



IN-WISEWOMAN

Well-Integrated Screening and Evaluation for Women Across the Nation

In 1993, Congress authorized the Centers for Disease Control and Prevention (CDC) to establish the WISEWOMAN Program to extend services provided to women as part of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP). WISEWOMAN provides NBCCEDP participants with access to additional preventive health services, including screenings for cardiovascular disease risk factors, referrals for medical evaluation, and lifestyle programs.

Eligibility requirements for WISEWOMAN program participation:

1. Already enrolled and remain eligible to participate in the BCCEDP.
2. In priority age range of 40-64 years; female.
3. Low income (200% or less of the federal poverty guidelines).
4. Underinsured or uninsured.
5. Unable to pay the premium to enroll in Medicare, Part B (if eligible for Medicare).

**NO COST
TO YOU!**

Services Provided:

1. Heart disease and stroke risk factor screening, which include assessment of blood pressure, cholesterol, glucose, BMI (body mass index), and personal medical history.
2. Health risk assessments.
3. Risk reduction counseling.
4. Referrals for women with abnormal screening values to health care providers for medical evaluation and management of conditions.
5. Link participants to free or low-cost medication resources.
6. Referrals to lifestyle programs and other healthy behavior support options.

Tests to be Completed:

1. Blood pressure screening (national guideline format).
2. BMI and *waist circumference measured.
(*waist circumference measured for BMI results between 25.0-34.0).
3. Lipid profile blood test with glucose; *fasting for a minimum of 9 hours prior to testing.*
4. eAG (A1c) if necessary due to elevated glucose.



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