



PARTICIPATION NEWSLETTER

NOVEMBER 2020

Welcome to your Squash Australia Participation Newsletter.
Bringing you all the latest news and updates from across the nation.



SQUASH

Sporting Schools Term 1 2020 Funding

Applications for funding are now open for Term 1, 2021!
Applications are open from Monday 16 November 2020 (8 am AEDT) - Friday 27 November 2020 (8 pm AEDT). Make sure you jump online and head to the Sporting Schools website to apply. The application process is super simple!

Why choose OzSquash?

- **OzSquash** is a fun, play-based program designed to develop children's hand-eye coordination, spacial awareness, reflexes and aim.
- **OzSquash** promotes life-long health and wellbeing for students.
- **OzSquash** is a flexibly delivered program; it can be run by a local squash coach, and/or PE/generalist teacher.
- **OzSquash** is able to be funded through the Sporting Schools initiative by Sport

Australia, see funding eligibility [here](#).

Apply
Now



Australian Junior Championships

The Australian Junior Championships (AJC) is the most prestigious junior squash tournament on the Australian calendar, with a long history of winners dating back more than 50 years. Past winners include players who went on to become some of the all time greats of the sport!

When: Saturday, 12 December to Tuesday, 15 December 2020.

Where: Carrara Indoor Sports Stadium, Nerang Broadbeach Rd Carrara, Queensland.

How to sign up? Click the button below to head to our website and sign up page.

Get in quick! Entries close on 1st December 2020.

AJC Sign Up

Participation Working Team Update

Australians from all walks of life enjoy squash from school students to retirees; from office workers to tradies. The *Bouncing Back* strategy outlines how can leverage passion **to grow squash to be the indoor sport of choice for fitness and recreation.**

It's been a challenging year for sport and fitness, and the people who enjoy them. As at June, 85% of people reported engaging in no moderate or strenuous exercise during the

pandemic (University College of London).

While squash has not been immune from these challenges, with many squash centres forced to temporarily close across the country, it can play pivotal role in the recovery.

Squash is an accessible, high-intensity, and highly-addictive form of physical activity. It can be enjoyed by people of all backgrounds and ages, and regardless of the weather.

But growing squash participation requires a shared vision and direction at all levels of the sport - from Squash Australia to our State and Territory Members, squash centres to players, coaches to referees.

This strategy - *Bouncing Back: A 10 Year Participation Strategy for Squash* - seeks to achieve this.

It sets the ten year vision for squash participation in Australia, identifying high-level strategic priorities, goals and key-performance indicators or outcomes. Many thanks to the Participation Working Team, whose insights and consistent efforts drove this process: to Sam Abishara, Matthew Karwalski, Leigh Kaye, and Paul Mead.

Lastly, thanks to the Squash Australia staff for their terrific work, including Leanna Davey and formerly Mark McLatchey, whose efforts have shaped this document and continue to drive squash participation programs across Australia.

Alex Dore

Chair, Participation Working Team

Non-Executive Director, Squash Australia