



Dear Ana Hernando

Congratulations on earning your Certificate as a Resilience & Thriving Facilitator from the National Wellness Institute (NWI). We are pleased to present you with this certificate. We encourage you to display it prominently and to share your accomplishment with your supervisor, colleagues, and clients, as appropriate.

NWI has a wealth of resources to support your continued professional growth, including webinars, online resources, networking opportunities, its annual National Wellness Conference, and more. Please connect with us at 715.342.2969 or nwi@nationalwellness.org if we can assist you in any way as you continue your professional wellness promotion journey.

We also encourage you to consider applying for your Certified Wellness Practitioner (CWP) certification. The CWP credential symbolizes an individual's strong academic preparation, professional competency in wellness programming, and commitment to continuing education, scholarship and professional development. See NationalWellness.org/CWP for details about this certification.

Best wishes as you continue to make a difference in your workplace and in people's lives, enhancing their health and well-being with the knowledge and skills you have gained through this certificate training.

Sincerely,

A handwritten signature in black ink that reads "Trina Laube".

Trina Laube
VP of Strategic Initiatives
National Wellness Institute



The National Wellness Institute, Inc.

recognizes that

Ana Hernando

has completed a comprehensive facilitator training and passed the associated examination, thus earning a

Resilience & Thriving Facilitator Certificate

This course is offered in partnership with



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VP of Strategic Initiatives
National Wellness Institute, Inc.