

PARENT BULLETIN

A weekly newsletter for parents, students, staff and
volunteers at
PINE HILLS ADVENTIST ACADEMY

Issued November 8, 2019



Principal's Message:

Dear Parents,

Our students in grades 3-12 have completed the online Olweus Bullying Survey this week. We will be looking over the data and analyzing the the results as soon as we receive it from our Olweus representative. This week I will be sharing information about what you can do if your child is being bullied.

As parents and guardians, you expect your child to have a safe and positive experience. As leaders of these activities, we want all children to feel safe and welcome at our school too. We are working hard to prevent bullying and to stop bullying if it happens. For the next few weeks I will be sharing some tips for supporting and talking to your child about bullying.

What if I think my son or daughter is being bullied at school? Share your concerns with your child's teacher. Try to find out more about what's happening. If your child is being bullied, he or she may be embarrassed or afraid to tell you. Try asking your child questions such as these:

- Who do you spend time with when you are at school?
- Do you have any special friends? Who are they?
- Are there any kids there you really don't like being with? Who are they? Why?
- Do you every feel left out of things? How?
- Is anybody teasing you or picking on you? What's been happening?

What can I do to stop it? If you know or suspect that your child is being bullied, talk to his or her teacher.

- Explain all the facts that you know
- Talk often with your child and his/her teacher to make sure the bullying stops

It is best to let the teacher speak directly with the "bully" & the parents of the child who bullied your child instead of doing it yourself. Contacting another child or parent directly about a bullying problem often becomes very emotional. These situations are sometimes made worse by the families and it could become harder for teachers to help the kids involved.

(Information presented comes from the Parent Guide For Bullying by the Hazelden Foundation, 2014)

Your partner in Christian education,
Joe Fralick

We received notification from PG&E this week, letting us know that **we will have an interruption of our electrical service on Tuesday November 12** from 8:30 a.m. to 2:00 p.m. School will operate at normal. Student should bring their own water bottle that can be refilled in the classroom sinks. Drinking fountains will not be functioning without electricity.

Thank you for making it a priority to be here for your child's **Parent Teacher Conference!** We consider it a privilege to be able to partner with you for the education of your precious child/young adult. We truly want to see each



student live up to their potential.

Last Saturday night at our **Adolescent Mental Health Series**, Amanda Anguish talked about the Four Keys to Happiness: Responsibility, Restraint, Relationships & Religion. She was willing to share her **slide show** with those who were unable to attend. If you look carefully you will see that these four keys to happiness were first instituted in the Garden of Eden. Following God's ways ultimately leads to a happy life!

PHAA VEGE STORE always open

It's NOT TOO SOON...

Be sure to get your Dinner Roasts, Turkey Loaf, and gravy too!

The Holidays are fast approaching!



Our **annual Fall Food Festival** will be this Saturday night, November 9th from 6:00-9:00. Come play games and enjoy food and drinks at our Vintage Carnival this year. Tickets will be sold for \$0.50 each. There will be plenty of delicious food, along with games and activities for the whole family to enjoy! This will be considered a minimum day of school and attendance will be taken. **Students should plan on wearing Friday dress code. Another option... wear a Screaming Eagle's T-shirt, for those who have one.** In addition, parents need to be responsible for watching their own children during

the entire evening. We thank you in advance for helping to make sure that your child does not run inside the building. What a great opportunity to build community and help out our various classes raise funds!

VINTAGE CARNIVAL GUIDE

Ticket Pricing: Individual Ticket= .50 cents
Pack of 20 Tickets= \$10.00
Pack of 40 tickets= \$20.00

CARNIVAL GOODIES

Popcorn Balls (Kindergarten/1st Grade) - 6 tickets
Pastries (2nd/3rd Grade)- 4 tickets
Strawberry/Brownie Skewer (4th Grade)- 5 Tickets
Cotton Candy (12th Grade)- 4 tickets

CARNIVAL FOOD

Indian Food (5th/6th Grade)- 12 tickets
Sides (Empanada's, Arancinis (Italian Cheesy Rice Balls) (7th/8th Grade)- 6 tickets each
French Fry Bar (9th Grade)- 10 Tickets
Mac-n-Cheese Bites and Cornbread(10th Grade)- 10 tickets
Pupusa Plate (11th Grade)- 12 tickets
Crepes (Belize TRIP)- 10 tickets



Filipino Food (Athletic Department)- 12 tickets
Corn Dogs (12th Grade)- 6 tickets

CARNIVAL DRINKS

Caffeine Free Soda Can- 4 tickets
Soda Bottle- 6 tickets
Juice- 2 tickets
Water-2 tickets

CARNIVAL FUN

Jail Time- 4 tickets; 2 tickets bail out
Kisses- 2 tickets; 3 tickets anonymous
"Corn" Box Maze- 3 tickets; 1 ticket (glow stick)
Face Painting- 4 tickets (1/2 face) 2 tickets (cheek) 2 tickets (scratcher art)
Jump House- 2 tickets (5 minutes)
Climbing Wall- 2 tickets
Balloon POP!-2 tickets
Tic-Tac THROW!- 2 tickets
Nerf Gun "Knock them down!"- 2 tickets
Friendly "Jousting"- 2 tickets

