

Players not experienced performing partner drills should limit themselves to solo hitting OR book a court with an experienced trusted partner of suitable level.

DRILL TYPE	DETAILS	NOVICE	INTERMEDIATE & ADVANCED
Straight Single Feeding Drills			
Volleys	Player A feeds a straight drive from behind Player B plays a straight volley from in front.	√	√
	Player A feeds a straight drive from behind Player B plays a straight volley from in front, Player A feeds a straight drive from behind Player B plays a cross court volley from in front. Drill continues on the other side of the court.	√	√
Volley Drops	Player A feeds a straight drive from in front player B hits a straight volley drop from behind		√
	Player A feeds a straight drive from in front player B hits a straight volley drop from behind, Player A feeds a loose cross court drive from in front, Player B hits a straight volley drop from behind. Drill continues on the other side of the court.		√
Side to Side Options			
	One player is on either side of the T line a minimum of 2m apart		
	Cross court drives only	√	√
	One straight drive to yourself, one cross court drive to your partner	√	√
	Two straight drives to yourself, one cross court drive to your partner	√	√
	Cross court volleys only	√	√
	One straight volley to yourself, one cross court volley to your partner		√
	Cross Court Game - both players can hit either cross court drive or boast. Ball must bounce on opponents side of the court	√	√
Front and Back Options			
	One player is in front of the short line and one player is behind the short line a minimum of 2m apart		
	Drop and Drive - player at the back plays a drop shot, player at the back hits a straight drive	√	√

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	Drop and Drive ('2 shots') - player at the back drives to themselves and then plays a drop to the front, player at the front plays a drop to themselves and then drives to the back.		✓
	Boast + Drive - player at the back plays a boast, player at the front plays a straight drive	✓	✓
	Boast Drive ('2 shots') - player at the back plays a straight drive to themselves and then a boast to the front of the court, player at the front drops to themselves and then plays a straight drive to the back of the court.		✓
	Boast + Crosscourt - player at the back plays a boast to the front, player at the front hits a crosscourt to the back	✓	✓
	Boast + Crosscourt ('2 shots') - player at the back plays a straight drive to themselves and then hits a boast to the front of the court, player in the front plays a drop to themselves and then a crosscourt to the back		✓
	Front vs. Back Game		
	Player in the back can hit a boast OR a drop shot, the ball must bounce twice BEFORE the short line. Player in the front can play a straight drive or a cross court drive, first bounce of the ball must be PAST the short line	✓	✓
	Quarter Court Game 'Return to Sender'		
	One player occupies a single quarter of the court and plays to any of the other three quarters of the court. (They may not hit back to themselves) Partner must play the ball back to the quarter occupied by the sender (feeder).		✓

Drills NOT PERMITTED Unless Household Members

1. Regular Game Play
2. Rotating Drives
3. Length Games
4. Any other drill that involves players crossing over or coming within 2m of physical space