

CERTIFICATE OF COMPLETION

WE HEREBY DECLARE AND CERTIFY THAT

Sophia Renee Mecum

has successfully completed all the requirements to achieve the
minimum credit hours (30 total) to become a certified

Advanced Chakra Healer

Presented 21 October 2022



Instructor: Melissa Crowhurst | Issued by: Natural Healer™
Box 333, Greensborough VIC 3088 Australia | naturalhealer.com.au

Natural Healer accreditation

This Natural Healer™ Advanced Chakra Healing Certification is accredited by the following:



- The International Natural Healers Association (INHA) <https://www.internationalhealers.com/>
- The American Association of Drugless Practitioners (AADP) <https://aadp.net/>
- The International Association of Therapists (IAOTH) <https://www.iaoth.com/>
- The Complementary Therapists Accredited Association (CTAA) <https://www.ctaamembers.com/>
- The Natural Healer Society (NHS) <http://naturalhealersociety.com.au/>
- The Massage Association of Australia (MAA) <https://www.maa.org.au/>

Material covered & competencies acquired

Emotional surface scratches vs. deep cuts; the art of "letting go"; Chakra categories (7 main personal, Higher, Major, and Minor); preparation steps; purpose, characteristics, evolutionary steps, and corresponding crystals for: Soul (Soul Star) Chakra, Spirit (Stellar Gateway) Chakra, Soma Chakra, Causal Vortex Chakra, Alta Major Chakra, Upper Heart (Higher Heart) Chakra, Lower Heart (Heart Seed) Chakra, and the Earth Soul (Gaia Gateway) Chakra; fundamental material for the Minor Chakras (Ground (Earth Star), Ear, Arm, Hand, Navel, Knee, and Foot); Spiritual breakthroughs; pulling back and calming down; terminology; Chakras versus Auras; how to handle feeling drained; Chakra meditation mantras; Chakras that evolve transpersonal traits; being prepared when working with the public.

Practice & assessment

Required practice: Letting go; engaging your inner self; starting the flow; activating your hands; practice of the evolving steps for Soul (Soul Star) Chakra, Spirit (Stellar Gateway) Chakra, Soma Chakra, Causal Vortex Chakra, Alta Major Chakra, Upper Heart (Higher Heart) Chakra, Lower Heart (Heart Seed) Chakra, and the Earth Soul (Gaia Gateway) Chakra.

Assessment: via thirteen (13) online quizzes conducted throughout the course with one (1) online final exam at completion. Total course lecture completion, quiz+final 100% passing grade, pre-existing basic Chakra Healing qualification submitted + confirmed, and a digitally signed student declaration is required for graduation.

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