

All Saints Episcopal Parish News

We need you! If you have pledged, thank you very much! We're completing the Parish revenue projections to be able to finish the 2019 budget. Or, to put it another way, we're counting our blessings and seeing how many of them will be shared for the work God has in mind at All Saints. A lot of good things are afoot, as well as significant challenges to be met. *We literally can't do it without you.* If you haven't let Steve Watson, our Treasurer, know whether you'll be pledging and the amount of your pledge, please do so by this Monday. You can tell him by email, give him a ring, leave a note in the Treasurer's box in the Parish office, pass him a note hand-to-hand or just talk to him on Sunday. You can even email him care of allsaints1692@allsaints1692.org. However you choose, please let us know by Monday. A pledge is an important indication of your intentions, but it can always be modified as future circumstances require. (Oh yes, it's also not too late to let us know you'd like to increase



2019 is here and plans are in the works for our 12th Annual Calvert Arts Festival. Jurying is underway and we will have many great artisans participating again this year, not to mention fantastic wine and beer tastings from Patuxent Trail wineries and local craft breweries. As always, there will be many other fun activities for our Calvert community. More info to come as plans are set in motion. Mark your calendars now for Saturday, May 11th and spread the news to neighbors and friends! You won't want to miss it!

your pledge – that's always welcome news!)

This Sunday's Lessons

Jeremiah 1:4-10

Psalms 71:1-6

1 Corinthians 13:1-13

Luke 4:21-30

Fourth Sunday after the Epiphany
9:00 a.m. - One Service Annual meeting
10:00 - Parish hall part of annual meeting

WOMEN'S BREAKFAST

Sunday February 10 at 9:00 a.m.

The women of the Parish enjoy a delicious breakfast cooked by the men.

RSVP to

Cammie Weaver

443-964-4344 (home)

240-882-0481 (cell)

or e mail camilweaver@comcast.net



MENTAL HEALTH FIRST AID

On average, there are

123

SUICIDES A DAY.

American Foundation for Suicide Prevention

From 1999 to 2016,

630,000

people died from
DRUG OVERDOSE.

Centers for Disease Control and Prevention

Nearly **1 in 5** U.S.
adults lives with a
MENTAL ILLNESS.

National Institute of Mental Health via the
National Survey on Drug Use and Health
(NSDUH) and the Substance Abuse and Mental
Health Services Administration

Why Mental Health First Aid?

Mental Health First Aid teaches you **how to identify, understand and respond to signs of mental illnesses and substance disorders**. This 8-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and to connect them to the appropriate care.

WHAT IT COVERS

- Common signs and symptoms of mental illness.
- Common signs and symptoms of substance use.
- How to interact with a person in crisis.
- How to connect the person with help.
- **NEW:** How to administer naloxone in the event of an opioid overdose.

WHO SHOULD TAKE IT

- Employers
- Police officers
- Hospital staff
- First responders
- Faith leaders
- Community members
- Caring individuals

The course will teach you how to apply the ALGEE action plan

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

TO FIND A COURSE OR CONTACT AN INSTRUCTOR IN YOUR AREA, VISIT

www.MentalHealthFirstAid.org OR EMAIL Info@MentalHealthFirstAid.org.

"This program is a top-notch service to area communities like ours and we are so grateful for the opportunity to have this program."

-Nikki Carber, Speak Out Against Suicide

More than one million trained!



Chesapeake Beach Railway Museum and Chesapeakeeers, Calvert's chapter of Questers, International, ask for your support **Tuesday, January 29, at Chesapeake Grill, Dunkirk.**

A portion of sales collected that day will go toward purchasing period light fixtures on the antique railway car at the Railway Museum. The Museum was the railway station from 1900 to 1935, is on the National Register of Historic Places and preserves the history of the bayside resort.

We appreciate your support from **11 a.m. to 10 p.m. Tuesday, January 29.**

For more information about Questers and our project, call Sherrill at 410-286-7586.

