



If you would like to cook along with Hannah on the day, below is a shopping list of the ingredients as well as the preparation required before the class.

Shopping

- Eggplants
- Garlic cloves
- Onions
- Raisins
- Eggs
- Sheep cheese (Manchego, or any hard sheep's milk cheese is fine)
- A couple of different herbs - eg: mint and marjoram
- Ground cinnamon
- Black pepper
- Ginger
- Sea salt
- Broth/stock (meat, chicken or vegetable is fine)
- Ground almonds

Preparation

- Grate 80 g (3 oz) of sheep cheese
- Boil the eggplants and garlic cloves together and set them aside to cool (see recipe)
- Finely chop 1 onion, and thinly slice the others