

## Heidelberg Catechism

1Q. What is your only comfort in life and in death?

A. That I am not my own,  
But belong-  
body and soul,  
in life and in death-  
to my faithful Savior Jesus Christ.



**HELEN FIIHR**

August 14, 1928  
July 23, 2023



Helen Fiihr was born August 14, 1928, near George, Iowa, to Dick Betten and Helen Harms (Garrels) Geerdes. As a young child, she was baptized at the Ebenezer Presbyterian Church. She attended the Wheeler #2 country school for eight years and then attended George High School and graduated in 1946. After graduation she attended a summer school session of the Iowa State Teachers College held at Spencer, Iowa. Her teaching career began that fall in a rural school. Fourteen years were spent teaching in rural schools. Helen received her B.A. degree from Westmar College in LeMars, Iowa, in 1996 after attending numerous summer and night school sessions. Twenty-eight years were spent teaching at the George Elementary School.

On December 29, 1951, she married Wilbur H. Fiihr who died in November of 1970. Helen was confirmed at Immanuel Lutheran Church after marriage. While attending Immanuel Lutheran Church, Helen taught Sunday School and served a term on the Parish Education and Archive boards.

She served on the Lyon County Historical Society for thirty years in different capacities: a board member for twelve years, secretary, co-curator, and finally as curator. Helen also spent forty-two years working with the George Bicentennial Museum and serving as cleaning lady, secretary, and finally as chairman of the board. She served on the Lyon Sesquicentennial of Iowa Committee, where she was the secretary and helped organize activities. From 1993-1995, as one of the museum board members, Helen helped to correct misinformation, gather additional information, and write a book of the Evergreen Lawn Cemetery records. Another joy of Helen's was working for Suma's Flowers for a few years where she enjoyed the opportunity to cut gladiolas. Helen died on Sunday, July 23, 2023 at the Good Samaritan Society in George at the age of 94.

Helen is survived by nieces and nephews; great nieces and nephews; great-great nieces and nephews; and great-great-great nieces and nephews.

She was preceded in death by her parents; husband; brother, Theodore Geerdes; two sisters, Ida Shaffer and Alice Heikes; her husband's siblings and spouses; infant niece; two nieces; nephew; and a great-great niece.

## *In Loving Memory Of Helen Fiihr*

August 14, 1928 ✝ July 23, 2023



### **MEMORIAL SERVICE**

6:30 p.m. Friday, August 11, 2023  
Immanuel Lutheran Church  
George, Iowa

### **OFFICIATING**

Rev. Ernest L. Gardner III

### **ORGANIST**

Glenda Heidloff

### **PIANIST**

Darlene Woelber

### **CONGREGATIONAL HYMNS**

*"It Is No Secret"*

*"Just As I Am"*

### **PRIVATE FAMILY INURNMENT**

Evergreen Lawn Cemetery  
George, Iowa

*Please join Helen's family for refreshments and fellowship following the memorial service.*