



# November 2017

## Discoveryland News

so very  
**THANKFUL**

November brings out the thankful spirit in us all. And I would like to say a BIG thank you to all our parents for letting us be your children's educators. We are blessed to have wonderful children in our center. And a Great Big thank you to all our Teachers who show up everyday to be here to care for, and teach your little ones. We become important people in their lives, and that is a responsibility we do not take lightly. Thank you for entrusting us with them.

I just realized the rest of this year is going to wiz by us! Let's see what we have planned.

This Month we have important things going on. Please check the box on the right to make sure you don't miss anything.



**Just a reminder: don't forget to change those clocks back on November 5<sup>th</sup>. We get an extra hour of sleep! YAY!**

November is parent teacher conferences month. We have devoted November 6-17 for you parents to meet with your home room teachers, and go over the progress your children are making at the beginning of the school year. We will have sign-up sheets up for you. Please try to make it. I know it is difficult for many

of you to take time off from work. If you are not able to, we can always share with you the copy of the assessments.



November 22 is our annual Thanksgiving potluck. We will be meeting in the gym at 11:30am. Your children will share a song or poem they have learned, and then we will be sharing some food together. Please plan on bringing food to share with our families. We love traditional dishes you make for your loved ones. Each classroom will have a sign up sheet. We will dismiss at 1 pm. No school on the 23-24. We will see you on Monday the 27<sup>th</sup>.



Our letter of the month is D. "D" is for Doors which you sometimes have to help them open and through which they have to go someday never to return unchanged. And D is for discipline and dignity which you owe every child.

Have a wonderful Thankful Month.

*Ms. Penny Corpus, Director*

### Dates to Remember

#### November

- 1 Parent Evaluations
- 5 Daylight Saving
- 6-17 Parent/Teacher Conferences
- 22 Thanksgiving Potluck - 11:30am. School will be dismissed at 1pm.
- 23-24 No School - Thanksgiving break

#### December

- 21 Christmas Concert at 6pm
- 25-Jan 1 No School - Christmas Break



- 3 Chloe Truong (rm 2)
- 6 Ms. Tania (rm 2 Teacher)
- 7 Julia Chang (rm 2)
- 10 Yihan Yang (rm 2)
- 13 Ms. Arlene (Staff)
- 15 Javen Estoesta (rm 3)
- 15 Isaiah Lepulu (rm 5)
- 19 Arianna Yanos-Cruz (rm5)
- 28 Richelle Nguyen (rm 4)
- 28 Ms. Leila (rm 1 Teacher)

