

**Ronald Mulholland School Garden Project Action plan:  
Timeline:**

When will you be able to start your project? August 14, 2023

How often will your team meet? Every week from Aug.- Nov. 2023 During the fall growing season

Are there any key dates to share for the project?

August 14 Planting transplant Red Ursa Kale & Direct sow Comics Purple Carrots

August 28 2<sup>nd</sup> Planting Red Kale and Purple Carrots

Sept. 15 Inspect garden is disease and insects

Sept. 30 Harvest 1<sup>st</sup> planting of Kale and Carrots

Oct. 15 Harvest 2<sup>nd</sup> Planting Kale and Carrots

October 30 Clean up and prepare beds for winter

Fall and winter gardening turns your vegetable plot into a giant refrigerator. During the fall season, cool weather allows crops to hold longer in the garden once mature. Crops like broccoli, cabbage, and [kale](#) can live for months in the garden after they reach maturity. This year RMJC School garden will be participating in the West Virginia Extension Office's "Grow This" Challenge. Grow This: West Virginia Garden Challenge provides free seeds to anyone in West Virginia who is willing to plant Cosmic Purple carrots and Red Ursa kale.




August 14-28 Seed Red Ursa Kale in flats. Plant small amounts of lettuce/greens every two weeks till about October 30.

August 30 Sept. 15 Direct Sow Comic Purple carrots in the garden. Cover them with shade cloth and try to be diligent about watering.

**Budget:** You don't need to share exact prices, but please share how you're planning to spend the seed funding & what costs you're anticipating to get your project up and running:

**Section 1**

<b>8'x2'x2'</b> <b>WaterTough</b>	<b>\$349.99</b>		<b>\$349.99</b>
<b>Commercial Planting Mix and delivery</b>	<b>\$50.00/cft</b>		<b>\$150.00</b>



**Tarter 8' x 2' x 2' Galvanized Oval Stock Tank - WT228**  
**\$349.99** ★★★★★ (0) Write a review

DELIVERY METHOD

- Ship To Home**  
Ships in 5 weeks
- FREE In-Store Pickup**  
Please select a store to view availability.  
[Select Store](#)

**Section 2**

<b>5'x3.5'x2'</b> <b>WaterTough</b>	<b>\$179.95</b>		<b>\$179.95</b>
<b>Commercial Planting Mix And delivery</b>	<b>\$50.00/cft</b>		<b>\$150.00</b>

Leaves & Garden Plants & Planters Planters, Stands & Wireless Devices Raised Garden Beds

**Veget Garden 17 in. Tall 8 in 1 Modular Metal Raised Garden Bed Kit - Olive Green**  
 \$179.95 (17) Write a review



**\$179.95**

- FREE In-Store Pickup**  
Please select a store to view availability.  
[Select Store](#)
- Delivery 2024**  
Ships in 5 weeks

**Impact:** How will your community benefit from this project?

- Improve nutritional and health status by increasing fruit and vegetable consumption in low-income communities;
- Improve the environment through school-based gardens activities
- Develop student's understanding of vegetable production;
- Raise student's interest in a more varied diet;
- Encourage students to acquire attitudes of cooperation, responsibility, self-esteem and self-confidence, motivation and the value of work

Do you have any measurable goals for your project, such as the number of people that will participate?

The Ronald Mulholland School Garden Project Team plans to have students visit the garden 2 times every week during the growing season. (April-September) Regular visits will help students develop a connection with the natural processes and the living organisms that thrive in these environments. By learning to care for a living, breathing ecosystem, students will develop an understanding of nature's importance in their lives and the lives of other beings. This will foster a culture of environmental stewardship. A secondary objective of the school garden will be to establish and maintain healthy and supportive peer groups. This includes the opportunities to improve communication skills, develop listen actively, , work collaboratively to problem solve and provide leadership skills.

Are you hoping to spread knowledge or increase interest in a specific subject?

We are committed to a future in which school garden education helps students become healthy adults who eat their fruits and vegetables, know the basics of growing food, and contribute to a thriving community. The Ronald Mulholland School Garden Project will utilize a variety of methods to contact with the local community by contacting the local newspapers for a community involvement articles and the Ronald Mulholland Juvenile Center's Facebook which has over a 1,000 followers.

**Location:** If your project requires physical space, have you decided the location?

Do you have all necessary permission and permits to carry out your project at the chosen location? Ronald Mulholland Juvenile Center Superintendent Linda Scott [linda.scott@wv.gov](mailto:linda.scott@wv.gov) has giving the West Virginia Schools of Diversion and Transition the permission to construct and maintain a school garden to provide resident the opportunity to provide an outdoor classroom.

- How has your kid leader been involved in the planning of the project so far?

The RMJC School gardens provide numerous opportunities to engage students outdoors, hands-on learning as well as provide a source of nutrition, wildlife habitat, a space for scientific observation and experiments. There are multiple variations and purposes associated with school gardens. These can range from a simple multi-unit biology lessons to a year-round, high tech project that results in youth providing food for their schools and communities.

- How will kids be involved in the design and activation of this community project?

**Section 1 8'x2'x2'**



**Section 2 5'x3.5'x2'**



## RMJC School Garden Meeting: July 22, 2023

### Attendees

Jane Neuenschwander [jane.neuenschwander@k12.wv.us](mailto:jane.neuenschwander@k12.wv.us)

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Chairperson: Michael O'Connell [michael.oconnell@k12.wv.us](mailto:michael.oconnell@k12.wv.us)

