

Choosing Your Way

by Mike Tucker *

Victor Frankl wrote, "We who lived in concentration camps can remember the men who walked through the huts comforting others, giving away their last piece of bread. They may have been few in number, but they offer sufficient proof that everything can be taken from a man but one thing: the last of the human freedoms -- to choose one's attitude in any given set of circumstances, to choose one's own way."

Think of all the things you can't control: the economy, your health, your income, the choices that your kids make, the decisions that your boss makes. You may have some influence over these things, but not complete control.

But there is one thing you can control: How you respond to every situation. You can respond with anger, doubt, and self-pity – or with faith, hope, and love. It's your choice.

Again and again in the Psalms we encounter David in difficult situations – surrounded by enemies, struggling with sin, sinking in despair – and again and again we see his absolute resolve to think right:

Why are you so downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. (Psalm 43:5)

You can't control what happens today, but you can control your actions. Don't let any situation get the best of you. No matter what you face, you can choose your own way.

With Love
Mike

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