



MasamiYoga

眞実ヨーガ

Teacher Training Program

This certifies that

**Jeanna Gaydeski**

has successfully completed all requirements of

**MasamiYoga Teacher Training**

180 contact hours of Yoga Alliance Certified Training  
20 non-contact hours of reading, writing, meditation and discussion  
Total of 200 Hours

On this   1   day of   April   2008

*Masami Griesy Covey*  
Masami Griesy Covey, Director of Training