

# SHORT STUFF



May 3, 2019

## Principal's Message

A word from Mrs. Bryant

A friend shared this quote with me and I don't know where it's from but I love it and wanted to share it.

"Kindness is often mistaken for softness and let me tell you, friends, that is a mistake you don't want to make. Kind people are not born that way, they do not stumble into it. Kind people are forged in fire and darkness and imploding stars. They have steel cores. Throw a punch and you're going to break your hand. Kind people are kind because they know firsthand that life isn't. The helper seeks to help because he knows what it is to be helpless."

## Teacher Inservice and noon dismissal May 8

Next week on Wednesday we will dismiss at noon so our teachers can receive training on ACES (Adverse Childhood Experiences) and how to help students in their classrooms who have a history with trauma.

After Care will be available from 12:15-5:30. Hot lunch will NOT be available so if your child will be staying for the afternoon, please make sure you send a lunch and perhaps a snack for the afternoon.

Thank you for accommodating this important professional growth opportunity for our teachers.

## Teacher Appreciation Week May 6-10

Next week is National Teacher Appreciation Week! As is our custom, each day is allocated to a different group of RAS teacher supporters!

- Monday, 5/6: Home and School
- Tuesday, 5/7: RAS School Board
- Wednesday, 5/8: RAS Parents and Students
- Thursday, 5/9: RAS Administration
- Friday, 5/10: Upper Columbia Conference

As you can see, Wednesday, May 8 is your day to show appreciation to your child's teacher! You don't need to send something big - just a quick note or a flower from your garden. Thanks for loving our teachers and making them feel valued.

## Fire Bowl Vespers Tonight, May 3 at 6:30 p.m.

7th/8th graders and their families are invited to join WWVA for a hot dog and marshmallow roast and sundown vespers. Bring lawn chairs and enjoy time together with new and current WWVA families.

Park by the WWVA gym and head back toward the ball fields and you will see the fire pit.

## Frog Hollow Farm May 5, 10 a.m. - 5 p.m.

RAS students, parents, and teachers are invited to come out to the Frog Hollow Farm's Spring Heirloom Plant Sale!

The RAS "Fiddlesticks" (student fiddle group led by Holly Carpenter) will be performing. Additionally, enjoy food trucks, booths, plants, and more family fun!

More info at the [Frog Hollow website](#).

## Coming up

May 4: Orchestras to U Church

May 4: Wessman class to Eastgate

May 5: Frog Hollow Farm Fiddlesticks Fiddle Group performs

May 6-10: Teacher Appreciation

May 6: Cosaert/Veverka Classes Visit Bechtel Planetarium

May 8: Noon Dismissal Teacher Inservice ACES training

May 11: Wessman to U Church

May 15: Jr. High Choir/Bells Program at Brookdale

[Subscribe to the RAS Calendar](#)

## This week in photos



## 5th/6th Science Trip to Portland



"Fiddlesticks"



## Happy Birthday

- |             |       |             |       |
|-------------|-------|-------------|-------|
| Maddaly F.  | May 3 | Ethan V.    | May 3 |
| Mia R.      | May 3 | Benjamin B. | May 6 |
| Samantha T. | May 3 |             |       |
| Emma W.     | May 3 |             |       |

## Spaghetti Dinner benefitting Julianna Sayler Foundation

Thursday, May 16th from 5-7:30 p.m. at WWVA. \$8 per person or \$30 for a family of 4. Sit down or take out options. Also available will be Rogers Bakery Maple Bar Bar, Face Painting booth, and canvas paintings for sale.