

Healthy Eagles Guide



OKANAGAN
CHRISTIAN
SCHOOL

WHEN SHOULD AN EAGLE LEAVE THE “NEST”?

Does the student have a fever?

YES

DO NOT LAND

Stay home and seek a health assessment.

A health assessment means to contact 8-1-1, a primary care provider like a physician or nurse practitioner, or the Urgent and Primary Care Centre

NO

Hover Here:

Does the student have KEY SYMPTOMS?

- Chills
- Cough or worsening of chronic cough
- Shortness of breath
- Loss of sense of smell or taste
- Diarrhea
- Nausea and vomiting

2+ KEY SYMPTOMS

DO NOT LAND AND PLEASE RECEIVE A HEALTH ASSESSMENT

ONE KEY SYMPTOM

Do Not Land For 24 Hours:

- Stay home for 24 hours from when the symptoms began.
- If the symptom improves, students may return to school when they feel well enough.
- If the symptom persists and/or worsens, seek a health assessment.

NO

Do Not Land:

- The student should stay home until the symptoms improve.
- If symptoms worsen or they develop new symptoms begin this chart again.

Hover Here:
Does the student have other common illness symptoms?

- Sore throat
- Runny nose/Congestion
- Aches
- Fatigue

MAJOR ILLNESS SYMPTOMS

MILD ILLNESS SYMPTOMS

Safely Land:

- The student may continue to attend as long as symptoms are manageable, low risk, and do not worsen.

Sick Eagle: Covid-19



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Interior Health (IH) confirms positive case and notifies OCS school administrators. IH leads planning to determine scope and next steps. OCS provides records and information to support contact tracing.

Was the individual infectious while at school?

NO

Safely Land:

- No exposure at school
- No letter to community
- No notification

YES

Hover Here:

- OCS provides any further information as required
- Contact tracing begins
- IH determines close contacts through personal interviews
- School sends exposure letter to school families and posts on school website
- IH posts school exposure letter on IH website
- IH monitors school for at least 14 days

Low Risk

Land Cautiously:

- IH contacts individuals
- Monitor your symptoms
- Be vigilant!

High Risk

Land With Prior Approval:

- IH initiates direct personal contact, further education, and instruction to the person and to school officials
- Self-isolation – IH could direct for single person or learning group
- Monitored for 14 days after exposure

Do Not Land:

- IH determines there has been a school-wide exposure/outbreak:
 1. School cannot supply enough staff to run effectively and must close for 14 days
 2. IH directs the entire school to close for 14 days until the outbreak is over

School-Wide