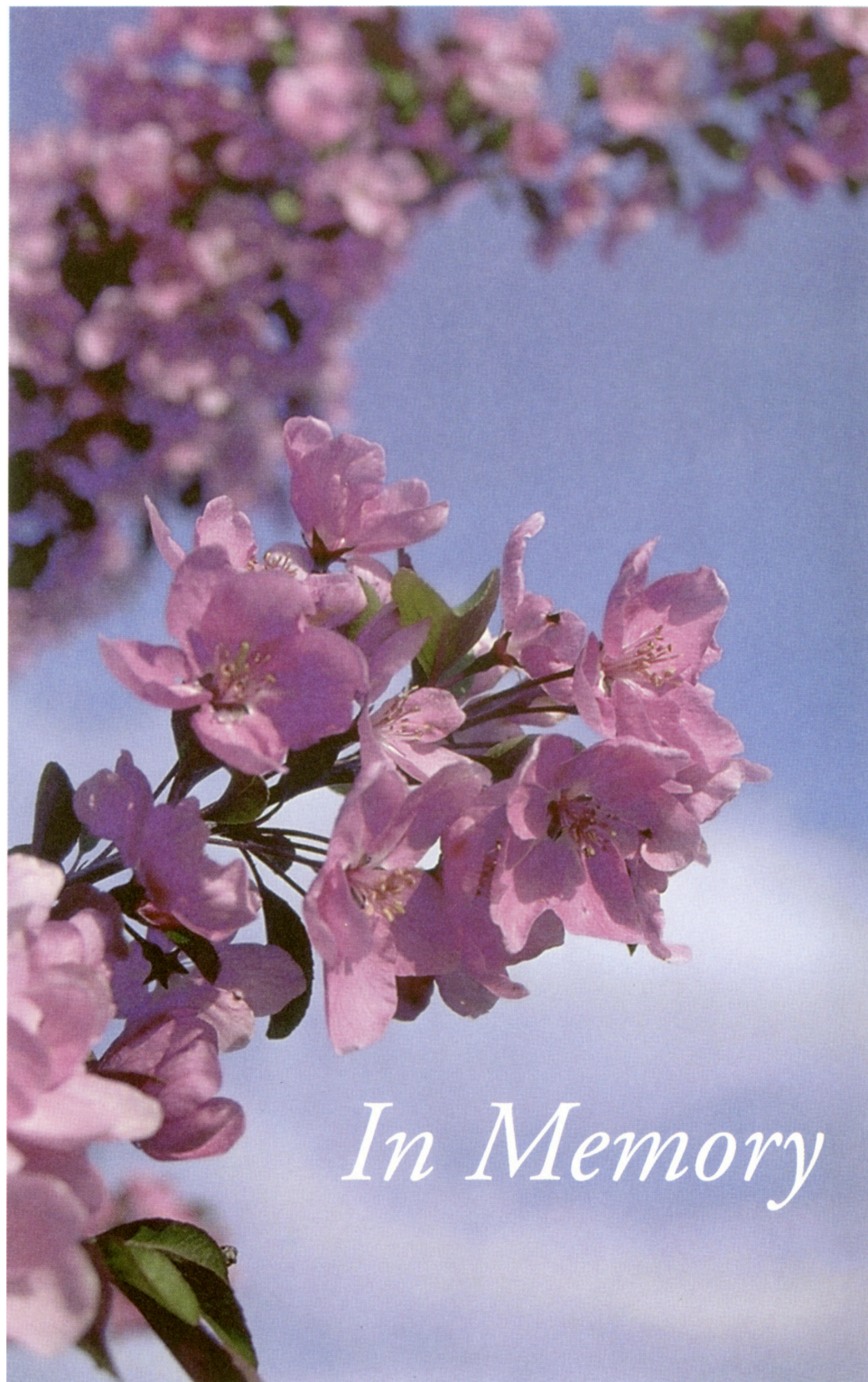


Delsie Darlene Foreman, 87, passed away March 28, 2024, at Eternal Spring Senior Living in Gilbert, AZ.

Delsie was born on May 21, 1936, in Crookston, MN, the daughter of Clarence and Lelia (Steiner) Charais. She was baptized and confirmed at First English Lutheran Church, Eldred, MN, and graduated from Crookston Central High School as Valedictorian of the Class of 1954. She attended Moorhead (MN) State Teachers College, now known as Minnesota State University Moorhead, and earned her BA in 1958 with a major in elementary education and a minor in vocal music. She later attended the University of Northern Colorado in Greeley during summer breaks and completed her MA. From her early years, Delsie wanted to teach kindergarten. Her first posts were at Lowell Elementary in Brainerd, MN, and then Lewis and Clark Elementary in Fargo, ND. In 1966 she moved to Cedar Falls, IA, and joined the faculty of Malcolm Price Laboratory School at the University of Northern Iowa. She was an assistant professor of kindergarten and early childhood education until the 1975-76 school year, which she spent in Germany on an academic exchange program. During her nonacademic activities in Germany, Delsie met her future husband, George W. Foreman, a computer expert who was employed on a military contract at the same base where she was teaching. By the time she tied up loose ends at home and returned overseas, George had moved to an assignment in Khartoum, Sudan. They were married there on May 4, 1976. George's job took the couple to one more exotic locale, Saudi Arabia, before they returned to the United States. Delsie loved to travel and George had a generous vacation allotment, so they visited many European and Asian locations before making their home in Vienna, VA. After George's death in 1988, Delsie, no fan of snow and cold, retired in Gilbert, AZ. All the family and friends who visited her there enjoyed her experience and enthusiasm as a guide to the many sights and eateries in and around Gilbert.

Delsie is lovingly survived by her brother and sister-in-law, Dale and Laura Charais of Crookston, MN; sister, Corrine Charais of Bloomington, MN; nephews, Alec Charais and wife, Susie, of Andover, MN, and Brad Charais and wife, Shawna, and their son, Allen, of Fargo, ND; and several cousins. She was preceded in death by her husband, George W. Foreman; parents, Clarence and Lelia Charais; and infant sister, Carol Faye.

*May God richly bless the memory
of Delsie Darlene (Charais) Foreman.*



In Memory



*God saw you getting tired,
And a cure was not to be;
So he put his arms around you,
And whispered, "Come to me".
With tearful eyes we watched you,
And saw you pass away;
Although we loved you dearly,
We could not make you stay.
A golden heart stopped beating,
Hard working hands to rest.
God broke our hearts to prove to us,
He only takes the best.*

IN LOVING MEMORY

Delsie Darlene Foreman

May 21, 1936 - March 28, 2024

The Memorial Service Honoring Delsie's Life

Saturday, June 15, 2024, at 11:00 a.m.

Stenshoel-Houske Funeral Home

Crookston, Minnesota

The Rev. Gretchen Enoch, officiating

Scripture Readings

Ecclesiastes 3

John 11:25

Psalm 23

Special Music

"I Can Only Imagine"

"The Lord's Prayer"

Kevin Beiswenger, soloist

George French, accompanist

Inurnment

Arlington National Cemetery

Arlington, Virginia

*We would like to thank you for your very kind expressions of sympathy
and your presence with us today, whether in time or spirit, as we
Celebrate the Life of Delsie, Our Wonderful Sister and Aunt.*

With grateful Hearts,

Dale and Laura – Corrine – Alec and Susie

– Brad, Shawna and Allen -and Family