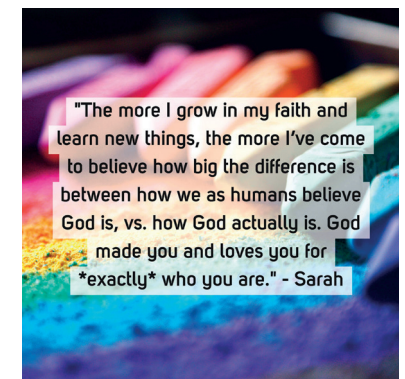
In 2022, we've continued this work in several ways...

Visits and Talk

Our Hub Leader Jo enjoyed visiting students at Oldfield School as part of their Pride week. Jo shared her own story and talked about the work of Oasis in promoting inclusion in faith communities.

Jo also gave a guest lecture on LGBT+ inclusion at Mullers in Bristol as part of their 'Scripture, Theology and Culture' Course.

We look forward to working with BANES Youth Forum and Off the Record in 2023 as we deliver a workshop at their Youth Pride event.



Pride Social Media Series

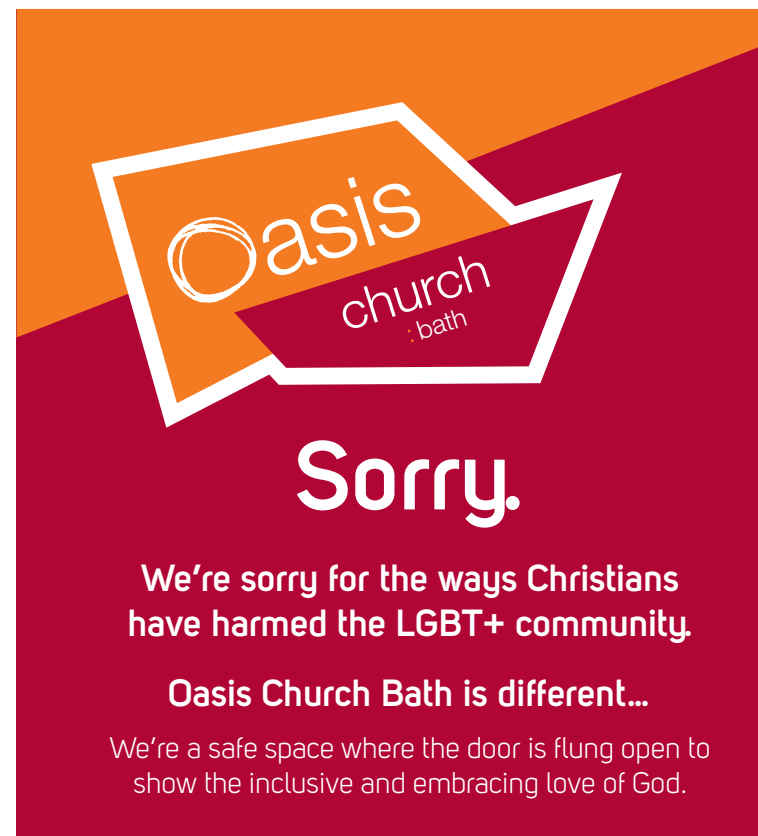
In June as part of Pride month, we shared quotes from some of our church members who identify as LGBT+ and who wanted to offer messages of hope to those who might not feel the church is a place of welcome to them. You can read them on page 24.

LGBT+ Carol Service

We were delighted to be able to repeat our LGBT+ carol service in partnership with our friends at St Stephen's Church and Christ Church.

We celebrated Christmas together in a safe and affirming space, and our theme was 'Homecoming'.

We also raised nearly £300 for Off the Record's amazing work with LGBT+ young people.