Frederick Douglass Bicentennial Celebration



Frederick Douglass
BICENTENNIAL CELEBRATION

Banneker-Douglass Museum

Saturday, February 9, 2019
6:00 pm - 10:00 pm

In February of 2018, Governor Larry Hogan signed a proclamation declaring 2018 "Year of Frederick Douglass" to honor the 200th anniversary of Maryland's own, abolitionist, writer, and orator. Join us as we celebrate his life and legacy. Special guest speaker: Kenneth B. Morris, Founder of Frederick Douglass Family Initiatives

Sunday, February 3, 2019 - 4th Sunday after Epiphany - Annual Meeting		
	One Service	9:00 AM
Lector	Hope Sayles	Ryan Dickson-Burke
Prayer Leader	Pat Mann	Becky McConkey
Chalice Bearers	Mary Jo Blaine	Tamara Timmerman
Acolyte	Mary Jo Blaine	Jason Cross
Ushers	Nate Pope, Jim Blaine	
Tellers	Gratch and MacKenzie	
Altar Guild	Sue and Maria	
Sunday, February 10, 2019 - 5th Sunday after the Epiphany		
	8:00 AM	10:30 AM
Lector	Mary Jo Blaine	Madeleine Blake
Prayer Leader	Patti At Lee	Dennis Laurie
Chalice Bearers	Genny Nesslage	Becky McConkey
Acolyte	Genny Nesslage	Alison schatz
Ushers	Jim Blaine, Gordon Grahame	M. Schatz, G. White
Tellers	Schatz and Shupe	
Altar Guild	Cammie and Susan	
Sunday, February 17, 2019 - 6th Sunday after the Epiphany (Outreach Breakfast)		
	8:00 AM	10:30 AM
Lector	Ellie Wilson	Cheryl Thompson
Prayer Leader	Mary Jo Blaine	Jenn Scalise
Chalice Bearers	Steve Watson	Patrick Herlihy
Acolyte	Katie Blake	AhVlee Reist
Ushers	Nate Pope, Bryan Dowell	K. McKenzie, B. McConkey
Tellers	Dorsey and Natale	
Altar Guild	Cammie and Susan	
Sunday, February 24, 2018 - 7th Sunday after the Epiphany		
	8:00 AM	10:30 AM
Lector	Barbara Brown	Becky McConkey
Prayer Leader	Mary Jenkins	Madeleine Blake
Chalice Bearers	Patti At Lee	Kelly McDonald
Acolyte	Patti At Lee	Patrick Herlihy
Ushers	Jim Blaine, Gordon Grahame	C. Gratch, D. Shupe
Tellers	Blaine and Bucheister	
Altar Guild	Deb B. and Mary B.	
Sunday, March 3, 2019 - The Last Sunday after the Epiphany		
	8:00 AM	10:30 AM
Lector	Sarah Kinch	Lissi Mojica
Prayer Leader	Pat Mann	Deb Watson
Chalice Bearers	Mary Jo Blaine	Lisa Herlihy
Acolyte	Mary Jo Blaine	Lisa Herlihy
Ushers	Nate Pope, Lloyd Kinch	Ken Mckenzie, Lissi Mojica
Tellers	Gratch and MacKenzie	
Altar Guild	Deb B. and Mary B.	

Nursery Now Open:



The All Saints Nursery
located in the Parish Hall
is now open each
Sunday from
10:15 - 11:45.

Register >>> [LINK to register](#)
<<<click



Helping Children With G

Join us for a seminar that will help you understand how children grieve and what you can do to help them through the grieving process.



* This is not a library-sponsored program.

March 14, 2019
5:30 - 7:00 pm
Calvert Library
850 Costley Way
Prince Frederick, MD

Topics Include:

- What are typical grief responses in children?
- Grief responses for children at different age levels
- Common myths about grief in children
- Resources and tools to help you connect with your child

**There will be an opportunity for Q & A,
so bring your questions!**

This seminar is FREE, but pre-registration is required.

