

Indoor Pre-School Prayer Activities for Winter

The following prayer activities we hope you will be able to do as a family indoors during lockdown.

These activities explore creation, that God made us and he loves us.

No need to do all in one day, however we have designed these to be done during your day!

Adapted from *Thoughts to Make your Heart Sing* by Sally Lloyd-Jones and *Jago and Prayer Spaces for Schools* website.

<p>Prayer Activity One</p> <p>Wake Up</p>	<p>Let the sun in!</p> <p>We are aware that the sun may not be up when you wake with your little ones! But watch out for when it does rise. Take your child(ren) over to the window and open the curtain/blind or window if safe together.</p> <p>Notice with your children how the light shines in, or the air flows in. The bible says it's like that with God's peace. It will flow into our hearts, if we let it. Talk and pray through or over this with your little ones</p>
<p>Prayer Activity Two</p> <p>Morning</p>	<p>God's Gallery.</p> <p>We are all artists and God is the ultimate artist. He made all things - just for the joy of it. The whole world is like God's gallery displaying God's magnificent works of art.</p> <p>Grab some art materials for you and your child(ren) - any will do.</p> <p>Do you have a favourite picture or photo of nature or a special place to you, a beach, a common or park, an animal, a leaf? Can you take this picture or photo and use it to recreate it with your child. It does not need to be perfect but just your own interpretation. God loves it when you are as creative as he is. Notice all the amazing details of the picture or photo with your child, isn't it beautiful. Enjoy the process of creating something yourselves..</p> <p>Then remember..</p> <p>God made the universe but that is not his absolute masterpiece.. Do you know what it is?</p> <p>You.</p>
<p>Prayer Activity Three.</p> <p>Afternoon</p>	<p>In all the earth!</p> <p>A giraffe can clean its ear with its twenty-one-inch tongue? Your nose can smell over a trillion different smells.</p> <p>We live in an incredible, miraculous world!</p> <p>Can you gather a number of your toy animals together and bring them onto a blanket or onto a duvet? Imagine the duvet or blanket is the world. Can you imagine a valley and a mountain and rivers in it? Place your animals all over it.</p> <p>Discuss with the children all the incredible things that God has made? What is the most amazing? Thank God for all the animals, name them, sing about them, play with them.</p>

	<p>Do you know what God says is the best, most magnificent, incredible thing he has ever made? You.</p>
<p>Prayer Activity Four Dinner</p>	<p>I love you - just because.</p> <p><i>“Our God did not love us or choose us for anything in us; it was simply because he loves us.” Deuteronomy 7:7-8</i></p> <p>Do you have a story book at home such as Guess how much I love you? Or another which emphasises how much you love your child? Perhaps use this as a step towards taking some time over dinner to tell your child how much you love them and what you love about them - then tell them that you will love them no matter what - just as God does, it's not because they are kind, or helpful or loving it's because they are who they are are.</p> <p>Pray for your child that they will always know that they are loved by God - just because.</p>
<p>Prayer Activity Five. Bedtime</p>	<p>Before Everything.</p> <p>Snuggle down, take a moment to be still with your child and think over their day (we'll explore this in a bit more depth in another activity) but for now, before they drift off to sleep, read the following words over your child. Night night.</p> <p style="text-align: center;"><i>Before Everything!</i></p> <p style="text-align: center;"><i>Before God made the stars to shine.</i></p> <p style="text-align: center;"><i>Before he made the seas.</i></p> <p style="text-align: center;"><i>Before he made the mountains.</i></p> <p style="text-align: center;"><i>Before he made anything at all, God did something.</i></p> <p style="text-align: center;"><i>What?</i></p> <p style="text-align: center;"><i>Loved you.</i></p> <p style="text-align: center;"><i>And chose you as his own.</i></p> <p style="text-align: center;"><i>“Even before he made the world, God loved us and chose us.” Ephesians 1:4</i></p>