



*May his memory  
forever be a blessing*



## *Footprints*

One night a man had a dream. He dreamed he was walking along the beach with the Lord. Across the sky flashed scenes from his life. For each scene he noticed two sets of footprints in the sand. One belonging to him and the other to the Lord.

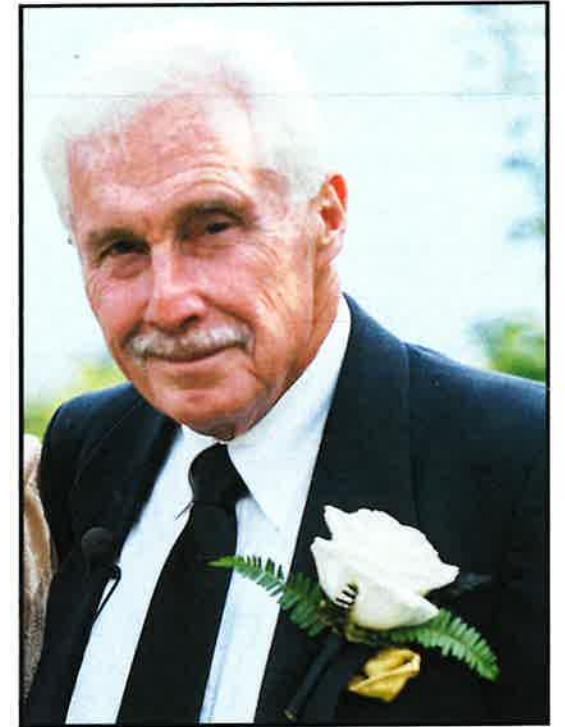
When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints. He also noticed that it happened at the very lowest and saddest times of his life.

This really bothered him and he questioned the Lord about it. "Lord... you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times in my life there is only one set of footprints. I don't understand why you would leave me when I needed you most."

The Lord replied, "My precious, precious child, I Love you and I would never leave you! During your times of trial and suffering when you see only one set of footprints, it was then that I carried you."



## *In Loving Memory*



**Frank Edwin Lentz III**

**February 8, 1946 ~ December 9, 2024**





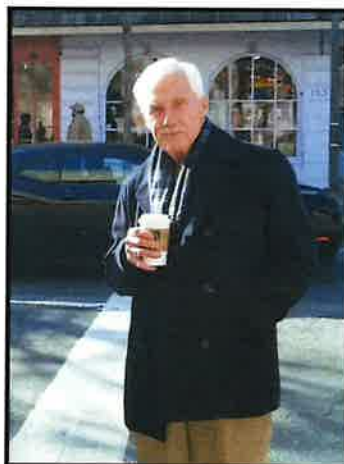


## **Frank Edwin Lentz III**

Frank, a longtime resident of Mechanicsburg, passed away surrounded by his family at 78 years old on December 9, 2024. Frank will be remembered as a loving husband to his wife of 55 years, Cheryl, his high school sweetheart. Frank was a proud father to his four children: Frank IV, Joshua, Ashley Metz, and Bradley. He was also a cherished Pop-Pop to Dagny and Frank Lentz V, and K.J. and Ahmere Metz.

Frank was born on February 8, 1946, in Philadelphia to the late Frank Edwin Lentz, Jr. and Barbara Jane (Hadley) Lentz. After living in Philadelphia for a short time, the family moved to Haddonfield and Ocean City, New Jersey. Though he lived in and attended Haddonfield schools, he always returned to Ocean City for the summer where his love of the beach grew. When old enough in Ocean City Frank sold newspapers up and down the beach and shined shoes on the boardwalk, boosting sales with his undeniable charm.

In 1961 Frank and his mother moved to Carlisle, PA where he quickly made new life-long friends and met his 'steady girl', Cheryl. He graduated from Cumberland Valley High School in 1964 and from Elizabethtown College with a bachelor's degree in Business Administration. After many years working in healthcare administration he retired from Eye Doctors of Lancaster as Vice President of Operations and Chief Operating Officer. Frank was a member of Trinity Evangelical Lutheran Church in Camp Hill since 1968, where he served on church council, ushering, and flower delivery. He was also a member of the Plaza Condominium Board of Directors, and the West Shore Elks Lodge 2257.



Frank had numerous hobbies, including antiquing, reading, golf, and traveling. Frank spent his summers in Ocean City, MD, where a whole new group of friends turned into family. Here he shared his love of the ocean with his children and grandchildren, whom he taught to surf and catch crabs. When not on the beach you could find Frank on the water captaining his boat, the J.F. BradAsh, throughout the bay and ocean. He could always find the best fishing and crabbing spots and loved the challenge of knocking his kids off the inner tube being towed behind the boat.

It was not just the water that he enjoyed cruising on - he also had an affinity for old cars. Whether it be his 1958 Triumph TR-3, his 1967 Austin Healy 3000, or his 1949 Cadillac Hearse, you could be sure that Frank was riding in style. He recently completed the restoration of his 1967 Austin Healy 3000 which was a life-long dream come true.

Frank was everything you could hope for as a husband, father, pop pop, friend, and mentor, and there will never be another like him. He touched countless lives and will forever be missed.

Frank's family has entrusted his care to Buhrig Funeral & Cremation in Mechanicsburg, (717) 766-3421. Read Frank's full obituary, view his memorial video and portrait, offer condolences and sympathy, share stories and memories, upload photographs and videos, light a candle and sign his official guest book by visiting [Buhrig.com](http://Buhrig.com).