For questions, contact:

Peggy Braham
pbraham@calverthospice.org or (410) 535-0892, ext. 40

Register online: calverthospice.org/childrens-prog

Nursery:

Do you like working with children?

Our littlest saints need some wonderful individuals to care for them while their parents attend a church service.



Background check forms and Volunteer Schedule sign ups are on the Nursery bulletin board in the Parish Hall or on the Nursery Website <https://sites.google.com/view/all-saintssundayschool/nursery>

Please contact Erryn Fleming or Father Ken if you have any questions.




Annual Meeting this Sunday February 3 2019 Our Annual Meeting will begin with one 9 AM service and review of the past year. We will move to the Parish Hall for refreshments, election of new Vestry members and information about the church finances and 2019 budget will be reviewed. A discussion about future directions, missions, etc. for our parish will also be a part of the second half of this annual gathering. All are welcome to attend!



Join us for an 8-week group that will tackle the stigma substance abuse and overdose loss

 Burnett Calvert Hospice House
4559 Sixes Road
Prince Frederick, MD 20678

 Tuesdays
March 5 - April 3
6:30 - 8:00 pm

 (410) 535-0892
www.calverthospice.org

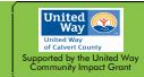
 **FREE**
Pre-registration is required

This program will help you:

- Work through the pain of losing a loved one to addiction
- Learn to find hope and healing after loss
- Gain support from others who have similar experiences
- Identify healthy ways to grieve

To register or request more information, contact us:

Tessa Washington, LGPC
Bereavement Coordinator
(410) 535-0892 ext. 2201
twashington@calverthospice.org



Download the application at
www.calverthospice.org/grief-support-programs



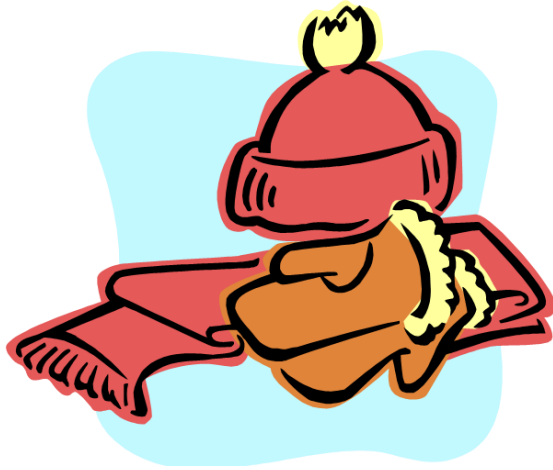
Filling Empty Little Tummies

The backpack program has particular need for canned vegetables, soups & oatmeal in quantities of 20. We're good on pasta (for now)

SIGN-UP NOW AVAILABLE



Safe Nights is coming to All Saints!
Mark your calendars for March 31-April 7, 2019
sign up at the link below.
<http://signup.com/go/aMbewmi>
And THANK YOU for your support.



We're collecting hats, gloves and socks for the homeless again this year. They often don't have access to laundry facilities and continuously need these items. Please leave your donations in the back of the church to be collected from now through January and distributed throughout February. New items preferred however we can use gently used items also.



Altar Flowers

The 2019 calendar is available for sign-ups in the back of the church. There have been no sign-ups for February yet. All dates open.

END HUNGER IN CALVERT COUNTY



CALLING ALL SINGERS!

Choir season is upon us!

If you enjoy singing and making a joyful noise to God, please consider joining us on Sunday mornings!

Beginning Sunday, Sept 16th,

we will rehearse at 9:30am
in the choir room and we then
sing at the 10:30 service most Sundays.

If you'd like to join us
just for special occasions
(such as Christmas Eve,
Easter, special music, etc.)
you are welcome in that way,
as well.

If interested, please contact
Deb Watson at:
dewatson94@comcast.net.