

The Golden Mind Project

Acknowledgment of Certification

AMANDA E. FRAGATA

has successfully completed 200 hours of training including: teaching methodology, asana alignment, pranayama techniques, meditation, anatomy & physiology, assisting, yogic lifestyle, professional ethics, intelligent class design, classical & tantric philosophy, vinyasa flow sequencing, & teaching practicum.

Vinyasa Yoga Teacher

in testimony thereof the program owner and director have set their signatures on December 15, 2019.

Valerie Lucas

Valerie Lucas - Program Director, E-RYT
The Golden Mind Project Yoga School



Katie Brauer

Katie Brauer - Program Owner, E-RYT
The Yoga Professional®