

Order of Service

- Processional.....Clergy and Family
"I Love the Lord" by Whitney Houston
- Prayer.....Reverend Gilbert Kinsey
- Solo Selection.....Mark Early, Jr.
- Scripture Reading.....Reverend Gilbert Kinsey
- Obituary Reading.....Doris Williams
- Reading.....Travis Cohen
- Remarks (Two-minute limit).....Family and Friends
- Solo Selection....."Amazing Grace"
Mark Early, Jr.
- Words of Comfort.....Wali Rushdan
- Selection....."Human" by Tommy Hunt
- Final Viewing....."Sarah Smile" by Hall & Oates
- Acknowledgements.....Staff of G Choice Funeral Chapel, Inc.
- Benediction.....
- Recessional.....Clergy and Family

Interment Repast

Fernwood Cemetery
6501 E. Baltimore Avenue
Lansdowne, PA 19050

Treasurers Banquet Hall
5549 Germantown Avenue
Philadelphia, PA 19144

Footprints

*One night I dreamed a dream.
As I was walking along the beach with my Lord
Across the dark sky flashed scenes from my life.
For each scene, I noticed two sets
of footprints in the sand,
One belonging to me and one to my Lord.*

*After the last scene of my life flashed before me,
I looked back at the footprints in the sand.
I noticed that at many times
along the path of my life,
especially at the very lowest and saddest times,
there was only one set of footprints.*

*This really troubled me, so I asked the Lord about it.
"Lord, you said once I decided to follow you,
You'd walk with me all the way.
But I noticed that during the saddest
and most troublesome times of my life,
there was only one set of footprints.
I don't understand why,
when I needed You the most,
You would leave me."*

*He whispered, "My precious child,
I love you and will never leave you
Never, ever, during your trials and testings.
When you saw only one set of footprints,
It was then that I carried you."*

Acknowledgment

The family wishes to extend our heartfelt gratitude for all your prayers, well wishes and love shown to us during our time of bereavement.
May God continue to bless you.



Professional Services Entrusted To:
G. CHOICE FUNERAL CHAPEL INC.
2530 N. Broad Street, Philadelphia, PA 19132
215-227-0100 Office | 215-225-1256 Fax
www.gchoicefc.com | Britni Choice - Cartwright, Supervisor

CELEBRATING THE LIFE OF



Sarah P. COWANS

DECEMBER 17, 1949 – MARCH 2, 2024

FRIDAY, MARCH 15, 2024

VIEWING: 10:00AM | SERVICE: 11:00AM

G. CHOICE FUNERAL CHAPEL
2530 N BROAD ST, PHILADELPHIA, PA 19132

Obituary

Sarah Priscilla Early Cowans, born December 17, 1949, made her peaceful transition on March 2, 2024. She was 74.

Born to Willie Early and Gussie Lee Early, Sarah was the youngest of six children. At the time of her passing, she was the last living sibling in her family.

Sarah was born and raised in Philadelphia, PA and attended schools within the Philadelphia school system. While attending school, she was very athletic. She could tumble, climb ropes, do handstands, jump Double Dutch, and she was an excellent swimmer.

Soon after attending William Penn High School, she had her first daughter, Dana, and married William "Poppy" Cowans, her high school sweetheart who served in the Air Force. The young family moved to Europe, where they lived on a military base near London, England. There, Sarah would have two more daughters, Cherylynn and Tracy.

When they returned to the United States, they lived in Las Vegas, NV, then moved to Phoenix, AZ. Eventually, Sarah moved back to the East Coast with her daughter, Dana, and lived in Wilmington, DE.

Although she lived in many places during her lifetime, she was always a proud South Philly native. Her return to the East Coast allowed her to reconnect with her roots and spend quality time with family and friends. She also created a new extended family within the Gilpin Hall assisted living community in Wilmington, DE, where she lived a vibrant, full life until her passing.

Sarah was an expert cook, making delicious meals from scratch. She was highly competitive and exceptionally skilled in card games, namely Pinochle, Bid Whist, Pitty Pat, Spades, and Uno. Sarah also loved to play Dominoes and bingo and was very proud of her winning record.

In life, Sarah was fearless. She embodied the sentiment: "What you see is what you get." And you got a lot: a woman who was dynamic, outspoken, and generous with her heart. She was fiercely protective of loved ones and anyone she considered family. Mostly, she will be remembered for her unconditional love.

Sarah joins in eternity her siblings: Lillian, Preston, Freddie, Doris, and Willie Jr. She also reunites in spirit with her precious daughter, Cherylynn; grandson, Marcel; niece, Keisha; nephews, John Jr., Freddie Jr., and Preston Jr.; as well as her childhood friend, Niecy.

Sarah is survived by her beloved husband of 55 years, Poppy Cowans; daughters, Dana and Tracy; and her granddaughter, Bridget. She leaves behind her beautiful great-grandchildren, Kimora, J.J., Xavion, Million, and her great-great-granddaughter, Amora.

Sarah is also survived by many loving nieces and nephews, including Wali, Marie, Bruce, David, Doris, Keith, Prestina, Norman, Yolanda, Lamont, Mark, Edward, Drusilla, Travis, and 50+ grand-nieces and -nephews.

Sarah is also survived by close family, Yolanda, Amanda, Renee, Brandon, Elisha, Brittany, and many in-laws will also survive her.

Sarah is also survived by her most cherished friend and cousin, Teena, and devoted Godson, Casey.

Sarah will be greatly missed.

Lovingly Submitted, *The Family*

