

January 9, 2021

Remember the Sabbath Day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. Exodus 20:9-

This is a very practical commandment. Within it, God gives specific illustrations to show us what it looks like in real life. He urges this not because He is a God who demands our worship, but because as our Creator, He made us to need this communion and rest.

Remember the Sabbath Day to keep it Holy.

How does anything become Holy? We find a clue in the story of Moses at the Burning Bush. Moses was told to take off his shoes because the ground he was standing on was holy. What made the ground holy? Special dirt molecules? No – it was Holy because Jesus was there! It was holy because Moses was in the presence of Jesus. So that is how to keep the Sabbath Holy: by being in the presence of Jesus ... and on this day, this Sabbath Day, a holiness can be imparted to **us** just by remembering.

Kneel and bow in the presence of Jesus. Spend time with Jesus; acknowledge Him as your Creator. Acknowledge His power, His mercy, His love, and His provision. What follows in the wake of such time spent with God is a **love for God** that transcends love for self. As our love for God grows, fears that assault from the world lose their power because “*There is no fear in love. But perfect love drives out fear...*” 1 John 4:18

To live without fear is a very special blessing indeed. To live without fear, is to enjoy a rest that can pervade even the busiest life. Join with Jesus today, and rest in His Holy Presence, and be filled with His Holy blessings.

There remains, then, a Sabbath-rest for the people of God; Hebrews 4:9

You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You. Isaiah 26:3