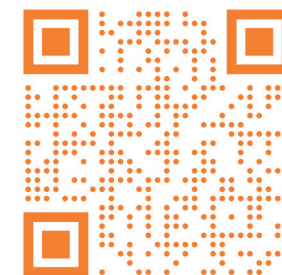
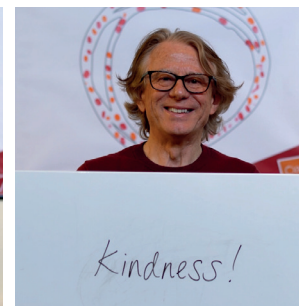
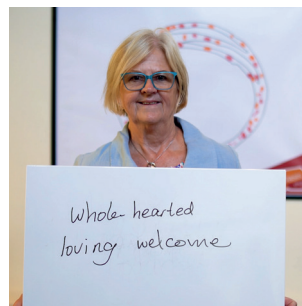
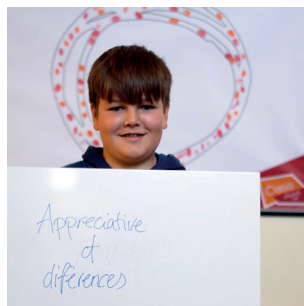


New Website and Films

In 2022 we received a grant from Quartet Community Foundation's Resilience Fund, which helped us to create a completely new website and related promotional materials such as professional photos and promotional films.

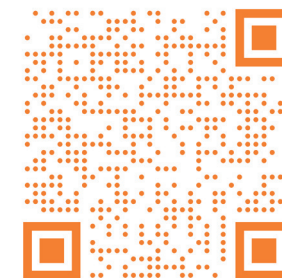
During Covid, our online presence became so much more important and needed, and we had already experienced a huge amount of difficulty resulting from our old website such as hacks and a site structure that just didn't work for us. Those wanting to access information about our projects couldn't find what they needed, and our staff wasted hours trying their best to fix broken and dysfunctional parts of the old website.

The grant enabled us to commission a web designer to build us a completely bespoke website, which is easy to use, completely secure, and easy to edit and update. We are absolutely thrilled with the results, and we are so grateful to Quartet for enabling this to happen. We are also delighted with our three new films, showcasing the work of our pantry, enabling community members to express what Oasis means to them, and an overall promo film that gives a brilliant summary of who we are and what's important to us.



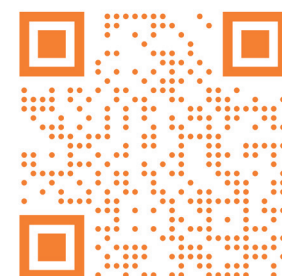
Oasis Is Film

<https://vimeo.com/oasisbath/oasisis>



Pantry Film

<https://vimeo.com/oasisbath/oasispantrypromo>



Oasis Hub Bath Promo Film

<https://vimeo.com/oasisbath/promofilm>

Funding

A huge thank you to all who have supported **Oasis Hub Bath** in 2022.
Without you, we literally couldn't do half the things we have been able to.



A massive **thank you** to Nick Blythe who ran the Bath Half Marathon for us in 2022 and raised an incredible £775 for our Roundhill Pantry!

If you'd like to run the Bath Half for us in 2023, get in touch!

Thank you to SouthGate Bath for choosing us as one of their four charities on their Giving Box.

We're thrilled to receive all the monies donated by shoppers.



See pages 30 and 31 for more information on how to donate.



nationalgrid



Bath & North East Somerset Council

**THANK
YOU!**

New for 2023

Community Matters

Community Matters, the Chelsea Road based not-for-profit shop, has selected Oasis Hub Bath as their chosen charity for 2023!

Community Matters opened in May 2021 and donates all its profits to a chosen local charity, which changes each year. Last year's beneficiaries were local charity Boys in Mind, which received around £60,000 from the proceeds of shop sales.

One great way to support us this year would be to shop or donate at Community Matters, knowing that all profits raised from sales goes directly to us, supporting the community work we deliver and host.



Oasis Hub Bath was selected from a draw comprising six shortlisted charities – all of whom are working hard at what they do.

We are looking forward to working with them in the coming months and we know how much this means to them in supporting their wide range of projects.

Michelle Braithwaite, Manager at Community Matters.

Oasis: Kitchen

We're very excited to be launching a brand-new project in 2023, called Oasis Kitchen!

