Following on from what I said on Sunday, please find details below of the different areas where you could help:

1. Prayer Team

- Foundation of all that we do
- Meet online using Google Meet on 3rd Sunday each month 7.30-8.30pm
- Next meeting 17th October see notice sheet for details of how to join

2. Visits Team

- Accompany me on visits for safeguarding, to pray as we talk, to help filter through paperwork (finding most recent of many duplicates) and to chat with clients generally
- Usually between 1.5-2.5 hours
- Usually on Mon, Tue or Wed daytime

3. Journey Team

- Longer term support
- Little acts of kindness text/cake/meal
- Meet up for coffee just to listen (often easier to discuss financial issues with stranger than family/friend)
- Helpful if can attend 3rd visit, but not essential
- Invite along to groups/events as relevant
- Attend client events so they have a friendly face

4. Blessings Team

- involved with organising any events we run eg picnic we had, Fish and Chips evening coming up in December
- Help organise practical help eg hampers, gardening

Morgan