



EDUCATION NEWSLETTER

JUNE 2020

Welcome to your Education newsletter. Bringing you all the latest news and updates.

National Coaches and Referees Workshops and Community of Practice

Thank you to everyone who has engaged in the workshops and discussion boards over the last 4 weeks. I hope you have all enjoyed the experience and have been able to improve your refereeing in the process. There were over 100 registrations for the Coaching Workshops and Community of Practice and over 150 registrations for the Referee Workshops and Community of Practice

Thank you to the following coaches and referees for your hard work putting together your presentations and sharing your experiences and knowledge of refereeing with us all.

Coaches

- Giovanni Capello
- Lachlan Johnston
- Stewart Boswell
- Sarah Roder
- James Rogers

Referees

- Nathan Turnbull
- John Small
- Chris Sinclair
- Damien Green
- Glenn Carson

Please see below a link to a survey to collect feedback. There are 10 questions in each survey and should take you no more than 5 minutes to complete. Your feedback would be greatly appreciated so we can continue to improve the Coaching Workshops and Community of Practice. All feedback is anonymous

Coaches Workshop and Community of Practice survey -

<https://www.surveymonkey.com/r/K7R5NZN>

Referees Workshop and Community of Practice survey -

<https://www.surveymonkey.com/r/KKLQ7PD>

Lastly, thank you to Cahoot Learning for all your efforts creating this platform for a community of practice that we can all use to learn, share experiences, ask questions and discuss ideas.

Return to Training - Training load

Many players are now resuming 'normal' training as squash courts and gyms open across the country after the lockdown. With this in mind, managing this restart to training and avoiding injury through a balanced training load progression is not easy, particularly given the long break from actual squash activity. The AIS recently updated the document below on training load which provides some advice and recommendations for coaches which may be useful.

https://www.ais.gov.au/__data/assets/pdf_file/0008/734363/Considerations-of-training-load.pdf

COVID-19 Safe Coach and Officials Program

This new on-line course has been developed for all sports coaches and officials to stay up to date with the current guidelines, you will learn the fundamental knowledge required to conduct coaching and officiating with the confidence to return to their regular sporting participation in a safe and protected environment.

To become a certified COVID Safe Sports Coach or Official, go here:

<https://www.openlearning.com/courses/covid-safe-sport-coach-certification>

The Certification Program is free and has been developed and administered by the Australian Coaching Council.

Squash Australia E-Learning System



SQUASH AUSTRALIA E-LEARNING SYSTEM



Coach Education



**SAY NO!
TO DOPING**

Integrity



Parent Support



Referee Education



OzSquash



Workforce Education



Foundation Coach

- Course Cost: \$99
- Less than 4hrs to complete
- Working With Children Check
- SportAus Community

Club Referee

- Course Cost: \$9
- Less than 4hrs to complete
- Working With Children Check
- SportAus Community

Coaching General Principles

Officiating General Principles

<http://elearning.squash.org.au/>

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