Funded by Feeding Britain, this pilot project will bring together community members from our city centre pantry, providing them with the opportunity to meet weekly together over eight weeks. They will learn new cooking skills, test out recipes and share a meal together each week that they have prepared and cooked. The aims of the project are to increase confidence and skills when it comes to cooking, and to build stronger relationships with others to reduce social isolation.

This brand-new project will be delivered by Anja and Lydia from **Food for Thought**, one of the amazing projects from **Bath Mind**, who we already partner with. They have a great programme planned, and we hope to find more funding in the future to deliver the project several times each year.



Join in

Oasis Hub Bath projects are only possible because of the support of individuals and organisations who partner with us in various ways.

From volunteering at one of our hub projects, to giving regularly through a standing order, there are loads of ways you can help us do what we do.

The invitation is open to everyone to join in!

Join in by giving financially

To enable our projects to run, ongoing financial support is essential. Giving regularly to us means you are helping us provide practically for people in need such as food for our pantry, as well as funding staff roles such as our hub leader to enable projects to be developed and managed.

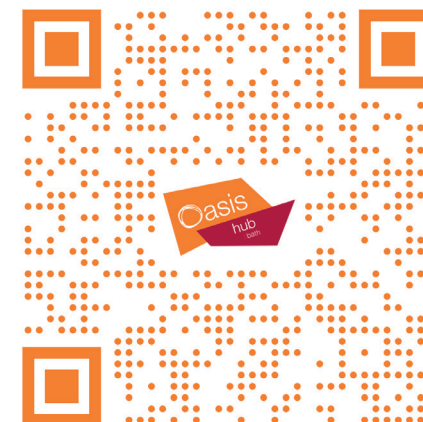
You can support the work of Oasis Hub Bath in the following ways;

1) You can fill in a standing order form to give a regular amount of your choice from your bank account each month. This is the best way to help us as it means we can plan ahead, and claim gift aid on donations given.

To download a form visit www.oasisbath.org/donate.

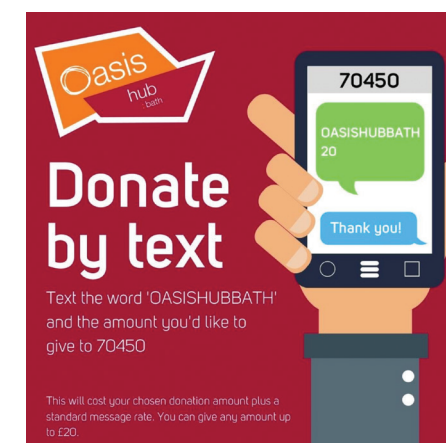
2) You can give a one-off donation or sign up to give regularly online by visiting www.justgiving.com/oasishubbath.

Use the QR code here to link straight to the Just Giving page.



3) You can give a one-off donation of up to £20 by texting 'OASISHUBBATH' and the amount you'd like to give to 70450.

For example to give £20 you would text 'OASISHUBBATH 20' to 70450.



Join in by fundraising

If you are looking for a challenge then fundraising for us is a good way to support us, raise awareness of the work we do and motivate yourself. You might want to involve friends or colleagues in doing so too.

Contact us for ideas and information, this could include running the Bath Half, nominating us with your employer as 'charity of the year', or setting up a business partnership.

Email welcome@oasisbath.org to find out more.



Join in by volunteering

Our projects rely on volunteers and we always have roles available for those who want to give some of their time.

You could volunteer at our weekly food pantry, help out at our Living Room, or use your own specialist skills such as design, data analysis or fundraising.

Join In

Join in by telling others about us

Alongside supporting practically or financially we want others to know about the work that we do. Through communicating the work of Oasis Hub Bath to others you can help ensure that those who may benefit from accessing our projects or organisations who work with individuals who need support know about us. It also helps us to develop partnerships and identify those who can support us in the ways outlined above.

There are a number of ways that you can help let others know about us. You could follow us on our social media pages and share what we do.




Alongside this we produce a quarterly newsletter called Hub News which gives an update of what we have been doing. You can find this on our website: <https://oasisbath.org/projects/hub-news/>

Why not have a read and share with others?



Find out more about us at
www.oasisbath.org



 @oasishubbath
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 @Oasis_Bath

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