

This is to certify that

Cristen R. Grajeda

has successfully completed the 36-hour

**LEVEL 1 HOLISTIC
EFT PRACTITIONER**

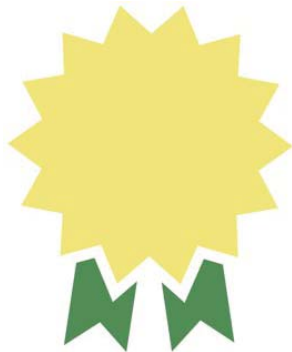
CERTIFICATION COURSE

under the guidance of
Phillip and Jane Mountrose and the

Awakenings Institute

P. O. Box 8352, Santa Maria, California, USA 93456

this 19th day of May, 2020.



Phillip Mountrose

Dr. Phillip Mountrose
EFT and Energy Healing Pioneer
Founding Director of Awakenings Institute