

## WHAT WE HAVE BEEN UP TO

### FOODBANK STATS

Since January we have supported  
**582** households with  
emergency food.

This has fed **1,478** people.

We have distributed a total of  
**29,412.48KG**



### TESCO SUMMER COLLECTION



A huge thank you to Tesco,  
our volunteers and everyone  
who donated to us during the  
Tesco Summer Collection.

We collected **£1,198**

and **184 KG** of food.

# WHAT WE HAVE BEEN UP TO

## SUMMER SCHEME

Over the summer we were delighted to be able to host a kids Summer Scheme for 2 weeks through the LCC Community Trust!

The kids enjoyed an animal petting corner, circus skills, crafts, cake decorating and numerous other games and activities.

A huge thank you to all of the wonderful volunteers for your help and support each day with this years summer scheme, we could not of done it without you.



## AIR FRYER COURSE

We were delighted to run a 3 session Air fryer course through Bryson for our clients.

Clients learnt basic cookery, nutrition and budget management. We think all of these things are essential life skills which everyone should have.



# COMING UP...

## CRAFT & ESOL CLASS

Starting back on 21st September



- ESOL class is on Thursday 9:30am-10:30am
- Craft Class is on Thursday 11am-12pm

## TINY TOTS & AFTER SCHOOLS

Starting back the 19th September

- Tiny Tots is on a Tuesday 11:00am-12:00pm
- After Schools is on a Tuesday 3:00pm-4:15pm



If you or someone you know would be interested in attending one of these classes please get in touch with our office by emailing [hello@lcccommunitytrust.org](mailto:hello@lcccommunitytrust.org) or giving us a call on 07756965868.

# WHATS ON..

## LCC COMMUNITY TRUST What's On - September 2023

### MONDAY

FOODBANK OPEN

11:00AM-1:00PM

BREW AND BOWLS

12:00PM-2:30PM

### TUESDAY

FOODBANK OPEN

11:00AM-1:00PM

TINY TOTS

11:00AM-12:00PM

AFTER SCHOOL CLUB

3:00pm-4:15pm

### WEDNESDAY

LUNCHTIME STROLL

1:00PM-1:45PM

THE YOUNGINS

3:15PM-4:30PM

### THURSDAY

FOODBANK OPEN

11:00AM-1:00PM

ESOL

9:30AM-10:30AM

CRAFT CLASS

11:00AM-12:00PM

BENEFITS AND DEBT ADVICE

**BY APPOINTMENT ONLY**

### FRIDAY

FOODBANK OPEN

11:00AM-1:00PM

BENEFITS AND DEBT ADVICE

**BY APPOINTMENT ONLY**

LUNCHTIME BRISK WALK

1:00PM-1:45PM

SOAR SUPPORT GROUP

10:00AM-11:30AM

FRIDAY FUN NIGHT

6:30PM-8:30PM

WELL BEING COURSES THROUGHOUT THE WEEK

ALL ENQUIRES:



[hello@lccommunitytrust.org](mailto:hello@lccommunitytrust.org)



07756965868

OR CALL INTO RECEPTION

# HOW TO SUPPORT

- Leave a donation at our permanent collection point in Tesco, Sainsburys or M&S.
- Make a monetary donation or hold a fundraiser.
- Volunteering - please pop us an email/phone call to hear about upcoming opportunities.
- Share our social media posts - this helps to raise awareness.

## September Shopping List

- Pasta 'n' Sauce packets
- Kids' snacks
- Instant porridge sachets
- Long Life Milk
- Sugar
- Biscuits
- Coffee
- Small diluting juice
- Tinned Tomatoes
- Washing up liquid
- Nappies (size 6)

