

Abundant Well Being

This is to Certify that


Stefanie Jillian

has Completed

Yoga of the Heart® Cardiac and Cancer Certification Training

Consisting of over 100 Contact Hours of Training in the Specific Application of Yoga for Clients with Cardiac, Cancer, and Other Life-Threatening Diseases, Specifically in Applied to Asana, Pranayama, Imagery, Meditation, Deep Relaxation Techniques, Teaching Methodology, Anatomy & Physiology.

In Testimony thereof, the Program Director
has set her Signature on the 7th of October, 2018



Nischala Joy Devi
Southern CA, USA