Iowa Assessment: Each year our 3rd -12th grade students take both the Iowa Assessment (IA) & the Cognitive Abilities Test (CoGAT). We have noticed that the longer a student is at Pine Hills, the better he/she performs. Class averages for our students in high school are as follows :



- 2014 - Scores ranged between the 75th – 86th percentile
- 2015 - Scores ranged between the 75th – 88th percentile
- 2016 - Scores ranged between the 73rd – 87th percentile
- 2017 - Scores ranged between the 76th – 91st percentile
- 2018 - Scores ranged between the 78th – 83rd percentile
- 2019 - Scores ranged between the 78th – 83rd percentile

These scores are in the above average range and far surpass the national average!



Taco Bell Tuesday. Burritos can be purchased for \$2.50 each. Order forms will be available in the lobby on Tuesday morning or you can use the [online order form](#). This fundraiser is sponsored by the senior class.

Hot Lunch for Wednesday, November 13th will be vege dogs. Students can bring \$5 or parents may choose to give their child permission to bill account. This fundraising lunch is sponsored by the juniors.



Pizza hot lunch will be on Thursday, November 14th. Pizza is \$2 a slice. Order forms are available in the lobby on Thursday morning, or you can use the [online order form](#). All profits go to the music department.

All School Calendar At-A-Glance

Nov 9 Choralaires Sing at Granite Bay

Nov 9 Fall Festival - Mandatory Attendance
 Nov 12 NHS/Physics Field Trip
 Nov 14 K/1 Field Trip
 Nov 15-16 MBA Friendship Games
 Nov 18 Varsity Basketball Game
 Nov 21 Grades 2/3 Field Trip
 Nov 21 Grades 7/8 Fi
 Nov 22 K-3 Thanksgiving Feast
 Nov 22 High School Thanksgiving Feast
 Nov 22 Midterm Ends
 Nov 25-29 NO School – Thanksgiving Break / Office Closed



This Week's Student & Staff Birthdays:

November 11th- Brad Ludwig
 November 12th- Ryan Moman
 November 13th- Zachary Allington

Elementary Elements: News & Informaiton for Grades K-8

The winners for the Red Ribbon Week Poster Contest are as follows:

Kindergarten - Third Grade

- First Place: Jaliyah Jones (\$15)
- Second Place: Micah Brown & Riley Nehvatal (\$10 each)
- Third Place: Caleb Sim (\$5)

Fourth Grade - Sixth Grade

- First Place: Carissa French (\$15)
- Second Place: Rianna Krussow (\$10)
- Third Place: Alice Murphy (\$5)



High School Happenings: NEWS AND INFORMATION FOR GRADES 9-12

The **National Honor Society** and the Physics class will be headed to iFLY in Roseville for a special STEM class on Tuesday, November 12. Students will be leaving at 12:20 and return back to campus at 3:30.

Choralaires will be singing for the Granite Bay SDA Church.

WHEN: Saturday, November 9
 WHERE: Granite Bay SDA Church
 3785 Placer Corporate Dr #600, Rocklin, CA 95765
CALL TIME: 8:45 am.
 SABBATH SCHOOL BEGINS: 9:30 am
 CHURCH BEGINS: 11:00 am
 DRESS: Choralaires uniforms. Black shoes. Black socks.

Sports Spotlight:

NEWS AND INFORMATION FOR ATHLETES IN GRADES 5-12



Basketball season has started. Practice sessions are as follows:

Jr. High Boys: Tuesdays & Wednesdays from 3:30-4:30

Jr. High Girls: Mondays & Thursdays from 3:30-4:30

Varsity Boys: Sundays & Mondays from 5:30-8:00

Varsity Girls: Tuesdays & Thursdays from 4:30-7:00

Sports Calendar: For your convenience, our athletic director, Brad Ludwig, has created a Google Calendar just for sports events. You can access the sports calendar with the button below. Since this is the beginning of the school year, the sports calendar is considered tentative. It will continue to be updated as games are added and practice times are confirmed.

Also, if you have a Google account and would like to add the sports calendar, follow the instructions below. After the school year begins and the calendar is more established, you might want to change the notifications under "Settings" so you can be aware of changes or cancellations in the sports calendar.

RESOURCES:

Quick Access to Useful Links

[Visit our website](#)

[FACTS \(District Code = PH-CA\)](#)

[SCHOOL CALENDAR--Click Here](#)

[SPORTS CALENDAR--Click Here](#)

Do you have a Google account and use Google Calendar? If so, you can add the school calendar and/or sports calendar by following these steps:

1. Login to your Google account and Open Google Calendar.
2. Open the school calendar and/or sports calendar with the buttons above.
3. In the bottom, right corner of the calendar screen(s) you opened click the "+ Google Calendar" icon.
4. Click the "Add" button to add the open calendar to your Google Calendar.



PINE HILLS ADVENTIST ACADEMY

Website: www.phaaonline.com

Phone: 530.885.9447

Email: office@phaschool.org

Online Login: **FACTS Family Portal** (District Code = PH-CA)