## Discoveryland Preschool

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Penny Corpus, Director

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|--|--|---|--|
|  |  | 1<br>Egg & Cheese Croissant, Fresh Fruit & Milk<br><br><b>Chick'n Salad Wrap, Cucumber, Fresh Fruit &amp; Milk</b><br><br>Triscuit Crackers & Pineapple Juice          | 2<br>Waffles, Fresh Fruit & Milk<br><br><b>Chick'n Divian, Peas &amp; Carrots, Steam Rice, Fresh Fruit &amp; Milk</b><br><br>Ritz Crackers & Grape Juice                        | 3<br>Raisin Bran Cereal, Fresh Fruit & Milk<br><br><i>Hot Dogs, Tater Tots, Fresh Fruit &amp; Milk</i><br><br>Cheese-it Crackers & Orange Juice        |
| 6<br>Corn Chex Cereal, Fresh Fruit & Milk<br><br><i>Cheese Ravioli w/Marinara Sauce, Celery, Sliced Bread, Fresh Fruit &amp; Milk</i><br><br>Wheat Thins Crackers & Cranberry Juice      | 7<br>English Muffins, Fresh Fruit & Milk<br><br><i>Haystacks, Corn, Spanish Rice, Fresh Fruit &amp; Milk</i><br><br>Goldfish Crackers & Apple Juice                      | 8<br>Cinnamon Toast, Fresh Fruit & Milk<br><br><b>Chik'n Soup, Cheese Sandwich, Mix Vegetables, Fresh Fruit &amp; Milk</b><br><br>Pita Bread w/Jam & Mango Juice       | 9<br>Blueberry Muffins, Fresh Fruit & Milk<br><br><i>Turk'y Strips, Fried Rice, Mix Vegetables, Fresh Fruit &amp; Milk</i><br><br>Graham Crackers, Milk, & Grape Juice          | 10<br>Cheerios, Fresh Fruit & Milk<br><br><i>Pizza w/Sausage, Curly Fries, Fresh Fruit &amp; Chocolate Milk</i><br><br>Ritz Crackers & Pineapple Juice |
| 13<br>Raisin Bran Cereal, Fresh Fruit & Milk<br><br><i>Spaghetti w/Marinara Sauce, Toss Salad, Sliced Bread, Fresh Fruit &amp; Milk</i><br><br>Granola Bars, Yogurt, Fruit & Grape Juice | 14<br>Pancakes, Fresh Fruit & Milk<br><br><i>Cheese Enchiladas, Green Bean, Spanish Rice, Beans, Fresh Fruit &amp; Milk</i><br><br>Cheese-it Crackers & Orange Juice     | 15<br>French Toast, Fresh Fruit & Milk<br><br><b>Chik'n Nuggets, Green Beans, Sandwich w/Jam, Fresh Fruit &amp; Milk</b><br><br>Wheat Thins Crackers & Pineapple Juice | 16<br>Bagels w/cream cheese, Fresh Fruit & Milk<br><br><i>Teriyaki Hamburger, Steam Rice, Peas &amp; Carrots, Fresh Fruit &amp; Milk</i><br><br>Triscuit Crackers & Mango Juice | 17<br>Corn Chex Cereal, Fresh Fruit & Milk<br><br><i>BLT Sandwich, Tater Tots, Fresh Fruit &amp; Milk</i><br><br>Goldfish Crackers & Apple Juice       |
| 20<br>Cheerios, Fresh Fruit & Milk<br><br><i>Penne Rigate w/Marinara Sauce, Green Salad, Sliced Bread, Fresh Fruit &amp; Milk</i><br><br>Ritz Crackers & Pineapple Juice                 | 21<br>Waffles, Stripples, Fresh Fruit & Milk<br><br><i>Flautas, Broccoli, Spanish Rice, Beans, Fresh Fruit &amp; Milk</i><br><br>Pita Bread w/Cream Cheese & Grape Juice | 22<br>Raisin Bran Cereal, Fresh Fruit & Milk<br><br><b>* FAMILY POTLUCK *</b>  | 23<br><br>THANKSGIVING HOLIDAY<br><br>SCHOOL CLOSED   | 24<br><br>DAY AFTER THANKSGIVING<br><br>SCHOOL CLOSED  |
| 27<br>Corn Chex Cereal, Fresh Fruit & Milk<br><br><i>South of the Border Pasta, Toss Salad, Garlic Bread, Fresh Fruit &amp; Milk</i><br><br>Vanilla Wafers, Milk, & Mango Juice          | 28<br>Blueberry Muffins, Fresh Fruit & Milk<br><br><i>Cheese Quesadilla, Green Beans, Spanish Rice, Fresh Fruit &amp; Milk</i><br><br>Wheat Thins & Apple Juice          | 29<br>Egg Croissant, Fresh Fruit & Milk<br><br><i>Turkey Tortas, Cucumber, Fresh Fruit &amp; Milk</i><br><br>Goldfish Crackers & Cranberry Juice                       | 30<br>Cinnamon Toast, Fresh Fruit & Milk<br><br><b>Chik'n Chow Mein, Peas &amp; Carrots, Fresh Fruit &amp; Milk</b><br><br>Goldfish Crackers & Pineapple Juice                  |  |

# NOVEMBER is...

- **Children Safety and Protection Month:** Know and/or post the phone number of your Poison Control Center in case of emergency.
- **National Lung Cancer Awareness Month:** Lung cancer is the leading cause of cancer deaths worldwide. Secondhand smoke contains over 250 cancer-causing chemicals. Love and respect your family and yourself. Give the gift of good air health... don't smoke!
- **Family Stories Month:** Share with your child stories from your childhood or from your grandparents' childhoods. History is passed from generation to generation and bonds the family.

Boil, grill, steam, bake, roast...  
Good-for-you winter veggies are now in season!

Use them in soup, stews or as sides: carrots, cabbage, kale, sweet potatoes, beets, winter squash, collard greens, Brussels sprouts, Swiss chard, escarole and turnips.

