

# CERTIFICATE OF COMPLETION

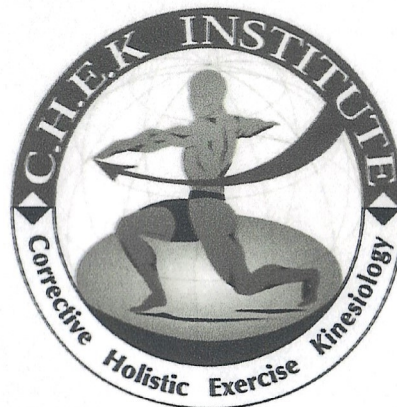
*Jenny Lange*

HAS SUCCESSFULLY COMPLETED THE FOLLOWING 24 HOUR PROGRAM:

**CHEK NUTRITION & LIFESTYLE COACH LEVEL I**

OPTIMAL HEALTH & FITNESS THROUGH PRACTICAL  
NUTRITION & LIFESTYLE COACHING

December 2-6, 2005



*Paul Chek*

Paul Chek, N.M.T., H.H.P.