

Dear Squash BC Facility members,

With Groundhog Day just a few days ago, Dr. Bonnie Henry's update released a few hours ago means we continue with the current provisions and restrictions, our pandemic version of Groundhog Day. While the curve has been bending down over the last few weeks, "continuing with current restrictions will buy time to flatten the curve, continue vaccinating the public and learn more about variants of concern". The link to the Provincial Health Order can be found [here](#).

As a reminder, for squash specifically:

- Adult group sport is defined as sporting activities involving more than one person 22 years of age and older and includes training and practice for an individual or a team sport, but does not include sport activities for children or youth, varsity sport or high-performance athlete sport activities.
- **If the group sport is indoors, only two persons participate – maximum of two people on court, e.g., 2 players or one player and one coach.**
- **Participants must maintain a distance of 3 metres from one another while engaged in the group sport, unless the participants reside in the same household.**
- Youth category has been extended to under 22 years of age, but does not change any of the restrictions for maintaining a distance of 3 metres from one another while on court, unless in the same household.

SQBC is hopeful that by early March some of these restrictions will ease, allowing for small bubble full squash play. Until then promoting drills and skills will make for an easier transition back to full play, there are going to be some very sore players trying to make up for lost time.

Please don't hesitate to contact me if you have any questions. And be assured that Squash BC will continue to keep you updated as we hear more.

Nancy Thompson

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