



Squash Australia Memorandum – High Performance Update Q2 2018

1. Commonwealth Games

Squash Australia had a successful Commonwealth Games winning 2 Gold Medals and 1 Bronze medal. Congratulations must go to the following players:

Men's Doubles Gold Medal – Zac Alexander and David Palmer

Mixed Doubles Gold Medal – Donna Urquhart and Cameron Pilley

Women's Doubles Bronze Medal – Rachael Grinham and Donna Urquhart.

There were some impressive performances most notably Rex and Christine in the singles who played some outstanding squash.

Post Commonwealth Games the HP management team has been reviewing the previous four year cycle and from there will be planning the next four year cycle to lead to increased success at the 2022 Commonwealth Games.

2. National Training Centre – Carrara, Gold Coast

Post Commonwealth Games Squash Australia will be setting up the new National Training Centre (NTC) which will be based on Carrara, Gold Coast. The HP management team is currently setting up support services on the Gold Coast to service players in the Winning Edge Squad.

Services that will be set up on the Gold Coast include Strength and Conditioning, Physiology, Performance excellence, Nutrition, Psychology, Physio and medical and the team will be able to deliver World Class services to our Squad.

Particularly exciting are our partnerships in the HP space with the Gold Coast Suns and Bond University.

We will also have relationships with Bond University and Griffiths University around scholarships.

In the coming weeks all MOU's will be signed and we will then announce the team that will provide ongoing support to our HP Team.

3. Australian Team Selections

In the last month three selections have been held with the following players selected for each event. The HP management team is also in the process of selecting the Australian team for the Women's World Team Championships. Congratulations to all players who have been selected!

World Junior Championships – 18/7/18 to 29/7/18

Men's Team - Nicholas Calvert QLD) , Jacob Ford (NSW), Jack Hudson (TAS), Maaz Khatri (VIC)

Individual Players - Joel Arscott (QLD), Ethan Eyles (QLD), Alex Haydon (SA), Pascal Louka (WA), Courtney Mather (QLD), Grace Pattison (TAS), Mackenzie Sleep (QLD)

Coaches - Paul Price, James Rogers

Youth Olympics – 7/10/18 to 12/10/18

Players - Alex Haydon, Ethan Eyles

Coach – Paul Price

World University Championships – 6/9/18 to 12/9/18

Players - Nicholas Calvert (QLD), Thomas Calvert(QLD), Eugene Heng (NSW), Jessica Osborne (NT), Shehana Vithana (NSW)

The selection criteria for the upcoming World Women's Team Championships can be found here.

<https://www.filepicker.io/api/file/2NsjSul3SnKgrQBAFzav>

World Women's Team Championships – 11/9/18 to 16/9/18

- Applications closed 3 May 2018
- Team will be announced 1 June 2018
- The selection criteria for the upcoming World Women's Team Championships can be found here.
- <https://www.filepicker.io/api/file/2NsjSul3SnKgrQBAFzav>
- I recommend making yourself familiar with the criteria as there has been some changes to the focus of selecting teams moving forward. Our focus will be on developing and preparing the right players that align with the values, culture and behaviors to achieve Medal success in 2022

4. National University League

Planning and talks are underway with UniSport Australia and Bond University to create and launch a National University League. A small number of Universities will be approached to participate and have squash become one of their leading Performance sports. Squash Australia will host National Academies and a HP environment through these programs with aims to achieve some of the following –

- Create an environment for our players in which they can study and train in a High Performance environment.
- Create 6-8 National Academies/University Teams • Create new HP coaching roles throughout.

- Give our 18-25 year old players a platform to train and achieve their long term Squash and Education goals.
- Provide a platform to recruit World Class Players and students to train and play in Australia If you have a particular link and interest with a University we would like to know.

5. Winning Edge

Over the next 6 weeks the Winning Edge Squad 6 months reviews will be completed. Please take note that we have brought the application date forward 1 month to align better with the allocation of the AIS Funding. The Criteria will reflect the ongoing development of the culture and values of the players with a heavy focus on developing players for medal performances in 2022 and 2026.

6. National Junior State Camps

Instead of a Canberra centralised camp, Squash Australia would like to run National Camp in each of the States in partnership with the State association.

For this model we would envisage the States charging players for the camp and then the States covering the costs. Squash Australia will make a National Coach available to take the coach with no fees cost, but flights need to be covered.

We think this would be a great way to get across all the Country and hopefully it will be more cost effective for the players.

As a side note the National Junior Coach application will open again in October 2018.